

# FIM Training Camps Guidelines

## Introduction

According to the FIM Sporting Code - article 10.1.3 FIM Training Camps:

- are sporting training activities under the authority of the FIM, open to FMNR and foreign riders
- with the major aim of rising level of riders within the participating FMNs
- stimulating their participation in national, continental and world championships
- no form of competition shall take place during the Training Camp
- help and encourage countries to develop and implement training programme
- are open to FMNR riders holding a national licence with adequate insurance cover provided for under Article 110.2 of Sporting Code and foreign riders holding a FIM training camp licence

### A. PLANNING OF THE TRAINING CAMP

#### 1. Candidature for the organisation of a FIM Training camp

A FMN interested on hosting a FIM Training Camp in any discipline must fill in the <u>"Candidature form for the organisation of a FIM Training Camp"</u>.

A FIM Training Camp cannot be named as such without being submitted for approval to the FIM by the relevant FMNRs and approved.

Once approved by the FIM, the Training Camp will be added to the FIM Calendar and an IMN number will be attributed.

The inscription of the Training Camp in the FIM Calendar is free of charge.

The registration in the FIM Calendar gives the right to order FIM Training Camp Licences

#### 2. Safety, Insurance & Licences

The FMNR/organising body must have a third-party liability insurance according to the requirements for an event in the organising country.

FIM Training Camps are open to foreign riders holding a "One Event: FIM and CONU Training Camp" licence (art. 62 985 11); national riders are allowed to participate with their national licence with adequate insurance cover provided for in art.110.2 of the Sporting Code.

The "One Event: FIM and CONU Training Camp" licence (art. 62 985 11) can be purchased by FMNs on the FIM extranet.



The "One Event: FIM and CONU Training Camp" licence includes the FIM Insurance coverage for the entirety of the training camp (one or several days).

#### 3. Participants

Participants should come from multiple FMN/nations (not only from the FMNR).

The FMNR and/or the organising body will ensure that all participants hold a valid licence for that particular FIM Training Camp, they will also ensure the safety conditions of the riders and their motorcycle.

#### 4. Financial aspects

The FMNR and/or the organising body will be responsible for all costs.

If the FMNR decides to request an entry fee to the participants, this information must be communicated to the FIM via the official request form.

#### 5. Promotion

Based on previous agreements between the parties, the FIM can support the FMNR promoting the Training Camp on its various communication platforms.

#### 6. Entries

The FIM will provide the entry form for the participants.

Management of the entries will be done by the FMNR and/or the organising body.

The FMNR and/or the organising body will send the final participant list (first name, last name, birth date, nationality, FIM licence number or national licence to <u>licences@fim.ch</u> after the closing date of the entries).



# **B. SPORTING PLANNING**

#### 1. Trainers

The FMNR and/or the organising body will supply trainers in a sufficient number to ensure high-quality training for participants. It is encouraged to have high international level women riders as Trainers.

Based on previous agreements between the Parties, the FIM can provide Trainers.

The FIM encourage Clubs and FMNR Trainers to attend the Training Camps in order to acquire new skills and learn new training methods to be applied in future training activities.

#### 2. Venue standards

#### Practice area:

The practice area must be sufficient to accommodate the intended number of participants.

Facilities:

The venue must have a sufficient paddock area, electricity and toilet facilities. A space for briefings should be available with a minimum equipment of didactical material as requested by the Trainer, depending on the format of the Training Camp.

A dedicated space for the parents/accompanying persons should be provided so they can be present but not interfere with the activities.

#### Safety:

The FMNR and/or the organising body will ensure that all safety aspects are respected and that the training takes place on a closed circuit.

#### Medical:

The FMNR and/or the organising body must ensure that the necessary medical services are available close to the venue.

#### 3. Training Camp format

Duration:

The suggested duration of the camp is 2/3 days.

#### Training Groups:

The participants must be divided into groups according to their level (if necessary after a test session). The maximum number of participants in a training group should be agreed between the parties before the promotion of the Training Camp based on the number of Trainers and the venue.



#### Curriculum:

#### Mandatory subjects:

- flag signals and behaviour rules in sport (social and environment)
- nutrition in sport
- antidoping
- basic maintenance of a motorcycle

#### **Optional subjects:**

- first aid in case of injuries, medication
- what is important during training
- mental aspects of the athlete
- sport and social media
- sponsoring
- race-day prgramme
- parents' education: basic maintenance of a motorcycle
- parents' education: communication with a rider
- organisation of visits: factory teams, paddock, industry partners, tv-studio at the paddock, media centre, etc.