# FÉDÉRATION INTERNATIONALE DE MOTOCYCLISME



# FIM MEDICAL CODE

EDITION 2025
Update February 2025

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Any references to the male gender in this document are made solely for the purpose of simplicity and refer also to the female gender except when the context requires otherwise.



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# **MEDICAL CODE**

- a) The Medical Code contains guidelines, standards and requirements for the following: medical fitness in order to obtain a rider's licence (09.1 09.3), medical services at events (09.4 09.7), procedure in the event of an injured rider (09.8), insurance (09.9), professional confidence (09.10), statistics (09.11), Data Privacy (09.12) and documentation (Appendices A, B, C, D, E, F1-6, G, H1, H2, L, M, N, O).
- b) The requirements of the Medical Code must be met at all FIM events and are recommended for all other competitions.
- c) In circumstances not covered explicitly by the FIM Medical Code, a binding decision will be taken by the FIM International Medical Commission (CMI) after internal consultation by the CMI Bureau.
- d) If such a situation occurs during a FIM event, a binding decision will be made by mutual agreement between the CMO, Medical Director, FIM WorldSBK Medical Director, FIM Medical Officer (GP) and FIM Medical Representative, if present.
- e) Any amendments to the GP Medical Code must be approved by the GP Commission.
- f) Any amendments to the WorldSBK Medical Code must be approved by the WorldSBK Commission.
- g) The FIM Circuit Racing Grand Prix World Championships: Moto3, Moto2 and MotoGP will be herein collectively referred to as "GP".
- h) The Superbike & Supersport World Championships will be herein collectively referred to as "WorldSBK".

#### 09.1 MEDICAL CERTIFICATE AND EXAMINATION

- a) Every rider taking part in motorcycle competition events must be medically fit. For this reason, a satisfactory medical history and examination are essential. It is the responsibility of the rider to immediately inform the relevant FIM Medical Officer (GP), FIM WorldSBK Medical Director, FIM Medical Director, FIM Medical Representative and the CMO of any state of health or medical condition or any deterioration in their health or medical condition that may adversely affect their ability to ride or compete safely. Failure to do so will result in an immediate exclusion from competition and may lead to further sanctions.
- b) The medical certificate is valid for not more than one year. In the event of serious injury or illness occurring following the issue of a medical certificate, a further examination and medical certificate are necessary.



- c) In addition to the medical examination, an applicant for any licence in Cross-Country Rallies (World Championship, FIM Prize and recommended for NMFP) must undergo and pass successfully an echocardiogram once in his/her lifetime prior to the issuing of the licence. An exercise tolerance electrocardiogram must be conducted and successfully passed with this echocardiogram and is then required every three years.
- d) Regarding the duration of convalescence after injury please refer to Appendix D

# 09.1.1 Guidelines for the Examining Doctor

The examination should be performed by a doctor familiar with the applicant's medical history. The examining doctor must be aware that the person to be examined is applying for a licence to participate in motorcycle events. The purpose of the examination is to determine whether the applicant is physically and mentally fit to control a motorcycle in order to ensure the safety of other riders, officials and spectators during an event, having regard to the type of event for which the rider is applying.

Certain disabilities exclude the granting of a licence.

The FMN of every rider issuing the licence shall possess a certificate confirming the rider is medically fit or unfit to participate in FIM competitions after verifying the rider has undergone the following medical assessment:

#### A) LIMBS

The applicants should have sufficient function of their limbs to permit full control of their machine during events. In the case of loss or functional impairment of all or part of a limb or limbs the applicant must be referred for the opinion of the medical commission of his FMN and of the FIM, if necessary.

#### B) EYESIGHT

- a) For all disciplines except Trial, the minimum corrected visual acuity must be 6/6
  [10/10] with both eyes open together. The minimum field should measure 160
  degrees, 30 degrees vertical.
- b) For Trial, the minimum corrected visual acuity must be 6/6 [10/10] with one or both eyes open together. The minimum field should measure 160 degrees, (120 degrees for monocular vision with 60 degrees each side) 30 degrees vertical.
- c) For all disciplines, spectacles, if required, should be fitted with shatterproof lenses and contact lenses, if worn, should be of the "soft" variety.
- d) Satisfactory judgement of distance and wearing double protection when competing would be required for all riders with vision in only one eye.
- e) Double vision is not compatible with the issuing of a competition licence.



f) The applicant, for any event except Trial, must have normal colour vision, in that they can distinguish the primary colours of red and green. If there is any doubt, a simple practical test is recommended under conditions similar to those of a race.

#### C) HEARING AND BALANCE

A licence can be issued to an applicant with impaired hearing but not to an applicant with a disturbance of balance.

A rider with impaired hearing must be accompanied at the riders briefing by a person with normal hearing who can communicate the information either by signing or in writing. The rider must wear a clearly visible tag that identifies him/her as hearing-impaired to the marshals and medical personnel in case of an accident/incident. The rider must also comply with the requirements of Article 09.3.4 of the FIM Medical Code.

# D) DIABETES

In general, it is not considered advisable for diabetics to enter motorcycle events.

However, a well-controlled diabetic not subject to hypoglycaemic or hyperglycaemic attacks, and having no neuropathy nor any ophthalmoscopic evidence of vascular complications, may be passed as fit to compete.

## E) CARDIO-VASCULAR SYSTEM

In general, a history of myocardial infarction or serious cardio-vascular disease would normally exclude a rider. Special attention should be paid to blood pressure and cardiac rhythm disorders. In such cases a certificate from a cardiologist including the results of any test the cardiologist considers necessary, must be submitted with the medical examination form.

With the exception of Trial any rider of fifty years and over must have an exercise tolerance electrocardiogram performed, and the result must be favourable. In Trial, an exercise tolerance electrocardiogram is required for any rider of 50 years and over if there are known significant risk factors for or history of cardiac disease.

# F) NEUROLOGICAL AND PSYCHIATRIC DISORDERS

In general, applicants with a serious neurological or psychiatric disorder will not be granted a licence.

#### G) FITS OR UNEXPLAINED ATTACKS OF LOSS OF CONSCIOUSNESS

A licence will not be issued if the applicant suffers from epilepsy, has suffered a single epileptic fit, or has suffered any episodes of unexplained sudden loss of consciousness during a period of the previous 5 (five) years. If no other epileptic fit or other unexplained sudden loss of consciousness has occurred during these 5 (five) years, and the applicant has not taken any medication to prevent epilepsy for 5 (five) years, the applicant may be granted a licence after review of a report from a specialist neurologist indicating that the risk of a further fit, seizure or episode is at an acceptable level to permit participation in racing.



#### H) USE OF WADA PROHIBITED SUBSTANCES

Applicants using substances included in the WADA Prohibited List will not be accepted except with a valid Therapeutic Use Exemption (TUE) approved by the FIM.

#### I) ALCOHOL

- 1. Applicants with an alcohol addiction will not be accepted.
- 2. For safety reasons riders must not participate in competition if they are found to have a blood alcohol concentration superior to the threshold of 0.10 g/L.
- 3. The presence of alcohol in concentration higher than the threshold and the consumption/use of alcohol (ethanol) are prohibited in motorcycling sport during the \*in-competition period and will be considered as a violation of the Medical Code.
- 4. Such violation(s) of the Medical Code will be sanctioned as follows:
  - The riders will be immediately excluded and disqualified from the relevant event by the FIM Stewards. Further sanctions will be applied in accordance with the FIM Disciplinary Code and/or the relevant Sporting Regulations.
- 5. For the purpose of the alcohol testing procedure, the in-competition\* period is defined as the period commencing 12 hours before the rider rides his bike for the first time during the event\*\*, ending thirty (30) minutes after the end of the last race\*\*\* in his class and category. This is the minimum period of time that riders should abstain from alcohol prior to competition for safety reasons.
- 6. For the avoidance of doubt the possession, use and consumption of alcohol during the podium ceremony is not considered a violation under the FIM Medical Code providing that the podium ceremony takes place at the end of the event.
- 7. Detection will be conducted by analysis of breath and/or blood. The alcohol violation threshold is equivalent to a blood alcohol concentration of 0.10 g/L.
- 8. Riders may be subject to alcohol breath and/or blood testing at any time incompetition.
- \*\* Event is a single sporting event composed, depending on the discipline, of practice sessions, qualifying practice sessions and race(s), rounds, legs, heats or stages.

# J) MEDICATION & DRUGS

Applicants will not be accepted if they are using medication including those legitimately prescribed with potentially adverse side effects that could pose a risk to the safety of the rider or others during competition. This includes drugs that cause sedation, blurred vision, psychomotor retardation or other side effects that can adversely affect their ability to have full and complete control of a motorcycle in competition.

<sup>\*\*\*</sup> or round, leg, heat or stage.



K) TREATMENT WITH PROHIBITED SUBSTANCES OR METHODS AT EVENTS

Any treatment requiring a prohibited substance or method to be used by any doctor to treat a rider during an event must be discussed and agreed with the FIM Medical Officer (GP), FIM WorldSBK Medical Director, FIM Medical Director or FIM Medical Representative, if present. If this is required a TUE must be submitted immediately for retroactive approval to be received by the FIM no later than the following day after the event.

# L) ANAESTHESIA

Riders will not be permitted to participate in practice or competition until at least 48 hours have elapsed following any general, epidural, spinal or regional anaesthesia.

See also 09.3.3 b) and appendix D.

# M) CONCUSSION

Assessment of the injured rider and return to competition should be in accordance with the guidelines for the assessment and management of concussion as contained within the Consensus Statement On Concussion In Sport - The 6<sup>th</sup> International Conference On Concussion in Sport held in Amsterdam, October 2022.

See also Art. 09.3.3 and appendix D.

In the event of a suspected concussion the rider should be assessed using a recognised assessment tool such as SCAT6 or similar (see appendix D). If the assessment confirms a concussion the rider should immediately be excluded from competition for at least the rest of the event. Prior to returning to competition the rider should be assessed for and provide documentary evidence of a return to normal neuro-psychological function using for example the IMPACT system, functional MRI scan or similar in accordance with the current International Consensus Statement on Concussion in Sport.

#### N) PROCEDURE IN CASE OF DOUBT OF MEDICAL FITNESS

The examining doctor may not feel able to approve an applicant on medical grounds. In such a case he should complete the certificate, having ticked the relevant box, sign it, and then send it to the applicant's FMN with his observations, including past history. If necessary, he should request that the applicant be examined by a member of the medical committee of the FMN or a doctor appointed by the FMN.

If, following the rider being assessed as being medically fit to participate in competition evidence emerges of a medical condition that represents a significant risk to the rider and/or other competitors, the Medical Director, FIM Medical Director/ Officer together with other relevant parties such as the CMO and FMN doctor have the right to withdraw the riders' licence at any time until further assessment of the rider is undertaken and a subsequent satisfactory medical report is provided to the FMN and FIM Medical Director/Officer/Representative.



## O) THE USE OF INTRAVENOUS FLUIDS

In accordance with Section M2.2 of the 2025 WADA Prohibited List Intravenous infusions and/or injections of more than a total of 100 mL per 12-hour period are prohibited except for those legitimately received in the course of hospital treatments, surgical procedures or clinical diagnostic investigations.

Intravenous fluids must therefore not be administered to any competitor during any event from the official start time of the event until the official event end time unless by the official FIM approved medical service for the event. In all cases there should be a formal medical need for the fluids demonstrated by documented assessment of the rider's medical condition including their vital signs. Rehydration should be sufficient to return vital signs to normal and no more.

If the rider's medical condition is such that treatment requiring the use of intravenous fluids is necessary during an event he will not be permitted to compete for at least the remainder of that day. Return to competition will require a further medical assessment to ensure he is medically fit to do so.

# P) ORAL HYDRATION

Where the temperature is sufficient to cause significant risk of dehydration as assessed by the CMO or Medical Director or FIM Medical Representative, the organiser must make drinking water available along the route at appropriate points in sufficient quantities for all competitors and officials as soon as possible and within a time frame to address the risk. Where possible the need for water should be assessed before the event start.

# Q) COST OF MEDICAL EXAMINATION

Any fee arising from the examination or completion of the medical certificate is the responsibility of the applicant.

# 09.2 AGE OF RIDERS, DRIVERS AND PASSENGERS

Licences for riders, drivers and passengers are issued for FIM World Championships, FIM Prizes, World Records, Intercontinental Championships and recommended for National Meetings open to Foreign Participation (NMFP), only when the minimum age has been attained as below:

# A) FIM World Championships

#### **Circuit Racing**

• FIM GP WC: Moto3 class

Min. Max. 18 years 28 years

In the Moto3 class, an exemption applies to the winner of the FIM JuniorGP World Championship or the FIM MotoGP Rookies Cup to compete in the Moto3 class of the FIM Grand Prix World Championship at 17 years.

Max. age Moto3: 23 years for new contracted riders participating in the Moto3 World Championship Grand Prix for the first time and for



wild cards) at the 1st of January of the corresponding champions	hip
year.	

		Min.	Max.
•	FIM Supersport 300cc World Championship	16 years	28 years
•	FIM JuniorGP World Championship	16 years	23 years
•	FIM GP WC: Moto2 class	18 years	
•	FIM GP WC: MotoGP class	18 years	
•	FIM Superbike WC	18 years	
•	FIM Supersport WC	18 years	
•	FIM Sidecar WC: drivers	18 years	
•	FIM Sidecar WC: passengers	18 years	
•	FIM Endurance WC	18 years	
•	FIM MotoE WC	16 years	
•	ETC, NTC, ATC, BTC (Continental Championships)	14 years	
•	FIM Women's Circuit Racing World Championship	18 years	

# **Motocross**

		Min.	Max.
•	FIM MXGP Motocross WC	16 years	50 years
•	FIM MX2 Motocross WC	15 years	23 years
•	FIM Motocross of Nations: min. as per MXGP, MX2		50 years
•	FIM SidecarCross WC: drivers	16 years	50 years
•	FIM SidecarCross WC: passengers	16 years	50 years
•	FIM Junior Motocross WC: 85cc class	12 years	14 years
•	FIM Junior Motocross WC: 125cc class	13 years	17 years
•	FIM Supercross WC, WSX	16 years	50 years
•	FIM Supercross WC, SX2	15 years	50 years
•	FIM S1GP SuperMoto WC	15 years	50 years
•	FIM SuperMoto of Nations	15 years	50 years
•	FIM SnowCross WC	16 years	50 years
•	FIM FreeStyleCross WC	16 years	50 years
•	FIM Women's Motocross WC	15 years	50 years
•	FIM SidecarCross of Nations	16 years	50 years
•	FIM QuadCross of Nations	16 years	50 years
•	FIM SnowCross of Nations	16 years	50 years

# Trial

		Min.	Max.
•	FIM Trial WC: TrialGP/ Trial2	16 years	
•	FIM Women's Trial WC: TrialGP Women	16 years	
•	FIM Trial des Nations	16 years	
•	FIM Trial3 World Championship: (125cc)	14 years	21 years



14 years FIM Women's Trial des Nations If the event is not held on a closed circuit Holder of a valid driver's licence 16 years FIM X-Trial WC

#### **Enduro**

Holder of a valid FIM International Six Days' Enduro driver's licence Holder of a valid FIM Enduro WC driver's licence • FIM SuperEnduro WC 18 years (Prestige) Holder of a valid • FIM Junior Enduro WC driver's licence and under 23 years Holder of a valid • FIM Youth Enduro WC driver's licence and under 21 16 years FIM Hard Enduro WC 16 years – 22 years FIM Hard Enduro Junior Holder of a valid FIM Women's Enduro WC driver's licence

# **Cross Country**

Holder of a valid FIM World Rally-Raid Championship: RallyGP driver's licence 18 years FIM Sand Race World Championship: Motorcycle

#### **Track Racing**

•	FIM Speedway Grand Prix WC	Min. 16 years	Max.
•	FIM Track Racing World Championship Qualification Meetings FIM Speedway of Nations	16 years 16 years	
•	FIM World Speedway League	16 years	
•	FIM Speedway Best Pairs	16 years	
•	FIM Ice Speedway WC	16 years	
•	FIM Ice Speedway of Nations	16 years	
•	FIM Long Track WC	16 years	
•	FIM Long Track of Nations	16 years	
•	FIM SGP2 WC	16 years	21 years
•	FIM Speedway of Nations 2 WC	16 years	21 years
•	FIM SGP3 WC	13 years	16 years
•	FIM Flat Track WC	16 years	



• FIM SGP4 WC	11 years	13 years
E-Bike		
<ul> <li>FIM E-XPLORER WC</li> <li>(or age limit imposed by the laws and regulations of the FMNR)</li> </ul>	16 years	
FIM EBK WC	18 years	
FIM E-Scooter WC	18 years	
B) <u>FIM Prizes</u>		
Circuit Racing		
FINAN LOD D. L. C.	Min.	Max.
FIM MotoGP Rookies Cup  FIM Findings as World Cons.	15 years 18 years	21 years
FIM Endurance World Translate	18 years	
FIM Endurance World Trophy     FIM Street Freestyle World Cup	18 years	
FIM Street Freestyle World Cup     FIM Street World Cup	14 years	
FIM Stock World Cup     FIM Dragbike World Cup	16 years	
<ul><li>FIM Dragbike World Cup</li><li>FIM MiniGP World Series</li></ul>	10 years	
FIM Women's Circuit Racing World Cup	18 years	
This women's circuit Nacing wond cup	io youro	
Motocross	Min.	Max.
FIM Veteran Motocross World Cup	40 years	55 years
FIM Junior Motocross World Cup: 65cc class	10 years	12 years
FIM Women's SnowCross World Cup	16 years	50 years
FIM Vintage Motocross World Cup	40 years	65 years
FIM SnowCross World Cup	16 years	50 years
Arena Cross World Cup	15 years	50 years
Trial		
FIM Trial des Nations – International Trophy	Min. 14 years	Max.
FIM Trial des Nations Challenge	14 years	21 years
FIM Women's Trial2 World Cup	14 years	•
If the event is not held on a closed circuit	Holder of	a valid
	driver's lic	ence
FIM Trial Vintage / FIM Trial Vintage motorcycle Trophy	Holder of a driver's lic	
FIM X-Trial des Nations	16 years	
FIM Women's X-Trial Trophy	16 years	



# **Enduro**

		Min.	Max.
•	FIM Junior SuperEnduro World Cup	16 years	23 years
•	FIM Women's Enduro World Cup	Holder of a valid of licence	lriver's
•	FIM Women's SuperEnduro World Cup	16 years	
	(or age limit imposed by the laws and regulations of the FMNR)		
•	FIM Enduro Vintage Veteran Trophy Team	50 years	
•	FIM Enduro Vintage Silver Vase Club Team	40 years	
•	FIM Enduro Vintage Individual Trophy	-	
•	FIM Enduro Vintage World Cup	-	
•	FIM Hard Enduro World Cup	16 years	
•	FIM Enduro Vintage Women Club Team	25 years	
•	FIM Youth SuperEnduro World Cup	14 years	18 years
•	FIM Junior Enduro World Cup (Junior 1 and 2)	Under 23 years (a the corresponding Cup's year) and h valid driver's licen	) World older of a
•	FIM Junior Women's Enduro World Cup	Under 23 years (a the corresponding Cup's year) and h valid driver's licen	) World older of a
•	FIM Enduro World Cup (Open 2T and 4T)	Holder of a valid of licence	driver's
•	FIM Open Senior Enduro World Cup	At least 40 years ( of the correspondi Cup's year) and h valid driver's licen	ing World older of
•	FIM Junior Hard Enduro World Cup	16 years	

# **Cross-Country**

	•	Min.
•	FIM Rally-Raid World Cup – Rally2, Rally3, Quads	Holder of a valid
		driver's licence
•	FIM Rally-Raid Trophy – Women	Holder of a valid
	, , ,	driver's licence
•	FIM Rally-Raid Trophy – Quads	Holder of a valid
		driver's licence
•	FIM Rally-Raid Trophy – Junior Rally2, Junior Rally3	Holder of a valid
		driver's licence and
		under 25
		Min.
•	FIM Rally-Raid Trophy – Veteran	45 years and
	, , , , , , , , , , , , , , , , , , , ,	



<ul> <li>FIM Rally-Raid Trophy – SSV</li> <li>FIM Bajas World Cup – 450cc/over450cc – Women – Quad - Junior:</li> <li>FIM Bajas World Cup – SSV</li> <li>FIM Bajas World Cup – Veteran</li> </ul>	Holder of a valid driver's licence Min. 45 years and Holder of a valid driver's licence	
<ul> <li>FIM Sand Races World Cup – Motorcycle</li> <li>FIM Sand Races World Cup – Women</li> <li>FIM Sand Races World Cup – Veterans</li> <li>FIM Sand Races World Cup – Juniors: Up to 125cc 2-stroke</li> <li>FIM Sand Races World Cup – Juniors: Up to 250cc 4-stroke</li> <li>FIM Sand Races World Cup – Quads</li> <li>FIM Sand Races World Cup – Quads Junior</li> <li>FIM Sand Races World Cup – SSV</li> </ul>	Min. 18 years 18 years 38 years 13 years 15 years 18 years 15 years 16 years	Max.  19 years 19 years 17 years
Track Racing		
FIM Speedway World Cup	Min. 16 years	Max.
FIM Speedway Youth Gold Trophy	11 years	15 years
FIM Track Racing Youth Gold Trophy	11 years	16 years
FIM Speedway Sidecar World Cup	17 years	-
<ul> <li>FIM Long Track under 23 World Cup</li> </ul>	16 years	23 years
FIM Women's Speedway Gold Trophy	16 years	
E-Bike		
FIME D'I O W HO	Min.	
FIM E-Bike Cross World Cup  FIM E-Bike Fracture World Cup	10 years 14 years	
FIM E-Bike Enduro World Cup  FIM E-YPLOPER World Curr  FIN E-YPLO	14 years 16 years	
<ul> <li>FIM E-XPLORER World Cup (or age limit imposed by the laws and regulations of the FMNR)</li> </ul>	10 years	
FIM EBK World Cup	18 years	
FIM E-Scooter World Cup	18 years	
- 1		

# C) FIM World Records

Min.

For Type VII – Solar/Electric Power Bike



	FIM World Record Attempt – kg ≤ 150 FIM World Record Attempt – 150 < kg ≤ 300	16 years 18 years
•	FIM Land Speed World Records	18 vears

# D) Intercontinental Championships

•	FIM Intercontinental Games: Supersport 300	16 years
•	FIM Intercontinental Games: Supersport	18 years

# E) National Meetings open to Foreign Participation (NMFP)

The following minimum ages listed below are only for recommendation for the FMNR:

# Circuit/Road Racing

		Min.
•	NMFP: classes up to 125cc, 2 strokes	12 years
•	NMFP: classes up to 250cc, 4 strokes, 1 cylinder	12 years
•	NMFP: classes over 125cc, 2 strokes and over 250cc, 4 strokes	12 years
•	NMFP Hill Climbs	16 years
•	NMFP Drag	16 years

# **Motocross**

		Min.
•	NMFP: 85cc class	12 years
•	NMFP: 125cc and 250cc classes	15 years
•	NMFP: 500cc class	15 years
•	NMFP SidecarCross: drivers	16 years
•	NMFP SidecarCross: passengers	16 years
•	NMFP Supercross	15 years
•	NMFP SnowCross	16 years
•	NMFP FreeStyleCross	15 years
•	NMFP SuperMoto:	15 years

# T

Tria	al		
•	NMFP Indoor Trial	Min. 12 years	Max.
•	NMFP Trial	12 years	
	(For recommendation: the Supplementary Regulations must state the actual restrictions on age, respecting national legislation and stipulating any requirements for holding a driving licence).		



#### **Enduro**

NMFP Quads
 NMFP Indoor Enduro
 NMFP Enduro
 NMFP Enduro
 Min.
 Holder of a valid driver's licence
 Holder of a valid driver's licence

# **Cross-Country Rally & Baja**

		Min.
•	NMFP Cross-country rallies	Holder of a valid
	·	driver's licence

# **Track Racing**

	_	Min.
•	NMFP Speedway	16 years
•	NMFP Speedway League	16 years
•	NMFP Ice Racing	16 years
•	NMFP Long & Grass Track	16 years
•	NMFP Motoball	16 years

# E-Bike

		Min.
•	NMFP E-Bike Cross	10 years
•	NMFP E-Bike Enduro	14 years
	(or age limit imposed by the laws and regulations of the FMNR)	

The minimum ages for each and every discipline and category of events start on the riders' minimum age birthday.



# 09.2.1 Applicants Aged 50 Years and Over

Applicants aged 50 and over except in Trial must attach to their rider's licence request a certificate of medical fitness including a normal exercise tolerance electrocardiogram which is required at least every 3 years. In Trial an exercise tolerance electrocardiogram is also required if there are known significant risk factors for or history of cardiac disease.

(Refer to the respective appendices for the maximum age limits that apply to certain FIM World Championships and Prizes)

The limit for the maximum age in Circuit Racing GP and WorldSBK World Championships finishes at the end of the year in which the rider reaches the age of 50.

# 09.3 SPECIAL MEDICAL EXAMINATION

At any time during an event a special medical examination (this may include urine dipstick testing for drugs) may be carried out by an official doctor or by another doctor nominated by the Chief Medical Officer (CMO) at the request of the Race Director, Medical Director, FIM Medical Officer (GP), FIM WorldSBK Medical Director, FIM Medical Director, Jury President, Chief Steward or the FIM Medical Representative.

# 09.3.1 Refusal to Undergo Special Medical Examination

Any rider who refuses to submit himself to such a special medical examination will be excluded from the event, and notified to his FMN, the Race Direction and the FIM.

# 09.3.2 List of Medically Unfit Riders (Appendix G)

The CMO shall examine all riders listed as medically unfit who wish to compete in order to assess their medical fitness to do so the day before they use a motorcycle on the track.

The list of medically unfit riders shall be supplied by the Medical Director and/or FIM Medical Officer (GP), FIM WorldSBK Medical Director, FIM Medical Director who will attend this examination. The information provided on this list must be treated in the strictest confidence and must be only made available to the FIM Medical Director/ FIM Medical Officer (GP)/FIM Medical Delegate and the CMO at the event. It is the rider's responsibility to inform the CMO, Medical Director, FIM WorldSBK Medical Director, FIM Medical Director and FIM Medical Officer (GP) of any injury or illness sustained between events for inclusion in the list.

#### 09.3.3 Medical Fitness to Race

a) A rider must be sufficiently medically fit to control his motorcycle safely at all times. There must be no underlying medical disorder, injury or medication that may prevent such control or place other riders at risk. Failure of a rider to disclose such a condition may lead to the application of sanctions.



- b) Riders will not be permitted to participate in practice or competition until at least 48 hours have elapsed following any general, epidural, spinal or regional anaesthesia.
- c) In the event of a suspected concussion the rider should be assessed and managed in accordance with the guidelines for the assessment and management of concussion as contained within the Consensus Statement On Concussion In Sport - The 6th International Conference On Concussion in Sport held in Amsterdam, October 2022. The rider should be assessed using a recognised assessment tool such as SCAT6 or similar. If the assessment confirms a concussion the rider should immediately be excluded from competition for at least the rest of the event.
- d) Prior to returning to competition the rider should be assessed for and provide documentary evidence of a return to normal neuro- psychological function using for example the IMPACT system, a functional MRI or similar in accordance with the current International Consensus Statement on Concussion in Sport.
- e) Following injury or illness, the decision regarding medical fitness to return to competition is normally at the discretion of the CMO. The decision should be made on an individual case by case assessment and informed by relevant medical reports from the practitioner treating the rider including details of X-rays, scans, analyses, other investigations and any interventions which must be provided to the CMO, if available before assessing a rider's fitness to return to competition.

As necessary and appropriate decisions regarding fitness to compete should be made in consultation with the Medical Director, FIM WorldSBK Medical Director, FIM Medical Officer (GP), FIM Medical Director and/or FIM Medical Representative, if present.

For MotoGP only:

The following information should be provided as relevant for the medical assessment to return to competition:

Head injury and concussion;

- Hospital medical reports including neurological / neurosurgical
- SCAT assessments
- Cerebral MRI reports

## Abdominal/thoracic injury:

 Medical report confirming resolution of injury and return to normal function and activity



 Radiology reports of computerised tomography (CT) or MRI scans demonstrating progress and resolution of injuries to internal organs (lungs, liver, spleen, kidneys) with particular reference to vascular injury

Significant musculoskeletal injuries (such as fractures requiring surgery, compound or complex fractures);

- Full medical report of the injury, interventions, progression, and outcomes
- Medical discharge report indicating any potential sequelae including risk from further injury
- Radiological confirmation of sufficient resolution of injury including postsurgical helical CT scan

In case of doubt, the CMO, the MotoGP Medical Director and the FIM Medical Officer (GP) can request further opinion on the reports and evidence provided for resolution (fit or unfit).

# 09.3.4 Riders with Special Medical Requirements

Riders with certain medical conditions and who may require special treatment in the event of injury, who have been in hospital during the previous 12 months or who are being treated for any medical conditions are responsible for informing the CMO, Medical Director, FIM WorldSBK Medical Director, FIM Medical Officer (GP) and FIM Medical Director before the event regarding their condition and that they may require such special treatment.

# 09.4 MEDICAL SERVICES AT EVENTS

- a) Any treatment at the circuit during an event is free of charge to the riders. The costs for transferring an injured rider to a hospital designated by the CMO are the responsibility of the organiser of the event.
- b) Medical services must guarantee assistance to all riders as well as any other authorised persons injured or taken ill at the circuit during event.
- c) A medical service for the public, separate from the above services must be provided by the event organisers. This service is not described in this code but must conform to any regulation enforced by the relevant country and reflect the size of crowd expected. This service must be controlled by a deputy CMO or another doctor but not directly by the CMO.
- d) Unless otherwise authorised by the rider the CMO, the Medical Director, the FIM WorldSBK Medical Director, the FIM Medical Director, the FIM Medical Officer (GP) and the Clinica Mobile and the new MotoGP Health Center other members of the medical services, are not authorised to make statements to any third party, other than immediate relatives, about the condition of injured riders, without reference to and authorisation from the FIM and the promoter.



- e) All doctors must adhere to their professional ethics and medical codes of practice at all times.
- f) Appropriate medical services must be available continuously, from at least one hour before the start of the first practice for the event, until at least one hour after the last rider has finished.

Emergency medical resources including helicopters, when required, medical vehicles, their crews and medical personnel must be available <u>at all times</u> during track activity, with emergency response being their absolute priority. If an emergency helicopter, medical vehicles or personnel required for the event becomes unavailable for any reason, all track activities must be stopped until the situation is resolved.

#### For FIM GP WC and WorldSBK events:

Appropriate medical services should be available continuously when teams and officials are present at the circuit and in the paddock, that is normally, from at least 08:00hrs on the Monday before the race until at least 20:00hrs on the Monday after the race. In any case the CMO will consult with the FIM Medical Officer (GP) before stopping any service provision at the medical centre.

- g) Appropriate medical services are defined as follows:
  - 1. During all official track activity, a fully functional medical services, including medical centre, ground posts, vehicles, helicopter and personnel in accordance with the circuit medical homologation.
  - 2. During the days with track activity as well as the day before it begins the Medical Centre must be fully staffed in accordance with the medical homologation from 08:00hrs or at least 1 hour before the track activity commences until 20:00hrs or at least three hours after the end of the last race or track activity.
  - 3. In MotoGP, the CMO, Medical Intervention Team (MIT) personnel, Medical Centre personnel and the FIM Medical Officer (GP) must attend the simulation and training on the day prior to the event. All appropriate medical vehicles, equipment and devices must also be available.
  - 4. At all other times when there is no official track activity as above from 08:00hrs on the Monday before the event until 20:00hrs on the day after the event there must always be a doctor and a nurse/ paramedic with an ambulance available at the Medical Centre.
- h) At events where no one sleeps in the paddock overnight it may be permissible following consultation with the FIM Medical Director/ Representative to not have any medical staff available from 23:00hrs to 07:00hrs.
- i) The full Medical service available for FIM events must remain in place for any national or supporting races that occur during FIM events and that the FIM procedure in case of serious/fatal accidents must be followed.



# 09.4.1 The Chief Medical Officer (CMO)

#### CMO:

- 1. Is a holder of the corresponding official's licence in
- 2. relevant disciplines (see Art. 09.4.2); this licence is valid for a maximum term of three years and shall be issued by the FIM.
- 3. Is appointed by the FMNR/ Organiser.
- 4. Should be the same throughout the event.
- 5. Must be able to communicate in at least one of the FIM official languages, either English or French.
- 6. Should be familiar with the FIM Medical Code and FIM Anti-Doping Code.
- 7. Must be named in the Supplementary Regulations/event information.
- 8. Must be a fully registered medical practitioner authorised to practice in the relevant country or state in which the event is taking place.
- 9. Must have malpractice insurance appropriate to the relevant country or state, where the event is being held.
- 10. Must be familiar with the circuit and the organisation of the medical services at which he is appointed.
- 11. Must be familiar with the principles of emergency medical care and the associated organisational requirements necessary for a circuit medical service to deliver effective emergency medical interventions to injured riders in keeping with current accepted best practice.
- 12. Is responsible for the positioning of medical and paramedical personnel and vehicles under his control.
- 13. Must complete the FIM CIRCUIT CMO QUESTIONNAIRE (Appendix F) and return it to the FIM, Medical Director, FIM WorldSBK Medical Director, FIM Medical Director and FIM Medical Officer (GP) at least 60 days prior to the event. Failure to comply with this deadline may result in sanctions being applied. The Circuit CMO Questionnaire must be accompanied by:
  - a) A medical plan and maps of the medical service including the position and number of all of the medical resources including all personnel and vehicles.
  - b) A plan of the circuit medical centre.
  - c) A map showing the location, distances and routes to the designated hospitals.



- d) A list of the doctors including a brief professional curriculum vitae of their experience and qualification relevant to the provision of out of hospital emergency medical care (only in Circuit Racing). For the other disciplines: a list of doctors with their speciality. This should be presented at the latest on the day before the event following the initial track safety inspection.
- 14. No alterations to the questionnaire and associated medical plan and circuit map showing the position of the medical personnel and vehicles, are permitted without previous consultation with the Medical Director and/or FIM Medical Officer (GP)/FIM WorldSBK Medical Director, FIM Medical Director and FIM Medical Representative.
- 15. Must contact, in writing, at least 60 days before the event, hospitals in the vicinity of the event that are able to provide the following specialist services and include them in the questionnaire:
  - a) CT Scan
  - b) MRI
  - c) Trauma resuscitation
  - d) Neurosurgery
  - e) General surgery
  - f) Vascular surgery
  - g) Trauma and orthopaedic surgery
  - h) Cardio-thoracic surgery
  - i) Intensive care
  - i) Burns and plastic surgery
- 16. Must send copies electronically to the FIM and Medical Director, FIM WorldSBK Medical Director, FIM Medical Director, FIM Medical Officer (GP) at least 30 days before the event and have available at the event the letters they have written to the hospitals and copies of the letters of confirmation that every hospital to be used for treatment of injured persons is aware that the event is taking place and is prepared to accept and treat injured riders with minimum delay. The letter of confirmation of every hospital must mention its equipment (x-ray, scanner etc.) the name (and telephone numbers) of the doctor in charge for each day and a map showing the quickest route from the circuit to the hospital.
- 17. Any change to the above-mentioned information must be immediately forwarded to the FIM, Medical Director, FIM WorldSBK Medical Director, FIM Medical Director and FIM Medical Officer (GP).
- 18. Should attend the meetings of the International Jury, Event Management Committee or Race Direction.
- 19. Must attend the safety/track inspection together with the Clerk of the Course and the Race Director/Direction one day prior to the first practice session.
- 20. Will collaborate with the Medical Director, FIM WorldSBK Medical Director, FIM Medical Officer (GP) and FIM Medical Representative to organize a simulation of a medical intervention on track on the day prior to the first practice session.



- 21. Must brief the medical personnel prior to the start of the first practice session of the event, as well as debrief the personnel after the event.
  - a) This briefing should include practical scenario-based examples of incident responses.
  - b) Compulsory scenario-based demonstration and training in the initial response to and management of an injured rider should take place on the day before the event and be attended by the CMO, Medical Director, FIM WorldSBK Medical Director, FIM Medical Director, F
  - c) To inspect the circuit with the Medical Director, FIM WorldSBK Medical director, FIM Medical Officer (GP), FIM Medical Director, Clerk of the Course and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session or race each day to ensure that all medical facilities and staff, including the Medical Centre are ready to function and in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the Medical Director, FIM Medical Officer (GP), FIM WorldSBK Medical Director, FIM Medical Director, Race Director and FIM Safety Officer.
- 22. When motorcycles are on the track the CMO:
  - a) must be stationed in Race Control.
  - b) must be in close proximity to and liaise directly with the Medical Director (in MXGP), FIM WorldSBK Medical Director, FIM Medical Officer (GP), FIM Medical Representative, Clerk of the Course and Race Director.
  - c) must be in direct communication with the medical ground posts, ambulances, medical vehicles and medical centre at all times, and test this communication at the start of each day before or during the medical assessment.
  - d) provide immediate updates from trackside medical personnel to the Medical Director, FIM Medical Officer (GP), FIM WorldSBK Medical Director, FIM Medical Director and Race Direction regarding the condition of any injured rider in order to facilitate the most appropriate medical response to their condition.
  - e) participate with the Medical Director (in MXGP), FIM WorldSBK Medical Director, FIM Medical Officer (GP) and Race Direction in the immediate deployment of appropriate medical resources to injured riders.
- 23. Must recommend to the Race Director/Clerk of the Course that a practice session or a race be stopped if:
  - a) There is danger to life or of further injury to a rider or officials attending an injured rider if other riders continue to circulate.
  - b) The Medical personnel are unable to reach or treat a rider for any reason.



- c) If a rider is unconscious or suspected of having a spinal or other serious injuries and will require prolonged trackside medical intervention. Such information must be communicated immediately to the CMO by ground post personnel.
- d) There is a risk of physiological harm to riders or of inability by riders to control their motorcycle, due to extreme weather conditions. In such circumstances of actual or potential harm from extreme weather conditions such as extreme heat the CMO and Medical Director or FIM Medical Officer (GP) should consider and recommend to the Race Direction that the race distance and length of sessions be adjusted accordingly with the provision of adequate periods for rest, recovery and rehydration. If necessary and appropriate the CMO, Medical Director and FIM Medical Officer (GP) can recommend that the race be stopped.
- 24. Must inform and update the Medical Director, FIM <u>WorldSBK</u> Medical Director, FIM Medical Officer (GP), FIM Medical Director, regarding the condition of injured riders and liaise with the relevant hospitals to ascertain and report the progress of their condition and treatment.
- 25. Will prepare a list of injured riders (Medically Unfit List) to be given to the Medical Director, FIM WorldSBK Medical Director, FIM Medical Director, FIM Medical Officer (GP) and FIM Medical Representative.
- 26. Shall ascertain that fallen riders during practice are medically fit to continue in competition. All riders injured during an event who refuse or avoid a Special Medical Examination must be placed on the Medically Unfit List.
- 27. In accordance with normal medical practice will complete a clinical record of all medical examinations and assessments. A copy of the clinical record should be provided to the rider or their nominated representative to facilitate ongoing treatment after the event and referral to the rider's medical insurance provider.
- 28. Will meet with the Medical Director and/or the FIM Medical Officer (GP), FIM WorldSBK Medical Director, FIM Medical Director, FIM Medical Representative every morning after the medical review, and every afternoon after the official activity has ended to discuss the medical interventions and the status of any injured riders. Evaluation of the interventions should include video of the performance of the medical activity. Such evaluation will then be included in and inform the subsequent briefing of the medical personnel by the CMO.
- 29. To participate with the Medical Director, FIM Medical Officer (GP) and FIM Medical Representative if present in decisions regarding riders who have been injured and who wish to compete.
- 30. Must ensure an interpreter in English is available in the hospital permanently when an injured rider is there.
- 31. Must send electronically the completed Appendices A, G and L to the FIM Medical Department at <a href="mailto:cmi@fim.ch">cmi@fim.ch</a> by the day following the event. (The forms are available from the FIM Medical Department <a href="mailto:and-FIM website">and FIM website (Medical)</a>.



32.Must liaise with the Medical Director and/or FIM Medical Officer (GP), FIM WorldSBK Medical Director, FIM Medical Director and FIM Medical Representative during the year before the event to manage and improve the medical service in any way necessary and ensure the requirements of the FIM Medical Code are completely respected.

# 09.4.2 FIM World Championships & Prizes Requiring a Licensed CMO

A CMO must be a holder of a CMO licence in the FIM World Championships and Prizes as listed in the current FIM Seminar Guidelines.

# 09.4.3 FIM World Championships & Prizes for which the Chief Medical Officer is required to hold a CMO Superlicence

A CMO must be holder of a CMO Superlicence in the FIM World Championships and Prizes listed in the FIM Seminar Guidelines.

New CMO must follow the learning requirements described in the FIM Seminar Guidelines to obtain the CMO Superlicence.

The CMI could request any CMO to follow the learning requirements foreseen in the FIM Seminar Guidelines if they deem it necessary.

The CMI reserves the right to withhold a CMO Superlicence until they deem necessary.

# 09.4.4 Medical Director (GP)

The Medical Director will be appointed by the contractual partner.

In FIM Circuit Racing GP WC his duties shall be:

- 1. The CMO's point of reference for all medical aspects during the week of the race, as well as the months before during its preparation in collaboration with the FIM Medical Officer (GP).
- 2. To ensure that all aspects of the medical service including the local medical service, MotoGP™ Health Center and the FIM Medical Intervention Team are to the required standards.
- 3. To be able to communicate at all times with all elements of the medical service in order to be fully informed of any medical issues.



- 4. To inspect the circuit with the CMO, FIM Medical Officer (GP), Clerk of the Course and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session or race each day to ensure that all medical facilities and staff including the Medical Centre are ready to function and in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the CMO, FIM Medical Officer (GP), Race Director and FIM Safety Officer.
- 5. To receive from the CMO a signed copy of the FIM Circuit Medical Report Form and the medical plan as agreed during the FIM Medical Homologation and to ensure that the facilities comply with it.
- 6. To ensure in collaboration with the FIM Medical Officer (GP) and CMO that all necessary steps are taken to address any deficiencies in the medical plan or performance of the medical responses.
- 7. To inform the Race Director in consultation with the FIM Medical Officer (GP) and CMO of any situations where it may be necessary to stop the event in order to deploy the medical intervention vehicles.
- 8. To in conjunction with the FIM Medical Officer (GP) and CMO ensure that the intervention in the event of an injured rider is adequate, timely and appropriate.
- 9. To participate as necessary with the CMO and the FIM Medical Officer (GP) in decisions regarding riders who have been injured and who wish to compete and there is uncertainty as to their medical fitness to do so.
- 10. To assist the FIM Medical Officer (GP) in ensuring the requirements of the FIM Medical code are met.
- 11. To meet with the CMO and the FIM Medical Officer (GP) every morning after the medical review, and every afternoon after the official activity has ended to discuss the medical interventions and the status of any injured riders.
- 12. Evaluation of the interventions should include video of the performance of the medical activity. Such evaluation will then be included in and inform the subsequent briefing of the medical personnel by the CMO.
- 13. To visit the designated hospital for a first event or if there is a change in the designated hospital to ensure the services provided are in accordance with the FIM Medical Code.
- 14. Must liaise with the FIM Medical Officer (GP) and CMO during the year before the event to manage and improve the medical service in any way necessary and ensure the requirements of the FIM Medical Code are completely respected.



# 09.4.5 FIM WorldSBK Medical Director

The FIM WorldSBK Medical Director will be a member of the FIM Medical Commission appointed by the FIM in consultation with the Contractual Partner.

The duties of the FIM WorldSBK Director shall be:

- 1. The CMO's point of reference for all medical aspects during the week of the race, as well as the months before during its preparation.
- 2. To ensure that all aspects of the medical service including the local medical service, the Clinica Mobile are to the required standards.
- 3. To be able to communicate at all times with all elements of the medical service in order to be fully informed of any medical issues.
- 4. To inspect the circuit with the CMO, Clerk of the Course and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session or race each day to ensure that all medical facilities and staff including the Medical Centre are ready to function are in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the CMO, Race Director, FIM Safety Officer, and FIM Medical Representative.
- 5. To receive from the CMO a signed copy of FIM Circuit Medical Report Form, and the medical plan as agreed during the FIM Medical Homologation and to ensure that the facilities comply with it.
- 6. To ensure in collaboration with the FIM Medical Representative and CMO that all necessary steps are taken to address any deficiencies in the medical plan or performance of the medical responses.
- To be present in Race Control when motorcycles are on the track to observe the performance of the medical responses and to direct and advise the CMO and Race Direction accordingly.
- 8. To inform the Race Director in consultation with the CMO of any situations where it may be necessary to stop the event in order to deploy the medical intervention vehicles.
- 9. To ensure in conjunction with the CMO that the intervention in the event of an injured rider is adequate, timely and appropriate.
- 10. To participate as necessary with the CMO and the FIM Medical Representative in decisions regarding riders who have been injured and who wish to compete and there is uncertainty as to their medical fitness to do so.
- 11. To attend Event Management Committee meetings.
- 12. To assist the FIM Medical Representative in ensuring the requirements of the FIM Medical code are met.



- 13. To obtain from the CMO at the end of each practice session or race a list of fallen riders and to ensure that the list of medically unfit riders held by the CMO is up to date to ensure medically unfit riders are not allowed on the circuit.
- 14. To meet with the CMO every morning after the medical review, and every afternoon after the official activity has ended to discuss the medical interventions and the status of any injured riders. Evaluation of the interventions should include video of the performance of the medical activity. Such evaluation will then be included in and inform the subsequent briefing of the medical personnel by the CMO.
- 15. To visit the designated hospital for a first event or if there is a change in the designated hospital to ensure the services provided are in accordance with the FIM Medical Code.
- 16. To receive from the CMO the List of Medically Unfit riders and forward it to the CMO of the next event.
- 17. To provide a full written report to the FIM regarding the performance of the medical service and the status of the medical homologation with if necessary any recommendations required for improvement.
- 18. Must liaise with CMO during the year before the event to manage and improve the medical service in any way necessary and ensure the requirements of the FIM Medical Code are completely respected.

# 09.4.6 FIM Medical Officer (GP)

The FIM Medical Officer (GP) at an event will be a member of the FIM Medical Commission.

The duties of the FIM Medical Officer (GP) will be:

- 1. The CMO's point of reference for all medical aspects during the week of the race, as well as the months before during its preparation in collaboration with the Medical Director.
- 2. To represent and be responsible to the FIM and the FIM International Medical Commission.
- To undertake as required medical assessments for the FIM Medical Homologation of the circuit and to make relevant recommendations accordingly.
- 4. To visit the designated hospital for a first event or if there is a change in the designated hospital to ensure the services provided are in accordance with the FIM Medical Code.
- 5. To receive and review the CMO Medical Questionnaire in advance of the event to confirm it is in compliance with the FIM Medical Homologation and the FIM Medical Code.



- 6. To ensure the medical service provision is in accordance with the requirements of the FIM Medical Code.
- 7. To inspect the circuit with the CMO, Medical Director, Clerk of the Course and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session or race each day to ensure that all medical facilities and staff including the Medical Centre are ready to function and in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the CMO, Medical Director, Race Director and FIM Safety Officer.
- 8. To be present in Race Control when motorcycles are on the track to observe the performance of the medical responses and to direct and advise the CMO and Race Direction accordingly.
- 9. To liaise with the CMO and the MotoGP™ Health Center during medical interventions and when medical care is being provided to riders.
- 10. To obtain from the CMO at the end of each practice session or race a list of fallen riders and to ensure that the list of medically unfit riders held by the CMO is up to date to ensure medically unfit riders are not allowed on the circuit.
- 11. To be in direct communication with the members of the FIM Medical Intervention Team, as well as the drivers of these vehicles.
- 12. To inform the Race Director in consultation with the CMO of any situations where it may be necessary to stop the event in order to deploy the medical intervention vehicles.
- 13. To observe and advise the application of the FIM Medical Code and make recommendations accordingly.
- 14. To inform the Chief Steward, the FIM Medical Commission, the Medical Director and if necessary the Race Direction of any medical arrangement that contravenes the FIM Medical Code.
- 15. To participate with the Medical Director and CMO in the daily medical reviews of the track to ensure that medical facilities are in accordance with the agreed medical plan and Medical Code and to report any shortcomings to the Race Director, FIM Safety Officer, Medical Director and CMO as appropriate.
- 16. To ensure in collaboration with the Medical Director and CMO the response of the medical service is fit for purpose and to the required standard on the track and in the medical centre through direct observation and in Race Control.
- 17. To ensure in collaboration with the Medical Director and CMO that all necessary steps are taken to address any deficiencies in the medical plan or performance of the medical responses.
- 18. To in conjunction with the Medical Director and CMO ensure that the intervention in the event of an injured rider is adequate, timely and appropriate.



- 19. To assist the Medical Director and CMO in ensuring the medical service provision is to the required operational standard.
- 20. To participate as necessary with the CMO and the Medical Director in decisions regarding riders who have been injured and who wish to compete and there is uncertainty as to their medical fitness to do so.
- 21. To attend Event Management Committee meetings.
- 22. Will meet with the CMO and Medical Director every morning after the medical reviews, and every afternoon after the official activity has ended to discuss the medical interventions and the status of any injured riders. Evaluation of the interventions should include video of the performance of the medical activity. Such evaluation will then be included in and inform the subsequent briefing of the medical personnel by the CMO.
- 23. To provide a full written report to the FIM regarding the performance of the medical service and the status of the medical homologation with if necessary any recommendations required for improvement.
- 24. To provide a full written report to the CMO with an evaluation of the Medical Service during the weekend. The report should include aspects requiring improvement prior to the next race and reflect good practice by the medical service during the event.
- 25. To receive from the CMO the List of Medically Unfit riders and forward it to the CMO of the next event.
- 26. Must liaise with the Medical Director and CMO during the year before the event to manage and improve the medical service in any way necessary and ensure the requirements of the FIM Medical Code are completely respected.

#### 09.4.7 FIM JuniorGP Medical Director

The FIM JuniorGP Medical Director will be a member of the FIM Medical Commission appointed by the FIM in consultation with the Contractual Partner.

The duties of the FIM Moto3 Junior Medical Director shall be:

- 1. The CMO's point of reference for all medical aspects during the week of the race, as well as the months before during its preparation.
- 2. To ensure that all aspects of the medical service are to the required standards.
- 3. To be able to communicate at all times with all elements of the medical service in order to be fully informed of any medical issues.



- 4. To inspect the circuit with the CMO, Clerk of the Course and Race Director no later than 30 minutes before the first official practice session or race each day to ensure that all medical facilities and staff including the Medical Centre are ready to function in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the CMO, Race Director, FIM Safety Officer and FIM Stewards.
- 5. To receive from the CMO a signed copy of FIM Circuit Medical Report Form, and the medical plan as agreed during the FIM Medical Homologation and to ensure that the facilities comply with it.
- 6. To ensure in collaboration with the CMO that all necessary steps are taken to address any deficiencies in the medical plan or performance of the medical responses.
- 7. To be present in Race Control to observe the performance of the medical responses and to direct and advise the CMO and Race Direction accordingly unless required elsewhere for example in the Medical Centre to observe and if necessary and appropriate to assist in the assessment and management of injured riders.
- 8. To inform the Race Director in consultation with the CMO of any situations where it may be necessary to stop the event in order to deploy the medical intervention vehicles.
- 9. To ensure in conjunction with the CMO that the intervention in the event of an injured rider is adequate, timely and appropriate.
- 10. To participate as necessary with the CMO in decisions regarding riders who have been injured and who wish to compete and there is uncertainty as to their medical fitness to do so.
- 11. To attend Event Management Committee and Race Direction meetings.
- 12. To assist in ensuring the requirements of the FIM Medical Code are met.
- 13. To obtain from the CMO at the end of each practice session or race a list of fallen riders and to ensure that the list of medically unfit riders held by the CMO is up to date to ensure medically unfit riders are not allowed on the circuit.
- 14. To meet with the CMO every morning after the medical review, and every afternoon after the official activity has ended to discuss the medical interventions and the status of any injured riders.
- 15. Evaluation of the interventions should include video of the performance of the medical activity. Such evaluation will then be included in and inform the subsequent briefing of the medical personnel by the CMO.
- 16. To visit the designated hospital for a first event or if there is a change in the designated hospital to ensure the services provided are in accordance with the FIM Medical Code requirements.



- 17. To receive from the CMO the List of Medically Unfit riders and forward it to the CMO of the next event.
- 18. To provide a full written report to the FIM regarding the performance of the medical service and the status of the medical homologation with if necessary any recommendations required for improvement.
- 19. Must liaise with CMO during the year before the event to manage and improve the medical service in any way necessary and ensure the requirements of the FIM Medical Code are completely respected.
- 20. To communicate with and forward lists of unfit riders to the FIM Medical Directors and Medical Officers in other FIM championships in which the riders also compete.

# 09.4.8 FIM Medical Representative

The FIM Medical Representative at an event will be a member of the FIM Medical Commission.

The duties of the FIM Medical Representative will be:

- 1. To represent and be responsible to the FIM and the FIM International Medical Commission.
- 2. To inspect the circuit with the CMO, Medical Director, Clerk of the Course and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session or race each day to ensure that all medical facilities and staff including the Medical Centre are ready to function and in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the CMO, Medical Director, Race Director and FIM Safety Officer.
- 3. To visit the designated hospital for a first event or if there is a change in the designated hospital to ensure the services provided are in accordance with the FIM Medical Code.
- To receive and review the CMO Medical Questionnaire in advance of the event to confirm it is in compliance with the FIM Medical Homologation and the FIM Medical Code.
- 5. To ensure the medical service provision is in accordance with the requirements of the FIM Medical Code.
- 6. To observe and advise the application of the FIM Medical Code and make recommendations accordingly.
- 7. To inform the Chief Steward, the International Jury, the FIM Medical Commission, the Medical Director, and if necessary the Race Direction of any medical arrangement that contravenes the FIM Medical Code.



- 8. To participate with the Medical Director, and CMO in the daily medical reviews of the track to ensure that medical facilities are in accordance with the agreed medical plan and Medical Code and to report any shortcomings to the Race Director, FIM Safety Officer, Medical Director and CMO as appropriate.
- 9. To ensure in collaboration with the Medical Director and CMO the response of the medical service is fit for purpose and to the required standard on the track and in the medical centre through direct observation and in Race Control.
- 10. To ensure in collaboration with the Medical Director and CMO that all necessary steps are taken to address any deficiencies in the medical plan or performance of the medical responses.
- 11.To in conjunction with the Medical Director and CMO ensure that the intervention in the event of an injured rider is adequate, timely and appropriate.
- 12. To assist the Medical Director and the CMO in ensuring the medical service provision is to the required operational standard.
- 13. To participate as necessary with the CMO and the Medical Director in decisions regarding riders who have been injured and who wish to compete and there is uncertainty as to their medical fitness to do so.
- 14. To attend Event Management Committee, and International Jury meetings.
- 15. To provide a full written report to the FIM regarding the performance of the medical service and the status of the medical homologation with if necessary any recommendations required for improvement.

See also Article 09.6

# 09.4.9 FIM Medical Director in FIM MXGP & MX2 Events

The FIM Medical Director at an event will be a member of the FIM Medical Commission and is appointed by the Director of the Medical Commission in consultation with the Director of the Motocross Commission.

#### A. Overall Role and Responsibilities

The duties of the FIM Medical Director at an MX event shall be:

- 1. To receive from the CMO a signed copy of the Circuit CMO Questionnaire (appendix F) and to ensure that the facilities comply with it.
- 2. To inspect the circuit with the CMO and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session and at least 15 minutes before the start of subsequent session or race each day to ensure that all medical facilities and staff including the Medical Centre are ready to function and in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the CMO, Race Director and FIM Delegate.



- To obtain from the CMO at the end of each practice session or race a list of injured competitors and to ensure that the list of unfit competitors established by the Medical Director is up to date to ensure unfit competitors are not allowed on the circuit.
- 4. To attend serious incidents with the CMO or his nominated deputy and render such assistance as may be necessary and to deal with any issues with the medical service around the circuit. A motorcycle or quad if possible should be provided to facilitate this.
- 5. To observe the promptness and appropriateness of rescue actions and interventions during the event. Whenever possible the Medical Director should be able to watch each race on television with the Race Director to ensure maximum coverage and facilitate rapid decision making.
- 6. To examine with CMO all competitors listed as injured (Unfit Competitors/Riders List) who wish to compete and to assess and agree their fitness to do so.
- 7. To attend meetings of the Race Direction.
- 8. To observe and advise regarding the appropriate application of the Medical Code.
- 9. To inform the Race Direction, and if necessary the FIM Medical Commission of any medical arrangement that contravenes the FIM Medical Code.
- 10. To advise regarding the fitness to compete, or otherwise, of an injured competitor.

#### B. Rules of Engagement

- 1. The Medical Director will work in co-operation with the Race Director and FIM Delegate.
- 2. The Medical Director will report to the Race Director and FIM Delegate any necessary interventions regarding the medical service.
- 3. The Medical Director is the final arbiter in relation to medical issues at the event.
- 4. The Medical Director is independent of the promoter, the organizer and the teams.
- 5. The Medical Director is a member of the FIM International Medical Commission.
- 6. The Medical Director is responsible to the FIM.
- 7. The Medical Director is not responsible for the treatments of the medical service but will ensure that it is sufficient, appropriate and in accordance with the FIM Medical Code.



- 8. The Medical Director will report any concerns or deficiencies relating to the event medical service provision to the Race Director and FIM Delegate and present proposals to resolve such concerns.
- 9. In extreme circumstances the Medical Director may in collaboration with the Race Director propose to the Event Management to delay the practice sessions or races or in exceptional circumstances recommend its cancellation.
- 10. The CMO has the overall responsibility for the medical service.
- 11. In any case of uncertainty, the Medical Director will contact the Director of the FIM Medical Commission or a medical colleague of the Bureau of the FIM Medical Commission.
- 12. The Medical Director will send the list of fit and unfit riders to the Medical Commission Coordinator and other relevant officials for onward transmission to the CMO at the following event.
- 13. The Medical Director will be provided with accident and injury statistics from each event and forward these to the CMI Coordinator for collation.
- 14. The Medical Director will provide a report to the CMS & CMI Coordinators, CMI Director, CMS Director, Race Director and the Promoter following each event.
- 15. The Medical Director is available for medical questions and advice for riders, teams and the Promoter and other and will liaise with the CMO and the local medical services on their behalf.
- 16. The Medical Director will if necessary attend the hospital to ensure the prompt and appropriate treatment of riders and officials if required and to ascertain the arrangements for repatriation.
- 17. The Medical Director will ensure that arrangements are in place to receive information and updates from the hospitals regarding the condition of injured riders.
- 18. The Medical Director will provide advice regarding anti-doping requirements to the riders, their doctors, their teams and the CMO.

The overall aim of the Medical Director is to ensure that all participants are provided with rapid, appropriate and all necessary medical care of the highest standard at each event.

This list is not exhaustive and also includes any other duties that are required to ensure the safety and wellbeing of the participants and to ensure the event medical service is in accordance with the FIM Medical Code.

#### C. Other Duties, Roles and Responsibilities Before and During an Event

1. Prior to the event the Medical Director must receive the CMO Questionnaire as required by and in accordance with the FIM Medical Code.



- 2. Any injured rider must first be seen and assessed by the official event medical service and CMO for emergency treatment and be declared fit or unfit to compete as appropriate. He may then attend any other doctor of his choice. If the CMO advises against this, the rider must sign a declaration that he is seeking other advice and treatment (Appendix C). If necessary the Medical Director is able to overrule the CMO.
- 3. Any rider, who, after treatment by a doctor not part of the event medical service, wishes to ride, must first obtain authorization for this from the CMO of the event or his deputy, who should consider any recommendation by the doctor treating him. A full report has to be given in writing to the Medical Director.

#### D. Friday

The following times may be subject to change

- a) 14:00 hours: meeting between CMO and Medical Director.
- b) 15:00 hours: participate in inspection of the track.
- c) 16.30 hours: hold final meeting and pre-briefing with CMO.
- d) 17:00 hours: attend organizers meeting.
- e) 17:30 hours: control of medically unfit riders.
- f) 18:00 hours: visit local hospitals (if necessary).
- g) To review the FIM Circuit Medical Report Form and ensure the medical service provision is in compliance (app. F).
- h) To check Medical Centre, equipment, facilities and personnel.
- i) To check equipment of Ground Posts (radio communication, type of stretcher, cervical immobilization equipment etc.).
- i) To check types of ambulances and their equipment.
- k) To check anti-doping facilities.
- I) To check circuit and route maps and evacuation roads.
- m) To check "List of Medically Unfit Riders".
- n) To remind CMO of requirements of FIM Medical Code.
- o) To confirm all arrangements with the hospitals are in place and confirmed.
- p) To report any shortcomings to the Race Director and FIM Officials.
- q) To be present at and participate in the meeting with organizer.
- r) To check the helicopter landing area.



#### E. Saturday

- a) Together with CMO attend briefing for medical personnel.
- b) Inspect the ground posts, ambulances and Medical Center at least 30 minutes before the start of the first session.
- c) If necessary brief CMO to make final changes on the track.
- d) Final checks made by Medical Director during practice.
- e) CMO to inform the Medical Director about any incidents and interventions at the track and in the Medical Center and any referrals to hospital.
- f) The Medical Director will join all Race Direction meetings during the day.
- g) To examine with CMO all riders listed as injured, who wish to compete to assess and advise regarding their medical fitness to do so.
- h) To obtain from the CMO at the end of each day a list of injured riders.
- i) To attend serious incidents with CMO.
- j) To receive copy of "List of Medically Unfit Riders" from CMO.

#### F. Sunday

- a) Together with CMO attend briefing for medical personnel.
- b) Inspect the ground posts, ambulances and Medical Center at least 30 minutes before the start of the first session.
- c) If necessary brief CMO to make final changes on the track.
- d) Final checks made by Medical Director during practice.
- e) CMO to inform the Medical Director about any incidents and interventions at the track and in the Medical Center and any referrals to hospital.
- f) The Medical Director will join all Race Direction meetings during the day.
- g) To examine with CMO all riders listed as injured, who wish to compete to assess and advise regarding their medical fitness to do so.
- h) To obtain from the CMO at the end of each day a list of injured riders.
- i) To attend serious incidents with CMO.
- j) To receive copy of "List of Medically Unfit Riders" from CMO.
- k) The Medical Director will receive a list of unfit riders during the final meeting of Race Direction from the CMO.



 The Medical Director will forward the "List of Unfit riders" to the CMO and Medical Director of the next event.

#### 09.4.10 Speedway Grand Prix FIM Medical Delegate – Duties

Beside their usual FIM duties (verification of the medical facilities, ambulances and anti-doping facilities at the stadium and hospital), the SGP Medical Delegate who is appointed by the FIM must:

- a) Attend all the Jury Meetings and wear FIM clothing.
- b) Work in close collaboration with the FMNR Medical staff during the practice and the competition inside the medical rooms or at medical points.
- c) Be present at all the riders' briefings, MUST speak ENGLISH.
- d) Be the Anti-doping Site Coordinator if needed.
- e) Be available for the SGP riders anytime from the signing on until the validation of the results for any questions related to the medical / doping issues or health matters.
- f) Be present in the pits during the practice and race in order to be reachable by the riders or Medical delegates.
- g) Observe and advise the Medical Team (CMO) when there is a crash (Practice/Race).
- h) Observe and advise on the application of the Medical Code and STRC (red book), please refer to 079.8.1 and 079.8.2.
- i) If necessary, make a written report to the CMI director and the CCP director regarding the event visited, report on how he felt the local Medical staff handled the different situations, suggest future improvements to be made.

#### 09.4.11 FIM Endurance Medical Director

The FIM Endurance Medical Director at an event will be a member of the FIM Medical Commission.

- 1. The responsibilities of the FIM Endurance Medical Director will be:
  - a) To represent and be responsible to the FIM and the FIM International Medical Commission.
  - b) To work in co-operation with the Race Director and other FIM Officials including the FIM Safety Officer, FIM Jury President, FIM Jury Members, FIM Technical Director and FIM Stewards
  - c) To report to the Race Director and FIM Officials any necessary interventions regarding the medical service.



- d) To be responsible for liaison with the appointed CMO for the event to ensure compliance with the Medical Code.
- e) To be the final arbiter in relation to medical issues at the event.
- f) To ensure that all aspects of the medical service including the local medical service are to the required standards.
- g) To ensure the medical service provision is in accordance with the requirements of the FIM Medical Code.
- h) To observe and advise the application of the FIM Medical Code and make recommendations accordingly.
- i) To inform the Chief Steward, the International Jury, the FIM Medical Commission, and if necessary the Race Direction of any medical arrangement that contravenes the FIM Medical Code.
- j) To assist the CMO in ensuring the medical service provision is to the required operational standard.
- k) To attend Event Management Committee and International Jury meetings.
- To provide a full written report to the FIM regarding the performance of the medical service and the status of the medical homologation with if necessary any recommendations required for improvement.
- 2. The duties of the FIM Endurance Medical Director will be:
  - a) The CMO's point of reference for all medical aspects during the week of the race, as well as the months before during its preparation.
  - b) To be able to communicate at all times with all elements of the medical service in order to be fully informed of any medical issues.
  - c) To inspect the circuit with the CMO, Clerk of the Course and Race Director the day before the first practice session. A further check will be made no later than 30 minutes before the first practice session or race each day to ensure that all medical facilities and staff including the Medical Centre are ready to function are in accordance with the agreed medical plan and the Medical Code, and to report any shortcomings to the CMO, Race Director and FIM Safety Officer.
  - d) To receive from the CMO a signed copy of FIM Circuit Medical Report Form, and the medical plan as agreed during the FIM Medical Homologation and to ensure that the facilities comply with it.
  - e) To ensure in collaboration with the CMO that all necessary steps are taken to address any deficiencies in the medical plan or performance of the medical responses.



- f) To be present in Race Control when motorcycles are on the track to observe the performance of the medical responses and to direct and advise the CMO and Race Direction accordingly.
- g) To inform the Race Director in consultation with the CMO of any situations where it may be necessary to stop the event in order to deploy the medical intervention vehicles.
- h) To ensure in conjunction with the CMO that the intervention in the event of an injured rider is adequate, timely and appropriate.
- To participate as necessary with the CMO in decisions regarding riders who have been injured and who wish to compete and there is uncertainty as to their medical fitness to do so.
- j) To obtain from the CMO at the end of each practice session or race a list of fallen riders and to ensure that the list of medically unfit riders held by the CMO is up to date to ensure medically unfit riders are not allowed on the circuit.
- k) To meet with the CMO every morning after the medical review and every afternoon after the official activity has ended to discuss the medical interventions and the status of any injured riders. Evaluation of the interventions should include video of the performance of the medical activity. Such evaluation will then be included in and inform the subsequent briefing of the medical personnel by the CMO.
- To visit the designated hospital for a first event or if there is a change in the designated hospital to ensure the services provided are in accordance with the FIM Medical Code.
- m) To receive from the CMO the List of Medically Unfit riders and forward it to the CMO of the next event.
- n) Must liaise with CMO during the year before the event to manage and improve the medical service in any way necessary and ensure the requirements of the FIM Medical Code are completely respected.

#### 09.4.12 Other Doctors

- a) Any injured rider must first be seen and assessed by the official event medical personnel for emergency treatment and be declared medically fit or unfit to compete as appropriate. He may then attend any other doctor of his choice. If the CMO advises against this, the rider must sign a declaration that he is seeking other advice and treatment (Appendix C).
- b) Any rider, who, after treatment by a doctor not part of the event team, wishes to compete, must first obtain authorisation for this from the CMO of the event or his deputy, who should be provided with a report of any investigations or interventions and consider any recommendation by the doctor treating the rider.



#### 09.4.13 Medical Intervention Team (GP)

- a) In order to ensure the highest standard of immediate medical care to injured riders two vehicles type A (Medical Intervention Vehicles) with a professional driver will be provided by the promoter at all races. Their role will be the provision of immediate trackside medical assistance in the event of serious injury, until transfer to the medical centre or hospital. These vehicles must be in position for any session to start.
- b) The personnel of these vehicles must be present the day before the start of the event for the track inspection as well as the scenario-based demonstration and training. The personnel of these vehicles will be in direct communication with the CMO, Medical Director and/or FIM Medical Officer (GP) throughout the event.

#### 09.4.13.1 FIM Medical Intervention Team Personnel (GP)

## a) Doctors can participate as members of the Medical Intervention Team, if they:

- 1. are fully qualified, registered and licensed medical practitioners.
- 2. have a specialist qualification in a relevant medical specialty such as anaesthetics (anaesthesiology), intensive care medicine, emergency medicine, pre-hospital emergency care, trauma medicine etc.
- 3. have a minimum of 5 years relevant specialist experience and training.
- 4. have appropriate medical malpractice insurance for the country in which the event is taking place.
- 5. can provide evidence of ongoing involvement in resuscitation and provision of emergency and acute care to patients with significant trauma in a hospital or out of hospital environment.
- 6. can provide evidence of ongoing professional development and training in the management of patients with polytrauma.
- 7. can communicate in English.
- 8. must participate in the Medical Intervention Simulation and training following the track inspection on the day prior to the first practice session of the event in which they will take part.

## b) Nurses and paramedics can participate as members of the Medical Intervention Team if they:

- 1. are fully professionally qualified and registered.
- 2. have a specialist qualification in a relevant specialty such as anaesthetics (anaesthesiology), intensive care medicine, emergency medicine, pre-hospital emergency care, trauma medicine etc.



- 3. have a minimum of 5 years' experience in a relevant specialty.
- 4. have appropriate medical malpractice insurance for the country in which the event is taking place.
- 5. can provide evidence of ongoing involvement in resuscitation and provision of emergency and acute care to patients with significant trauma in a hospital or out of hospital environment.
- 6. can provide evidence of ongoing professional development and training in the management of patients with polytrauma.
- 7. can communicate in English.
- 8. must participate in the Medical Intervention Simulation and training following the track inspection on the day prior to the first practice session of the event in which they will take part.

#### 09.4.13.2 Deployment of FIM Medical Intervention Vehicles (GP)

- a) The FIM Medical Intervention vehicles will be deployed by the Race Director when the race or practice session is interrupted following the display of the red flag on the recommendation of and in consultation with the CMO, FIM Medical Officer (GP) or Clerk of the Course.
- b) When a rider is unconscious or suspected of having a spinal or other serious injuries and will require prolonged trackside medical intervention such information must be immediately communicated by ground post personnel to the CMO who will immediately inform the Race Director that a red flag is required. Once the red flag has been established in a situation as described above the FIM Medical Intervention Vehicles will always be deployed by the Race Director.
- c) When the FIM Medical Intervention Vehicles are deployed, the ground post staff will provide treatment without moving or transferring the rider. Once the FIM Medical Intervention Vehicles have arrived, the ground post staff will provide assistance to the FIM Medical Intervention Team.

#### 09.4.14 Clinica Mobile

For many years the CLINICA MOBILE, and its personnel, has attended GP and WorldSBK events and has gained a considerable reputation among riders and support personnel.

The CLINICA MOBILE has treatment facilities and its personnel have considerable experience in treating riders' injuries and illnesses. Many riders prefer treatment by the CLINICA MOBILE personnel to treatment by others. The parties involved in the FIM WorldSBK Championships fully support the CLINICA MOBILE personnel and the CLINICA MOBILE will be in attendance at events with the full co-operation of event organisers and CMOs.



The CLINICA MOBILE personnel will treat those riders who wish to be treated by them only after they have been seen by the CMO or their nominated deputy. The CMO should declare riders medically fit or unfit as normal, after which they may go to the CLINICA MOBILE if they wish. The CLINICA MOBILE personnel will give a medical report to the CMO, Medical Director, FIM WorldSBK Medical Director after assessment and treatment. A rider who has been declared medically unfit to compete, who after treatment by the CLINICA MOBILE personnel then wishes to race, must present himself back to the CMO for re-examination.

A rider who prefers treatment by the CLINICA MOBILE personnel when advised by the CMO otherwise is entitled to take his own course of action, but should sign a form indicating it was against local medical advice, (see Appendix C). If the rider decides he wishes to be treated in a hospital of his own choice, the CMO, using the means at his disposal at the circuit (ambulance, helicopter, etc.), must allow the rider to reach such hospital:

i.e. the rider must be allowed to be transported by ambulance or helicopter from the circuit to the nearest airport.

One doctor from the CLINICA MOBILE will normally be present in the Medical Centre to observe when a rider is being assessed and treated. Similarly, a doctor from the CLINICA MOBILE may, when necessary and feasible, accompany an injured rider to hospital.

When it is not feasible to accompany a rider, a doctor from the CLINICA MOBILE may follow the rider to hospital.

#### 09.4.15 The MotoGP Health Center

The MotoGP Health Center is coming to the FIM GP WC from 2023 and will provide a range of preventative care and treatment, including new physiotherapy methods to help riders recover from and prepare for their time on track.

The full MotoGP Health Center world-leading facility will be on the ground at every Grand Prix in Europe, and the same roster of treatments, staff and services will be available throughout seasons.

#### 09.4.16 Centre Medical Mobile

The CENTRE MEDICAL MOBILE and its personnel have attended Motocross events and have gained a considerable reputation over many years among riders and support staff.

The CENTRE MEDICAL MOBILE has X-Ray, ultrasound and treatment facilities. Its staff has considerable experience in treating riders' injuries and illnesses. Many riders may prefer treatment by the CENTRE MEDICALE MOBILE staff to treatment by others.

The parties involved in the FIM MXGP & MX2 World Championships fully support the CENTRE MEDICAL MOBILE staff and the CENTRE MEDICAL MOBILE will be in attendance at events with the full co-operation of the FIM, event organisers and CMOs.



The CMO must declare riders medically fit or unfit. The CENTRE MEDICAL MOBILE staff will treat those riders who wish to be treated by them.

The CENTRE MEDICAL MOBILE staff will give a medical report to the CMO after assessment and treatment. A rider who has been declared medically unfit to race, who after treatment by the CENTRE MEDICAL MOBILE staff then wishes to compete, must present himself back to the CMO for re- examination.

#### 09.4.17 Qualification of Medical Personnel

#### 09.4.17.1 Qualification of Doctors

Any doctor participating at a motorcycle event who will provide initial medical interventions to an injured rider either at the trackside, in the Medical Centre or during transport to hospital:

- 1. Must be a fully qualified and registered medical practitioner.
- 2. Must be authorised to practice in the relevant country or state, (see also art. 09.4.1).
- 3. Must be qualified in and able to carry out emergency treatment and resuscitation.

#### 09.4.17.2 Qualification of Paramedics (or equivalent)

Any paramedic (or equivalent) participating at a motorcycle event:

- 1. Must be fully qualified and registered as required by the relevant country or state.
- 2. Must be experienced in emergency care.

#### 09.4.17.3 Identification of Medical Personnel

- a) All medical personnel must be clearly identified.
- b) All doctors and paramedics must wear a garment clearly marked with "DOCTOR" or "DOCTEUR" and "MEDICAL" respectively, preferred in red on a white background on the back and on the front.

#### 09.5 MEDICAL EQUIPMENT

#### 09.5.1 Vehicles

#### 09.5.1.1 Definition of Vehicles

Vehicles are defined as follows:

Type A: A vehicle for rapid intervention at accident areas to give the injured immediate assistance for respiratory and cardio-circulatory resuscitation. This vehicle should have "MEDICAL" clearly marked on it in large letters. The type of vehicle used should be appropriate for this purpose in the relevant discipline.



- Type B:A highly specialised vehicle for the provision of advanced treatment, transport and can serve as a mobile resuscitation centre.
- Type C: A vehicle capable of transporting an injured person on a stretcher in reasonable conditions.

#### 09.5.1.2 Equipment for Vehicle Type A (Medical Intervention Vehicle)

#### A. Personnel:

#### Type A1:

- 1. a driver, experienced in driving the Type A vehicle and familiar with the course.
- 2. a doctor, experienced in emergency care.
- 3. a second doctor or paramedic (or equivalent), experienced in emergency care.

#### Type A2:

- 1. a driver, experienced in driving the Type A vehicle and familiar with the course.
- 2. paramedics (or equivalent) experienced in emergency care.

#### B. Medical equipment:

- 1. Portable oxygen supply
- 2. Manual ventilator
- 3. Intubation equipment
- 4. Suction equipment
- 5. Intravenous infusion equipment
- 6. Equipment to immobilise limbs and spine (including cervical spine)
- 7. Sterile dressings
- 8. ECG monitor and defibrillator
- 9. Drugs for resuscitation and analgesia /IV fluids
- 10. Sphygmomanometer and stethoscope

#### C. Other equipment:

1. A method e.g. protective canvas / tarpaulins in order to screen the rider or the accident scene from public view.

Equipment should be easily identified and stored in such a way that it can be used at ground level at the trackside.



#### D. Technical equipment:

- 1. Radio communication with Race Control and the CMO
- 2. Visible and audible signals
- 3. Equipment to remove suits and helmets

#### For GP and WorldSBK World Championships:

The minimum number of medical intervention vehicles is 2. In the case of an accident during the warm up lap or first lap of the race, the medical intervention vehicles should not stop unless instructed to do so by the Race Director.

#### 09.5.1.3 FIM Medical Intervention Team (GP)

The promoter will provide type A vehicles with a professional driver, for which the local medical service will provide the personnel and equipment.

#### A. Personnel:

- 1. a driver experienced in driving the vehicle will be provided by the promoter.
- 2. a doctor experienced in resuscitation and the provision of immediate emergency care and a holder of the relevant FIM Medical Intervention Team Licence. Refer to 09.4.11.1 above.
- 3. a nurse or paramedic experienced in resuscitation and the provision of immediate emergency care and a holder of the relevant FIM Medical Intervention Team Licence. Refer to 09.4.11.1 above.

#### B. Medical equipment:

- 1. Portable oxygen supply
- 2. Basic and Advanced Airway Management including intubation and surgical airway interventions
- 3. Suction equipment
- 4. Manual ventilator such as BVM and associated equipment
- 5. Equipment for chest decompression
- 6. Equipment for vascular access, infusion, circulatory support and haemorrhage control
- 7. Cardiac Monitor and Defibrillator
- 8. Blood pressure monitoring equipment
- 9. Equipment to immobilise limbs and spine (including cervical spine)



- 10. Sterile dressings
- 11. Drugs for resuscitation, intubation, anaesthesia, sedation, analgesia and intravenous fluids
- 12. Equipment to remove race suits and helmets
- 13. The provision of necessary medications and equipment will be the responsibility of the local medical service.
- 14. Only material necessary for the provision of medical care is permitted in FIM Medical Intervention Team vehicles. Other materials such as food etc. is not permitted at any time.
- 15. Equipment should be easily identified, portable and stored in such a way that it can be used at ground level at the trackside.
- 16. The equipment must be presented for review and familiarisation during the afternoon following the track safety inspection.

#### C. Technical equipment:

- 1. Radio communication with Race Control, the CMO and Medical Director
- 2. Visible and audible signals

#### 09.5.1.4 Equipment for Vehicle Type B

#### A. Personnel:

#### Type B1:

- 1. A driver
- 2. A doctor experienced in emergency care
- 3. Paramedics or equivalent

#### Type B2:

- 1. A driver
- 2. Two paramedics or equivalent experienced in emergency care

#### B. Medical equipment:

- 1. Portable oxygen supply
- 2. Manual and an automatic ventilator
- 3. Intubation equipment
- 4. Suction equipment



- 5. Intravenous infusion equipment
- 6. Equipment to immobilise limbs and spine (including cervical spine)
- 7. Sterile dressings
- 8. Thoracic drainage / chest decompression equipment
- 9. Tracheotomy / surgical airway equipment
- 10. Sphygmomanometer and stethoscope
- 11. Stretcher
- 12. Scoop stretcher
- 13. ECG monitor and defibrillator
- 14. Pulse oximeter
- 15. Drugs for resuscitation, analgesia and IV fluids

#### C. Technical equipment:

- 1. Radio communication with Race Control and the CMO
- 2. Visible and audible signals
- 3. Equipment to remove suits and helmets
- 4. Air conditioning and refrigerator are recommended

#### For FIM GP and WorldSBK World Championships:

1 such ambulance must be on stand by at the medical centre.

#### 09.5.1.5 Equipment for Vehicle Type C

#### A. Personnel:

1. Two ambulance personnel or paramedics of whom one would be the driver and the other would be a person capable of giving first aid.

#### B. Medical equipment:

- 1. Stretcher
- 2. Oxygen supply
- 3. Equipment to immobilise limbs and spine (including cervical spine)
- 4. First aid medicaments and materials



#### C. Technical equipment:

- 1. Radio communication with Race Control and the CMO
- 2. Visible and audible signals

#### 09.5.2 Helicopter

- a) A helicopter, which is normally required, must be fully equipped with adequate personnel and equipment and be appropriately licensed for the relevant country and flown by an experienced pilot familiar with medical air evacuation and the potential landing sites. The medical personnel doctor and paramedic(s) or equivalent should be qualified in and able to carry out emergency treatment and resuscitation. The helicopter should be of a design and size that will allow continuing resuscitation of an injured rider during the journey. It should be positioned close to the Medical Centre such that an ambulance journey between Medical Centre and helicopter is not necessary (compulsory in FIM Circuit Racing GP, WorldSBK World Championships, Endurance WC and ISDE) or depending on the legislation of the relevant country and the location of the event be available "on call" 20 minutes or less away from call time to landing at the venue.
- b) By exception, in WorldSBK Championship following consultation between the CMO, FIM WorldSBK Medical Director and FIM Medical Representative if there is a hospital which has been accepted by the FIM for the management of significant trauma with an agreement in place to treat injured riders 20 minutes or less by road under emergency driving conditions from the circuit, a helicopter may not be required to be present for that event providing adequate vehicles type B are available.

In FIM Circuit Racing GP, WorldSBK WC, it is permissible for the helicopter to leave the circuit to transfer an injured rider to hospital without the need to stop the event with the agreement of the Chief Medical Officer, Medical Director, FIM WorldSBK Medical Director, FIM Medical Officer (GP) and Race Director providing that it will have returned to the circuit within the time required to prepare a further rider for transfer by helicopter. If the distance to hospital by air or severe weather does not permit this a further helicopter "on site" may be required.

- c) In these circumstances or if the weather conditions or other factors prevent the use of the helicopter after consultation between the CMO, Medical Director, FIM WorldSBK Medical Director, FIM Medical Officer (GP) and FIM Medical Representative further transfers may be undertaken by road by emergency ambulance providing the hospital is in reasonable distance. The designated hospital should normally be within 20 minutes by air and 45 minutes by road.
- d) If the hospital is not within a reasonable distance of the event and transfer by helicopter is not possible, consideration should be given to stopping the event.
- e) To ensure the availability of a helicopter at all times during the event, it is recommended that 2 helicopters be available.



f) At some events and disciplines, such as cross country rallies a helicopter can be used as a type A vehicle in which case the numbers should be sufficient to provide assistance with the minimum of delay.

#### 09.5.3 Medical Ground Posts

- a) These are placed at suitable locations and in sufficient numbers around the circuit to provide rapid medical intervention and if appropriate evacuation of the rider from danger with the minimum of delay. The personnel must have sufficient training and experience to take action autonomously and immediately in case of an accident.
- b) For protection of riders and the ground post staff, the ground post should be equipped with easily movable safety barriers and if possible protective canvas/tarpaulins in order to screen the rider or the accident scene from public view.

#### A. Personnel:

 There should be a minimum of three personnel at each medical ground post at least one of which should be a doctor or paramedic or equivalent experienced in emergency care with the others to assist them, carry equipment and act as stretcher bearers.

#### Type GP1:

- 1. A doctor experienced in resuscitation and the pre-hospital management of trauma and
- 2. First aiders or stretcher bearers

#### Type GP2:

- 1. At least one paramedic or equivalent experienced in resuscitation and the prehospital management of trauma and
- 2. Two first aiders or stretcher bearers

#### B. Medical equipment: for all disciplines

Equipment for initiating resuscitation and emergency treatment including:

- 1. Initial airway management
- 2. Ventilatory support
- 3. Haemorrhage control & circulatory support
- 4. Cervical collar
- 5. Extrication device This should be a Scoop stretcher or if not available a spinal board or equivalent.



6. Devices such as "NATO" or other canvas stretchers that require the rider to be lifted on to them are no longer acceptable.

#### C. Technical equipment: for all disciplines

- 1. Radio communication with Race Control and the CMO
- 2. Adequate shelter for staff and equipment should be available.

#### 09.5.4 Pit Lane Ground Post (Circuit Racing Only)

#### A. Personnel:

- 1. A doctor and paramedic (or equivalent) experienced in emergency care must be positioned in the pit lane.
- 2. One or more pit lane ground posts, depending on the length of the pit lane are required.

#### **B.** Medical equipment:

- 1. Airway management and intubation equipment
- 2. Drugs for resuscitation and analgesia/ IV fluids
- 3. Cervical collars
- 4. Manual respiration system
- 5. Intravenous infusion equipment
- 6. First aid equipment
- 7. Scoop stretcher or if not available a spinal board or equivalent

#### C. Technical equipment:

1. Radio communication with Race Control and the CMO

#### 09.5.5 Medical Centre

- a) Depending on the discipline, event and location, a medical centre should be available.
- b) This may be a permanent (compulsory at Circuit Racing) or temporary structure with adequate space to treat injured riders for both major and minor injuries.
- c) A hospital outside the circuit is not an alternative to the medical centre at an event.

#### 09.5.5.1 The Medical Centre Facilities & Equipment

Depending on the discipline, event and location, the medical centre should provide:



- 1. A secure environment from which the media and public can be excluded
- 2. An area for easy access, parking and exit of First Aid vehicles, preferably with a covered unloading area
- 3. A helicopter landing area nearby
- 4. One or two rooms large enough to allow resuscitation of at least two severely injured riders simultaneously (resuscitation area)
- 5. A permanent or portable digital X-ray machine, appropriate to detect usual bone injuries encountered in motorcycle sport, must be available at Circuit Racing World Championship events (GP, WorldSBK, JuniorGP and Endurance) and is recommended for all other events provided it is not prohibited by national legislation.
- 6. A room large enough to treat more than one rider with minor injuries simultaneously. It is advisable to have temporary separation available in this area, e.g. curtains or screens
- 7. A reception and waiting area
- 8. A doctor's room
- 9. A toilet and shower room with disabled access
- 10. A personnel changing room with male and female toilets
- 11. A medical personnel room for a minimum of 12 persons
- 12. Radio communication with Race Control, the CMO, ambulances and ground posts
- 13.If the medical centre has a normal electric power supply, it must also be permanently connected to its own U.P.S. (Uninterruptible Power Supply)
- 14. A water supply, heating, air-conditioning and sanitation appropriate to the country
- 15. Closed circuit TV monitor
- 16. Office facilities
- 17. A dirty utility room
- 18. Equipment storage
- 19. A security fence
- 20. Telephones
- 21. A security guard
- 22. Parking for ambulances



#### 09.5.5.2 Room Requirements

- 1. 1 resuscitation room or
- 2. 2 resuscitation rooms with a separate entrance away from the general public entrance
- 3. Minor treatment room
- 4. X-ray room
- 5. Medical personnel room
- 6. Wide corridors and doors to move patients on trolleys
- 7. Sample drawings of medical centre models are available from the FIM Executive Secretariat for reference.

#### 09.5.5.3 Equipment for Resuscitation Areas

- 1. Equipment for endotracheal intubation, tracheotomy and ventilatory support, including suction, oxygen and anaesthetic agents.
- 2. Equipment for intravenous access including cut-down and central venous cannulation and fluids including colloid plasma expanders and crystalloid solutions.
- 3. Intercostal drainage equipment and sufficient surgical instruments to perform an emergency thoracotomy to control haemorrhage.
- 4. Equipment for cardiac monitoring and resuscitation, including blood pressure and ECG monitors and a defibrillator.
- 5. Equipment for immobilising the spine at all levels.
- 6. Equipment for the splinting of limb fractures.
- 7. Drugs/IV fluids including analgesic, sedating agents, anticonvulsants, paralysing and anaesthetic agents, cardiac resuscitation drugs/IV fluids.
- 8. Equipment for the management of electrical and chemical burns such as showers and burns dressing.
- 9. Tetanus toxoid and broad spectrum antibiotics are recommended.
- 10. Equipment for diagnostic ultrasound.



11.A permanent or portable digital X-ray machine, appropriate to detect usual bone fractures in motorcycle sport, must be available at World Championship Circuit Racing events (GP, WorldSBK, JuniorGP and Endurance) and is recommended for all other events provided it is not prohibited by national legislation.

#### 09.5.5.4 Equipment for Minor Injuries Area

The area must have beds, dressings, suture equipment and fluids sufficient to treat up to three riders with minor injuries simultaneously. Sufficient stocks to replenish the area during the event must be available and sufficient doctors, nurses and paramedics or equivalent experienced in treating trauma must be available.

#### 09.5.5.5 Staff of Medical Centre

The following specialists should be immediately available in the medical centre at World Championship Circuit Racing events (GP and WorldSBK) and are recommended for all other events:

- 1. Trauma resuscitation specialist (e.g. Anaesthetist, Accident and emergency specialist, Intensive care specialist);
- 2. Surgeon experienced in trauma.
- 3. Medical personnel, nurses and paramedics (or equivalent) should be present in a sufficient number and should be experienced in resuscitation, diagnosis and treatment of seriously injured patients.

#### 09.5.5.6 Doping Test Facilities

See Anti-Doping Code.

# 09.6 MEDICAL HOMOLOGATION OF CIRCUITS (ONLY CIRCUIT RACING GP/ WORLDSBK/ ENDURANCE/ SIDECAR AND MXGP/ MX2/ MOTOCROSS OF NATIONS/ SPEEDWAY GP/ MEDICAL ASSESSMENT OF EVENTS)

- a) Circuits at which Circuits Racing FIM GP & WorldSBK World Championships, FIM Endurance, FIM MXGP, FIM MXoN, FIM Speedway GP WC events take place require medical assessment and homologation in order to hold FIM World Championship events.
- b) Circuits in other FIM World Championship events may be medically assessed and to homologated upon decision and request of the FIM CMI and/or related FIM Sport Commissions.



- c) The specific requirement for each circuit will be decided by the Assessor appointed by the FIM CMI in collaboration with the Circuit CMO, who has to be present, according to the requirements of the championships' organisers/promoters and with reference to the FIM Medical Code. A medical assessment report will be issued by the FIM Medical Assessor.
- d) Sample drawings of Medical Centre models (appendices I and J) are available from the FIM Administration for reference.
- e) The FIM also reserves the right to review such a homologation at any time. For details of the procedure, see appendix H.
- f) In those disciplines where a FIM Medical Director/Officer/Representative is normally present (currently FIM Circuit Racing GP, WorldSBK, Endurance, MXGP, MXoN and SGP WC) the medical homologation is an integral part of the overall circuit assessment and an assessment will be undertaken jointly with the relevant sporting commission representatives.
- g) For all other events at which a FIM Medical Representative is not normally present the FMNR must ensure that the CMO Questionnaire and medical plan are provided to the FIM at least 60 days prior to the event for consideration by a relevant member of the FIM Medical Commission who will provide advice concerning the proposed medical facilities for the event.

## 09.6.1 Grading of Circuit Assessments and Homologations for GP/ WorldSBK/ Endurance/ MXGP/ MXoN/ SGP

The medical assessment and homologation will be graded as follows:

A: 1 year

A medical assessment and medical homologation report will be issued.

- B: Further improvements to the medical service are required and a further medical assessment is compulsory the following year.
  - Medical assessment may be required prior to next event
  - In the event of two successive assessments resulting in grade B, the circuit will automatically be downgraded to grade C as defined below.
- C: The medical service provision does not comply with the requirements of the FIM Medical Code and further medical assessments are compulsory prior to any FIM event taking place.
  - Further medical assessment is required before any FIM event can take place until the circuit obtains at least a grade B.



## 09.6.2 Grading of Assessment and Homologations of Events for all FIM WC Events (except FIM GP/ WorldSBK/ Endurance/ MXGP/ MXoN/ SGP)

The medical assessment and homologation will be graded as follows:

A: 3 years

A medical assessment and homologation report will be issued.

B: Further improvements to the medical service are required and a further medical assessment may be carried out at the following year.

Medical assessment may be carried out before the next event.

In the event of two successive assessment resulting in grade B, the circuit will automatically be downgraded to grade C as defined below.

C: The medical service provision does not comply with the requirements of the FIM Medical Code and further medical assessment are compulsory prior to any FIM event taking place.

Further medical assessment is required before any FIM event can take place until the circuit obtains at least a grade B.

#### 09.7 MINIMUM MEDICAL REQUIREMENTS FOR EVENTS

- a) The medical service comprising of equipment, vehicles and personnel must be organised in such a way and in sufficient number to ensure that an injured rider can be provided with appropriate and all necessary emergency treatment with the minimum of delay and to facilitate their rapid transfer to further medical treatment in an appropriately equipped medical centre or definitive medical care in a hospital with the necessary facilities to deal with their injuries or illness should this be required.
- b) The CMO will therefore determine the number, location and type of vehicles, helicopter, equipment and personnel that are required to achieve this for a specific event taking into consideration the circuit and event location.
- c) The minimum medical requirements will be subject to confirmation and agreement following assessment and review by the FIM Medical Representative/Medical Director/FIM WorldSBK Medical Director/FIM Medical Officer (GP)).
- d) A doctor or doctors must be available to provide initial medical intervention directly or following initial assessment and treatment by the paramedic teams.
- e) In all cases the medical equipment and personnel must be capable of providing treatment for both serious and minor injuries in optimal conditions and with consideration for climatic conditions.



- f) In all cases, the transfer of an injured rider to a medical centre or hospital either by ambulance or by helicopter must not interfere with the event and the CMO must plan to have sufficient replacement equipment and personnel available to allow the event to continue.
- g) For clarity, the minimum number of vehicles type B (ambulances) to allow racing to continue is one (1). Should this ambulance be required to leave the event to transport an injured rider to hospital, racing must stop until it returns. In some championships, the minimum number is stated as two (2). In this case, should an ambulance be required to leave the event, racing can continue. If, however, the remaining ambulance is also required to leave, racing must stop. It is therefore strongly recommended that in order to ensure the continuity of the event that the number of ambulances present exceeds the minimum required number.
- h) The following are recommended minimum requirements for the medical services at various events and disciplines subject to the above requirements:



**09.7 Minimum Medical Requirements** 

	McGicai ixcq							
Equipment	Circuit Racing (Art. 09.7.1)	Hill Climbs (Art. 09.7.2)	Dragbike (Art. 09.7.3)	Road Racing Rallies (Art. 09.7.4)	Motocross (Art. 09.7.5)	Supercross, (Art. 09.7.6)	Supermoto Snowcross (Ar.09.7.7)	FreeStyleCross (Art. 097.8)
Vehicle Type A	х	X (art. 09.7.2)		1	1	2	1 (recommended)	
Vehicle Type B	Х	2	2	1	2	2	2	1
Vehicle Type C	х			1	X (MXGP/MX2/MXoN)			1
Pit Lane Ground Post	Х				X			
Evacuation Route	Х				X			
Ground Post	Χ				X	4	Χ	
Medical Centre	Compulsory				Recommended (Compulsory in MXGP- MX2+MXoN)	X (1 X-ray recommended)		
Helicopter	If required (compulsory in GP + WorldSBK)				Art. 09.5.2			
Doctors	X +1 CMO		1 CMO			1 CMO		



Equipment	Motoball (Art. 09.7.9)	Track Racing (Art. 09.7.10)	Trial (Art. 09.7.11)	X-Trial (Art. 09.7.12)	Hard Enduro (Art. 09.7.13)	Enduro (Art. 09.7.14)	FIM Sand Races (Art. 09.7.15)	Cross- Countries & Bajas (Art. 09.7.16)	Indoor Enduro (Art. 097.17)
Vehicle Type A			1		1	X Placed at specifically difficult points	X Placed at specifically difficult points	X 1 doctor and 1 paramedic (or equivalent)	1
Vehicle Type B	1	2 (1 for practice)	2	2	1	1	2		1
Vehicle Type C					1	1	1		1
Pit Lane Ground Post									
Ground Post							Χ		
Medical Centre		1 (Medical Room)				Only ISDE	Х		
Helicopter						Only ISDE with a winch		X + 1 doctor	
Doctors		1 CMO	1 CMO	1 CMO	1 CMO	1 CMO	1 CMO		

X= number as per medical homologation / per layout or length of the track



Equipment	MotoE (Art. 09.7.18)	FIM Land Speed World Records (Art. 09.7.19)	E-Bike (Art. 09.7.20)	Official Testing (GP & WorldSBK) (Art. 09.7.19)	E-Xplorer (Art.0922)
Vehicle Type A	X		1	1	
Vehicle Type B	Х	1a) = 1 2a) = 2	2	2	2
Vehicle Type C	X				
Pit Lane Ground Post	X				
Ground Post	X				1
Medical Centre	Compulsory			Compulsory	Medical room
Helicopter	Compulsory	On call			On call
Doctors	X + 1 CMO	1b) -2b) = 1x doctor or CMO	1 CMO	X + 1 CMO	1 CMO



#### 09.7.1 Circuit Racing

- a) Vehicles type A (number and position as per the FIM medical homologation) are to be placed in such a way and in such numbers that a fallen rider can be reached by them within the minimum of delay from their deployment by Race Control.
- b) In GP: two FIM Medical Intervention vehicles (type A) will be provided by the promoter and must be placed in such a way that a fallen rider can be reached by them with the minimum of delay from their deployment by Race Control. One should be located at the end of pit lane, and will serve as a medical car during the first lap of the races. The second should be located in the service road with an asphalt entry to the track, at approximately half the track's distance.
- c) Vehicle(s) type B (number and position as per the FIM Medical Homologation) are to be placed in such a way that a fallen rider can be reached and transported with minimum delay after coming to rest with ongoing treatment being provided during transport.
- d) Vehicle(s) type C (number and position as per the FIM Medical Homologation) are to be placed in such a way that a fallen rider can be transported with minimum delay after coming to rest only if no treatment is required.
- e) Medical Ground posts (number and position as per FIM Medical Homologation) are to be placed in such a way that a fallen rider can be reached and initial assessment and treatment commenced with the minimum of delay.
- f) Pit lane ground post
- g) A medical centre
- h) A helicopter, if required (compulsory for FIM GP & WorldSBK)

N.B. the only amendment permitted to this in principle is that a vehicle type C may be replaced by a vehicle type B.

#### 09.7.2 Hill Climbs

- a) 1 vehicle type A if the course can be covered by the medical vehicles in less than three minutes. If the entire course cannot be covered by the medical vehicles in less than three minutes then more vehicles type A, one placed at the start and others placed at suitable intervals, are required.
- b) 2 vehicles type B

#### 09.7.3 Dragbike

- a) 2 vehicles type B
- b) 1 CMO with a licence



#### 09.7.4 Road Racing Rallies

- a) 1 Vehicle type A
- b) 1 Vehicle type B
- c) 1 Vehicle type C

#### 09.7.5 Motocross

- a) 1 vehicle type A
- b) 2 vehicles type B
- c) Ground posts including a pit-lane ground post in FIM MXGP/MX2 WC and MXoN.
- d) A route to evacuate the injured rider from the inside to the outside of the track, via a road, a tunnel or a bridge to avoid the need to cross the track during racing.
- e) A helicopter is recommended but in certain circumstances may be compulsory. A designated helicopter landing area is required. In FIM MXGP/MX2 WC and MXoN the starting area should not be used as the designated helicopter landing area.
- f) A medical centre is recommended but compulsory in FIM MXGP/MX2 WC and MXoN. The medical centre must be of a size and suitably equipped to provide treatment to two significantly injured riders simultaneously.

#### 09.7.6 Supercross

- a) 2 vehicles type A
- b) 2 vehicles type B
- c) 4 medical ground posts
- d) 1 CMO
- e) Medical Centre
- f) 1 X-ray is recommended

#### 09.7.7 Supermoto & Snowcross

- a) 1 vehicle type A is recommended
- b) 2 vehicles type B
- c) Ground posts



#### 09.7.8 FreeStyleCross

- a) 1 vehicle type B
- b) 1 vehicle type C

#### 09.7.9 Motoball

a) 1 vehicle type B

#### 09.7.10 Track Racing

- a) 2 type B vehicles (highly specialised vehicle for the provision of advanced treatment, transport and can serve as a mobile resuscitation centre).
- b) 1 medical room for minor treatment, observation, examination and assessment of a rider
- c) 1 Doctor acting as CMO with, if applicable, a CMO licence/<u>Superlicence</u> according to the requirements for the discipline as set <u>in the FIM Seminar Guidelines</u>.

#### For practices only:

- a) 1 type B vehicle (highly specialised vehicle for the provision of advanced treatment, transport and can serve as a mobile resuscitation centre).
- b) 1 medical room for minor treatment, observation, examination and assessment of riders.
- c) 1 Doctor acting as CMO with, if applicable, a CMO Licence/<u>Superlicence</u> according to the requirements for the discipline as set out in the FIM Seminar Guidelines.

#### 09.7.11 Trial

- a) 1 vehicle type A
- b) 2 vehicles type B
- c) 1 CMO
- N.B. If there is a considerable distance between the sections, there should be additional doctors with adequate emergency equipment.

#### 09.7.12 X-Trial

- a) 2 vehicles type B and/ or an equivalent medical centre with the appropriate personnel
- b) 1 CMO



#### 09.7.13 Hard Enduro

- a) 1 vehicle type A placed at specifically difficult points
- b) 1 vehicle type B
- c) 1 vehicle type C
- d) 1 CMO
- e) For each Enduro tests and each cross test in Enduro, when the riders start simultaneously from a grid, the requirements are the same for Motocross events.
- f) For Enduro tests, when the rider starts individually, the minimum requirements are as follows: 1x type A and 1x type B vehicle for each.

#### 09.7.14 Enduro

- a) Vehicles type A placed at specifically difficult points
- b) 1 vehicle type B
- c) 1 vehicle type C
- d) 1 CMO
- e) A medical centre and a helicopter with a winch are compulsory for an ISDE event
- f) For each Enduro tests and each cross test in Enduro, when the riders start simultaneously from a grid, the requirements are the same for Motocross events.
- g) For Enduro tests, when the rider starts individually, the minimum requirements are 1x type A and 1x type B vehicle for each.

#### 09.7.15 Sand Races

- a) Vehicles type A placed at specifically difficult points
- b) 2 vehicles type B
- c) 1 vehicle type C
- d) 1 CMO
- e) Medical ground posts
- f) Medical Centre



#### 09.7.16 Cross-Country Rallies & Bajas

- a) The presence of at least one helicopter equipped with a stretcher and resuscitation equipment for a special race of up to 350 kilometres, and two helicopters for two close special races when they exceed 350 kilometres combined, equipped with evacuation equipment and used solely for medical assistance is compulsory. The helicopter must be equipped with a winch if necessary depending on the terrain. In this helicopter, the presence of a doctor for resuscitation is required. This helicopter will be in addition to ground equipment (Medical intervention vehicles). It must be in permanent radio HF contact with the Clerk of the Course or a check-point organisation (radio, standard C, standard M etc.).
- b) A Medical intervention vehicle with one doctor and one paramedic (or equivalent) experienced in driving an all-terrain vehicle in permanent radio contact with the Clerk of the Course or with a check-point organisation must be provided for special races at the following points:
  - start,
  - start of the selective sector,
  - every 100 kilometres,
  - finish of the selective sector,
  - and at the camp site.

#### 09.7.17 Indoor Enduro

- a) 1 vehicle type A
- b) 1 vehicle type B
- c) 1 vehicle type C

#### 09.7.18 Moto-E

As this discipline is currently organised as part of a FIM Circuit Racing World Championship Grand Prix event, the medical service requirements are those as per the medical homologation for that event.

#### **09.7.19** FIM Land Speed World Records

- 1. For a private event with two or less riders, the minimum medical requirements are the following:
  - a) 1 vehicle type B (conf. Art. 09.5.1.4 of Medical Code)
  - b) 1 doctor (or CMO, Chief Medical Officer)
- 2. For a private event with more than two riders or a public event, the minimum medical requirements are the following:
  - a) 2 vehicles type B (conf. Art. 09.5.1.4 of Medical Code)
  - b) 1 doctor (or CMO, Chief Medical Officer), CMO recommended



For all events, the minimum medical requirements in addition to those listed above are the following:

- a) Coordination with and location (including a map) of the nearest suitable hospital that meets FIM requirements
- b) Coordination with a Helicopter Medical Service if there is not a hospital that meets FIM requirements located within 20 minutes by road.

#### 09.7.20 E-Bikes

- a) 1 vehicle Type A for Enduro only
- b) 2 vehicles Type B
- c) 1 CMO

#### 09.7.21 EBK

- a) 1 vehicle type A
- b) 2 vehicles type B
- c) Medical room for minor treatment, observation, examination and assessment of riders
- d) 1 CMO

#### 09.7.22 E-Xplorer

- a) 2 type B
- b) 1 medical groundpost
- c) Medical room for minor treatment, observation, examination and assessment of riders
- d) Helicopter on call depending on the location and/or nature of the track
- e) 1 CMO

#### 09.7.23 Official Testing (GP & WorldSBK)

- a) 1 Type A
- b) 2 Type B
- c) 1 CMO
- d) Medical Centre



#### 09.7.24 Maintenance of Medical Cover at Event

If at any time the minimum number of vehicles and/or doctors is not present, e.g. during the evacuation of a rider to a hospital or at the start of the event, the event must be stopped until the minimum number is available.

#### 09.8 PROCEDURE IN THE EVENT OF AN INJURED RIDER

#### 09.8.1 FIM Circuit Racing GP WC

The management of an injured rider is under the control of the CMO and should be the following:

- a) A fallen rider must be reached by a doctor or paramedic who can begin treatment with the minimum of delay of the rider coming to rest. If the rider is injured, the CMO must be informed by radio so that further procedures can be initiated.
- b) The CMO must be stationed in Race Control with the Medical Director and/or FIM Medical Officer (GP), with access to closed circuit television to monitor the situation. Upon request by the CMO any medical vehicle can be dispatched to the scene of the incident, only the Race Director can authorize entry onto, or response via track. Similarly, interruption or cessation of racing or practice session can only be authorized by the Race Director. It is the responsibility of the CMO, Medical Director and FIM Medical Officer (GP) to advise the Race Director of incidences where access to a fallen rider(s) necessitates this.
- c) Response codes are:

Code 0 No medical intervention required

- a) Confirmation by radio and CCTV to CMO and FIM Medical Officer (GP) that no medical intervention required
- b) Rider gets up unassisted

#### Code 1 Short rescue

Confirmation by radio and CCTV to CMO and FIM Medical Officer (GP) and that:

- a) Rider able to walk with assistance
- b) Rider will be cleared from track in less than 1 minute

#### Code 2 Long rescue

- a) Confirmation by radio and CCTV to CMO and FIM Medical Officer (GP) that the rider is conscious and no spinal injury is suspected
- b) Rider can be safely evacuated by scoop stretcher or spinal board
- c) Rider will be cleared from track in less than 2 minutes and transferred directly to the medical centre.



#### Code 3 Prolonged rescue

- a) Confirmation by radio and CCTV to CMO and FIM Medical Officer (GP) that the rider(s) is (are) unconscious, a spinal injury is suspected or the rider is otherwise seriously injured
- b) Rider requires immobilisation and/or stabilisation before being moved
- c) Rescue will take longer than 3 minutes
- d) Medical intervention required on track
- e) In GP FIM Medical Intervention Team & vehicles will be deployed in which case the rider(s) should not be moved or transferred until their arrival. (See Art. 09.5.1.3)

#### 09.8.2 FIM WorldSBK Championship

The management of an injured rider is under the control of the CMO and should be the following:

- a) A fallen rider must be reached by a doctor or paramedic who can begin treatment with the minimum of delay of the rider coming to rest. If the rider is injured, the CMO must be informed by radio so that further procedures can be initiated.
- b) The CMO must be stationed in Race Control with the FIM WorldSBK Medical Director with access to closed circuit television to monitor the situation. Upon request by the CMO any medical vehicle can be dispatched to the scene of the incident, only the Race Director can authorize entry onto, or response via track. Similarly, interruption or cessation of racing or practice session can only be authorized by the Race Director. It is the responsibility of the CMO and FIM WorldSBK Medical Director to advise the Race Director of incidences where access to a fallen rider(s) necessitates this.
- c) Response codes are:

Code 0 No medical intervention required

- a) Confirmation by radio and CCTV to CMO and FIM WorldSBK Medical Director that no medical intervention required
- b) Rider gets up unassisted

#### Code 1 Short rescue

Confirmation by radio and CCTV to CMO and FIM WorldSBK Medical Director and that:

- a) Rider able to walk with assistance
- b) Rider will be cleared from track in less than 1 minute

#### Code 2 Long rescue

- a) Confirmation by radio and CCTV to CMO and FIM Medical Director that the rider is conscious and no injury is suspected
- b) Rider can be safely evacuated by scoop stretcher or spinal board
- c) Rider will be cleared from track in less than 2 minutes and transferred directly to the medical centre.



#### Code 3 Prolonged rescue

- a) Confirmation by radio and CCTV to CMO and FIM WorldSBK Medical Director that the rider(s) is (are) unconscious, a spinal injury is suspected or the rider is otherwise seriously injured
- b) Rider requires immobilisation and/or stabilisation before being moved
- c) Rescue will take longer than 3 minutes
- d) Medical intervention required on track

#### 09.8.3 FIM MXGP (Recommended for all other Disciplines)

The management of an injured rider is under the control of the CMO and should be the following:

- a) A fallen rider must be reached by a doctor or paramedic who can begin treatment with the minimum of delay of the rider coming to rest. If the rider is injured, the CMO must be informed by radio so that further procedures can be initiated.
- b) The CMO must be stationed nearby the Clerk of the Course or Race Director with the FIM MXGP Medical Director when motorcycles are on the track with access to closed circuit television to monitor the situation.

Upon request by the CMO any medical vehicle can be dispatched to the scene of the incident, only the Race Director can authorize entry onto, or response via track. Similarly, interruption or cessation of racing or practice session can only be authorized by the Race Director. It is the responsibility of the CMO and FIM MXGP Medical Director to advise the Race Director of incidences where access to a fallen rider(s) necessitates this.

c) Response codes are:

Code 0 No medical intervention required

- a) Confirmation by radio (and CCTV) to CMO and FIM MXGP Medical Director that no medical intervention required
- b) Rider gets up unassisted

#### Code 1 Short rescue

Confirmation by radio (and CCTV) to CMO and FIM MXGP Medical Director and that:

- a) Rider able to walk with assistance
- b) Rider will be cleared from track in less than 1 minute

#### Code 2 Long rescue

- a) Confirmation by radio (and CCTV) to CMO and FIM Medical Director that the rider is conscious and no injury is suspected
- b) Rider can be safely evacuated by scoop stretcher or spinal board
- c) Rider will be cleared from track in less than 2 minutes and transferred directly to the medical centre.



#### Code 3 Prolonged rescue

- a) Confirmation by radio and CCTV to CMO and FIM MXGP Medical Director that the rider(s) is (are) unconscious, a spinal injury is suspected or the rider is otherwise seriously injured
- b) Rider requires immobilisation and/or stabilisation before being moved
- c) Rescue will take longer than 3 minutes
- d) Medical intervention required on track

## 09.8.4 Transfer to the Medical Centre (all Disciplines)

- a) The injured rider will be transferred to the medical centre when his condition permits. The CMO shall decide the time and method of transfer. Rarely, at the discretion of the CMO only a rider may be transferred to hospital directly from the trackside.
- b) The vehicle used to transfer the rider must be on the scene of the accident with minimum delay following the order to intervene.

## 09.8.5 Medical Centre (all Disciplines)

- a) At the medical centre, medical personnel will be available to treat the rider. The CMO remains responsible for the treatment of the rider.
- b) If the rider is unconscious, he will be treated by the medical centre staff under the responsibility of the CMO. The rider's personal doctor may observe the treatment in the medical centre and may accompany the rider to the hospital.
- c) A rider who is conscious may choose the medical personnel by whom he wishes to be treated. A rider who does not wish to be treated by the medical centre staff against their advice must sign a "Rider Self Discharge form" (appendix C).
- d) Refer also to the SCAT6<sup>™</sup> document (appendix M) which is a standardised tool for evaluating injured athletes for concussion.
- e) The helmets of all riders taken to the medical centre for assessment following a crash must be retained by the medical personnel or CMO for control by the Technical Director or Technical Stewards before being returned to the rider or the team manager.
- f) In cases of head injury including concussion or loss of consciousness, unless a specific provision of a national law advises otherwise, the helmet must be forwarded to the FIM Laboratory at the University of Zaragoza for expert examination and non-destructive analysis. After inspection, the helmet can be returned to the rider, team or manufacturer.



## 09.8.6 Transfer to Hospital (all Disciplines)

The CMO shall decide the time of transfer, the mode of transfer and the destination of an injured rider. Having made the decision, it is his responsibility to ensure that the receiving hospital and appropriate specialists are informed of the estimated time of arrival and the nature of injuries. It is also the responsibility of the CMO to ensure appropriately skilled and equipped staff accompany the rider.

In FIM WorldSBK: a doctor of the Clinica Mobile will accompany the rider.

#### 09.9 MEDICAL MALPRACTICE INSURANCE

All doctors and other medical personnel at an event must have adequate medical malpractice insurance cover.

# 09.10 PROFESSIONAL CONFIDENCE OF MEDICAL PERSONNEL

a) The rider's right to medical confidentiality regarding their medical information, injuries and treatment must be respected at all times by the CMO, their medical service personnel and the FIM Medical Director/FIM Medical Officer (GP)/FIM Medical Delegate. The rider's express consent must be obtained to disclose any medical information related to the rider.

If the rider is unable to consent to share their information through illness or injury, the CMO must only provide appropriate and strictly necessary information to the rider's nominated representative/s and those healthcare professionals directly involved in the rider's treatment or in decisions regarding their fitness to compete including the FIM Medical Director or FIM Medical Officer (GP), FIM Medical Representative. The FIM Medical Director/FIM Medical Officer (GP)/FIM Medical Delegate at the event will also respect the confidentiality of this information and must only provide it to those healthcare professionals directly involved in the rider's treatment or in decisions regarding their fitness to compete, such as the CMO and FIM Medical Director/FIM Medical Officer (GP)/FIM Medical Delegate of the next event at which the rider wishes to compete. Other than in exceptional circumstances such as a fatal injury or serious injury that is potentially life-threatening the Race Direction or other officials should only be provided with sufficient information regarding the rider's fitness or otherwise to compete.

- b) Any breach of confidentiality by the CMO, members of the medical team, FIM Medical Directors, FIM Medical Officer (GP), FIM Medical representatives or other officials holding FIM licences may result in withdrawal of their FIM licence.
- c) In any other circumstances, it is forbidden for the CMO or any other medical personnel to disclose any information to the media or other information services without the authorisation of the FIM and the promoters.
- d) All doctors must adhere to their professional ethics and medical codes of practice at all times.



## 09.11 ACCIDENT STATISTICS

The CMO, FIM WorldSBK Medical Director, FIM Medical Officer (GP), FIM Medical Director, FIM Medical Representative and FMNs will provide statistics to the FIM concerning accidents and injuries that occur during events within their jurisdiction using appendix A. This information must be anonymised except in relation to the provision of medical information to other doctors involved in the on-going medical assessment and treatment of the rider including the CMOs at subsequent events who will assess the rider for their fitness to return to competition (appendix G). All fatal accidents occurring during an FIM event will be reported to the FIM Medical Department at <a href="mailto:cmi@fim.ch">cmi@fim.ch</a> (appendix L) immediately as per the procedure in case of fatal accidents.

## 09.12 DATA PRIVACY

Every FIM Medical Director, FIM Medical Officer (GP), CMO, FIM Medical Delegate, CMI Coordinator, FIM Medical Representative and Medical Director pursuant to Art. 09.4.3, may store, process or disclose personal information relating to Riders when necessary and appropriate to conduct their activities under the Medical Code. They are also responsible for ensuring that Personal Data and Sensitive Personal Data they process is protected as required by data protection and privacy laws in force by applying all necessary security safeguards.

Every FIM Medical Director, FIM Medical Officer (GP), CMO, FIM Medical Delegate, CMI Coordinator, FIM Medical Representative and Medical Director pursuant to Art. 09.4.3, shall not disclose any of the Rider's Personal Data or Sensitive Personal Data except where such disclosures are strictly necessary in order to fulfill their obligations under the FIM Medical Code.

Every FIM Medical Director, FIM Medical Officer (GP), CMO, FIM Medical Delegate, CMI Coordinator, FIM Medical Representative and Medical Director pursuant to Art. 09.4.3, shall ensure that Personal Data and Sensitive Personal Data is only retained when it remains relevant to fulfilling their obligations under the FIM Medical Code. Once it no longer serves the above-mentioned purposes, it shall be deleted, destroyed or permanently anonymised. As a general rule, retaining Sensitive Personal Data requires stronger or more compelling reasons than for Personal Data.

Any Rider who submits information including Personal Data and Personal Sensitive Data in order to obtain a FIM licence shall be deemed to have agreed, pursuant to applicable data protection laws and otherwise, that such information be collected, processed, disclosed and used for the purposes of the implementation of the FIM Medical Code by any FIM Medical Director, FIM Medical Officer (GP), CMO, FIM Medical Delegate, CMI Coordinator, FIM Medical Representative and Medical Director pursuant to Art. 09.4.3, in accordance with data protection laws (including specifically the International Standard for the Protection of Privacy and Personal Information).

Riders shall be entitled to request to erase, rectify or obtain any Personal Data or Sensitive Personal Data that the FIM holds about them in accordance with the FIM Medical Code by sending a written request to <a href="mailto:gdpr-medical@fim.ch">gdpr-medical@fim.ch</a>.



## 09.13 GLOSSARY

**Centre Medical Mobile**: Mobile equipment for treatment at FIM MXGP/MX2 World Championship events

**Clinica Mobile**: Mobile equipment for treatment only at FIM WorldSBK Championships events

CMI: International Medical Commission of the FIM

CMO: Chief Medical Officer

FIM WorldSBK Medical Director: Member of the CMI appointed by the CMI in

consultation with the promotor

FIM Endurance Medical Director: See art. 09.4.9

FIM JuniorGP Medical Director: See art. 09.4.6

FIM Medical Director in MXGP & MX2: See art. 09.4.7

FIM Medical Officer (GP): Member of the CMI in MotoGP

FIM Medical Representative: Member of the CMI at all other events, except in

MotoGP, WorldSBK, Endurance, MXGP/MX2 and Speedway GP

FMN: National Motorcycle Federation affiliated to the FIM

**Medical Director**: Medical representative of the contractual partner

**Medical examination**: Prerequisite to receive a rider's licence

**Medical homologation**: Homologation of medical services of the circuits

MotoGP Health Center: Mobile equipment for treatment only at FIM MotoGP

Championships events

Medical Intervention Team (GP): See art. 09.4.11

**Personal Data**: Any information that relates to an identified or identifiable living rider

Rider: Competitors, including riders, drivers and passengers

**Sensitive Personal Data**: Personal data relating to the physical or mental health of a rider, including the provision of health care services, which reveal information about his health status

**SGP FIM Medical Delegate**: Member of the CMI, appointed in Speedway Grand Prix FIM



APPENDIX A ACCIDENT STATISTIC FORM

APPENDIX B MEDICAL ASSESSMENT REPORT FORM

APPENDIX C RIDER SELF DISCHARGE FORM

APPENDIX D DURATION OF CONVALESCENCE

APPENDIX E CURRICULUM VITAE

APPENDIX F CIRCUIT CMO QUESTIONNAIRE

APPENDIX F1 Circuit CMO Questionnaire for Circuit Racing

APPENDIX F2 Circuit CMO Questionnaire for MX

APPENDIX F3 Circuit CMO Questionnaire for Trial

APPENDIX F4 Circuit CMO Questionnaire for Enduro

APPENDIX F5 Circuit CMO Questionnaire for 6 Days Enduro

APPENDIX F6 Circuit CMO Questionnaire for Speedway

APPENDIX G LIST OF MEDICALLY UNFIT RIDERS FOR DOCTORS ONLY

APPENDIX H PROCEDURE FOR A CIRCUIT MEDICAL ASSESSMENT AND

**HOMOLOGATION** 

APPENDIX H1 Procedure for a Circuit Medical Assessment and Homologation

Circuit Racing GP, WorldSBK, Endurance, MXGP, MXoN, SGP

Circuits

APPENDIX H2 Procedure for a Circuit Medical Assessment and Homologation for

all Disciplines except for Circuit Racing GP, WorldSBK,

Endurance, MXGP, MXoN, SGP

APPENDIX L QUESTIONNAIRE FATAL ACCIDENT

APPENDIX M CONCUSSION – SCAT 6

APPENDIX N ALCOHOL TESTING PROCEDURE & FORM

APPENDIX O SPECIAL MEDICAL EXAMINATION FORM



#### **ACCIDENT STATISTIC FORM**

#### HIGHLY CONFIDENTIAL

To be completed by the CMO

to be sent to the FIM Medical Department at gdpr-medical@fim.ch

To be strictly shared only with: FIM Medical Director/Officer/Delegate/Representative

Name	οf	event:

Date of event:

Name of CMO:

Monday = MON

Tuesday = TUE A.S. = Accident Statistic W = Weather Ass.= Assessment

Wednesday = WED N = Rider OK F = fit S = SunnyThursday = THU R = Rain T = Treated & discharged U = unfit

C = Cloudy R = to be reviewed Friday = FRI H = Transported to hospital

Saturday = SAT

Sunday = SU Day	W	Time	Class	A.S.	Turn N°	FIRST NAME/ <b>LAST NAME</b>	NATURE OF INJURIES	Ass.

The CMO, FIM Medical Representative, FIM Medical Director/FIM Medical Officer are bound to ensure that this Personal Data and Sensitive Personal Data they process is protected as required by the data protection and privacy laws in force by applying all necessary security safeguards. This information shall not be disclosed to any other person except when strictly necessary in order to fulfil their obligations under the FIM Medical Code and in accordance with its Art. 09.12.

Signature of CMO:	Date:
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#### MEDICAL ASSESSEMENT REPORT FORM

**HIGHLY CONFIDENTIAL** To be completed by the CMO To be strictly shared only with: FIM Medical Director/Officer/Delegate/Representative Race Direction/Int'l Jury

IMN:

Date:

Name of event: Date of event:

Name of CMO:

Signature of CMO:

Monday = MO Tuesday = TU Wednesday = Thursday = Th Friday = FRI Saturday = SA	λT		A.S. = Accident Statistic N = Rider OK T = Treated & discharged H = Transported to hospital				N = Rider OK T = Treated & discharged H = Transported to hospital		
Sunday = SUN	1							Asses	sment
Day	Time	Class	N°	FIRST NAME/LAST NAME	Turn N°	A.S.	FIT	UNFIT	TO BE REVIEWED

The CMO, FIM Medical Representative, FIM Medical Director/Officer/Delegate and members of the Race Direction/Int'l Jury are bound to ensure that this Personal Data and Sensitive Personal Data they process is protected as required by the data protection and privacy laws in force by applying all necessary security safeguards. This information shall not be disclosed to any other person except when strictly necessary

in order to fulfil their obligations under the FIM Medical Code and in accordance with its Art. 09.12.



## RIDER SELF DISCHARGE FORM

PART 1 (to be completed by the rider)

I,	1	rider n°	
in the	class, discharge mys	self against local	medical advice
and understand the possil to me	ble consequences of s	such action that h	nave been explained
by Dr			
I confirm to have agreed that my medical informat purposes of the implemany FIM Med Coordinator and Medical	tion be collected, pro nentation of th ical Director/Of	ocessed, disclos ne FIM Me ficer/Delegate/Re	ed and used for the edical Code by epresentative, CMI
I am entitled to request Personal Data the FIM Code by sending a writte	holds about myself i	in accordance v	
Signed:	Date:	Time	
PART 2 (To be completed	l by the Chief Medical	Officer - CMO)	
I, Dr			, CMO at
the	circuit,	confirm that I	have explained the
possible consequences view of the language diffic (delete as appropriate).	<u> </u>	<del>-</del>	-
Signed:	Date:	Time	<b>:</b> :

To: CMO, Rider, FIM Medical Representative



#### **DURATION OF CONVALESCENCE**

FIM Medical Panel document establishing the general evaluation principles for resumption of motorcycling competition after an accident.

#### INTRODUCTION

The decision to consider a rider fit or unfit for continued engagement in motorcycling competition after an incapacitating accident falls within the competence of the CMO. The increasing professionalism of all parties concerned in the various championships often places riders under contractual commitments that accustom them to a professional reality which is sometimes dehumanized and on which the CMI must keep a watchful eye.

#### **OBJECTIVES**

The progress in surgical and non-surgical approaches to treatment by adopting less invasive and less tissue damaging techniques has allowed earlier post-operative discharge from hospitals, but not necessarily faster recovery, and return to competition. This remains a case specific decision made primarily by the rider's treating physician, and finally by the CMO.

Hence, the physician authorized to issue the medical certificate of fitness for the resumption of competition will have to ascertain whether the rider would be able to face unforeseen situations in order to avoid jeopardizing not only his safety but also that of his fellow riders and other parties involved.

#### **MEANS**

The criteria to be defined should be based on the following requirements:

- 1. Assurance of the immediate personal safety of the rider.
- 2. Maintenance of a balance between the immediate and long-term physical wellbeing of the rider.
- Assurance of the immediate safety of the riders in all the collective motorcycling disciplines.

4. Assurance of the immediate safety of the other parties involved, such as stewards, paramedics, first-aid workers, physicians, mechanics, etc.

It would not be feasible to list in this document all the pathological situations encountered in the practice of motorcycling sport.

We will therefore give an overall perspective of the situations that are common to most injuries.

However, three points are worth emphasizing due to the frequency of the problems encountered in these situations:

- 1. Cutaneous healing takes place by the process of "Epithelialization", which starts instantly after wound suturing and is completed within 48 hours. Thus, resumption of competition should not be any earlier than 48 hours from any surgical procedure.
- 2. With regards to osteosynthesis using percutaneous pins of the Kirschner type, while the duration of the fracture consolidation is classic and agreed by most authors, we must emphasize that, in such a case, the resumption of competition is contraindicated due to the risk of displacement of such pins.
- 3. The resumption of competition is also contraindicated in the presence of means of immobilization such as orthoses or plaster cast designed to stabilize a fracture, dislocation, or subluxation. In fact, the materials used, being less elastic than human body tissue, could pose a threat to the competitor in the event of a further accident.

Hence, on the whole, injuries suffered during the practice of motorcycling sport follow a common pattern: treatment of the injury, healing, and consolidation and, finally, rehabilitation and re-adaptation to the sporting discipline.

The internationally recognized periods of time needed for bone consolidation are therefore 4-8 weeks for an upper limb and 4-12 weeks for a lower limb, depending on the location of the fracture.

These minimum periods would, of course, be adjusted in the light of the follow-up of the bony callus, but the stress to which it would be subjected by the rider's activity would also be taken into account.

In order to maximize the safety not only of the rider but also of his entourage in competitions, the CMO should be able to carry out a set of simple, easily reproducible and effective tests to assess the motorcyclist's new physical capacities before he resumes competition.

Tests for integrity of function of a lower limb:

- 1. Mobility equivalent to or exceeding 50% of the physiological articular range of the hip and knee joints.
- 2. Stand on one foot, both left and right, for at least 5 seconds.

- 3. Cover a distance of 20m unaided in a maximum time of 15 seconds.
- 4. Climb up and down 10 steps in a maximum time of 20 seconds.
- 5. The CMO is advised to attain a written consent from the rider or his Proxy stating the potential harm of putting physical stress on joints and bones during the test for healing and fitness to to ride.

Tests for the integrity of function of the upper limb:

- 1. Have the rider push against a wall while pushing him from the back against the wall.
- 2. Doing 5 straight push-ups without pain is a good indication of healing of clavicle, shoulder girdle, wrist, arm, and forearm.

#### **HEAD INJURIES**

Assessment of the injured rider and return to competition should be in accordance with the guidelines for the assessment and management of concussion as contained within the Consensus Statement On Concussion in Sport.

In the event of a suspected concussion the rider should be assessed using a recognized assessment tool such as SCAT6 or similar (see appendix M). If the assessment confirms a concussion the rider should immediately be excluded from competition for at least the rest of the event.

Prior to returning to competition the rider should be **re**assessed and provide documentary evidence of a return to normal neuro-psychological function using for example the IMPACT system, functional MRI scan or similar in accordance with the current International Consensus Statement on Concussion in Sport.

#### SPINE SURGERY

There are few evidence-based criteria to pinpoint the exact time to return to competition. Riders should demonstrate full resolution of symptoms. Assessment by treating surgeon or CMO should demonstrate flexibility, endurance, and strength before returning to competition. The convalescence and recovery periods may vary widely from one case to another, thus, prior to returning to competition the rider should be reassessed by the CMO for a return to normal neuro-psychological, and physical function. Riders should provide documentary evidence of healing such as MRI, CT scan, or similar.

#### ABDOMINAL SURGERY

In the event of any abdominal surgery, (i.e.; with incision of the peritoneum), the period of unfitness for competition would range from 15 days to one month, depending on the nature of the procedure, and the approach (open Vs Laparoscopic).

The period of convalescence needed is initially determined by the treating surgeon, while fitness to return to competition is the CMO's decision.

#### **ABDOMINAL WALL SURGERY**

(without breach of peritoneum) requires significantly less time to go back to practice or compete. The timing of return to competition is determined by the CMO depending on the length and location of the wound.

#### CONCLUSION

Provided that the various periods of time needed for tissues to heal, and particularly bone consolidation are respected by their therapists, injured riders should be able to undergo these fitness tests without danger so that they can all resume competition in conditions of optimal safety.



## **APPENDIX E**

Licence Nr. (will be filled in by FIM/CMI)

			FIM/CMI)
Curriculum	Vitae		
Name:	Fir Na	rst ame:	Title:
DoB:	(Date of Birth)		FMN:
Specializatio	n:		
Address:			
Mobile:			
Phone office			
E- Mail:			
Work place:			
Office	Ho	ospital	Other
I started as d	octor in motorcycling sport in (year):		
Activities as	doctor in motorcycling sport in the las	t 3 years:	
	Event	Function	Year

**CMO Signature:** 

Return to the FIM Medical Department at: cmi@fim.ch

Date:



## **APPENDIX E**

## APPLICATION FOR A CMO LICENCE BULLETIN D'INSCRIPTION POUR UNE LICENCE CSM

Name	e/Nom :	First name/ <i>Prénom</i> :			
Adres	ss/Adresse :	Mobile :			
		Phone office :			
		E-mail :			
	undersigned confirms that: oussigné confirme :				
	I am familiar with the FIM MEDICA Je connais le CODE MEDICAL & A				
	I have attended a FIM CMO semin J'ai participé au séminaire CSM à	ar in	, date <i>, date</i>		
	I am experienced at motor sport events and have attended at least two national continental or international events as a doctor.				
	Je dispose d'expérience dans les deux manifestations nationales ou				
	I am familiar with the circuit at whice Je connais le circuit pour lequel je				
	I am experienced in the provision of J'ai de l'expérience dans les soins				
	I am a fully registered and appropr Je suis inscrit à l'ordre des médeci				
	I enclose my completed profession Je joins mon complet C.V. profess		cycliste		
Date	:	Participant Signature Signature du participant :			
Licen	ce N°:	(to be completed by the FIM (à remplir par la FIM/CMI)	/CMI)		



#### APPENDIX E

## **CMO CURRICULUM VITAE**

&

## **APPLICATION FOR A CMO LICENCE**

## **Data Privacy**

The CMO expressly consents that such information be collected, processed, disclosed and used for the purposes of the implementation of the FIM Medical Code in accordance with data protection laws.

CMOs shall be entitled to request the FIM to erase, rectify or obtain any Personal Data the FIM holds about them in accordance with the FIM Medical Code by sending a written request to gdpr-medical@fim.ch

## **APPENDIX F1 CIRCUIT RACING (incl. MotoGP)**



Fédération Internationale de Motocyclisme 11, route Suisse - CH-1295 Mies (Suisse) E-mail: cmi@fim.ch

## CIRCUIT CMO QUESTIONNAIRE

(Form to be used by CMO)

The following questionnaire is to be completed and returned to the FIM 2 months prior to the event with

- a) A plan of the medical centre
- b) A map of the circuit/ posts indicating the medical services
- c) A map of the circuit indicating the routes for urgent evacuation
- d) Written confirmation that the hospitals are aware of the time of practice and racing and that injured riders will be treated with minimum delay This form must also be given to the FIM Medical Inspector at the time of the inspection

Discipline			IMN No.	
Circuit			Date	
Country				
CHIEF MEDICAL OFF	FICER			
		LICNo.		

	Discipline			IMN No.					
1a)	Are all medical service of the Chief Medical C		trol				YES	NO	
1b)	Is the medical service of a deputy CMO or o	-							
2)	Total personnel (med (please fill in the number	•							
			OO Mo	n.Tues.Wed	day	00 0	1 2	3	4
	Doctor	T	l 0 Thu	rsday					
	Nurse		1 Frid	•	1 1			1	
	Paramedic or equivaler	nt	2 Sati	•	5			1	
	Other medical	T T	3 Sun	•	number			1	
	driver strecher bearer			nday after race	╽┋┟			1	
	pilot		1 10101	iday artor raco	-			1	
	Total				1 1			+ +	
	Total		l				<u> </u>		
3a)	Vehicles Type A1 = N	Medical Intervention	on Vehic	le Numbei	. Г				
,	71				L		1 1		
3b)	Do positions conform to Doctor as per Medical of Second doctor, parame Driver as per Medical of Vehicles Type A2 = M	Code edic or equivalent a Code	s per Me		day	00 0	YES	NO	4
•	Do positions conform to Doctor as per Medical ( Paramedic or equivaler	o map of circuit/ pos Code nt as per Medical C	sts?		L	1	YES	NO	
	Driver as per Medical C	Code							
3c)	Medical equipment Portable oxygen supply Manual ventilator Intubation equipment Suction equipment Intravenous infusion ed Equipment to immobilis (including cervical spine Sterile dressings ECG monitor and defib	quipment se limbs and spine e) orillator							
	Drugs for resuscitation	•	uids					$\mid \perp \mid$	
	Sphyamomanometer a	na stetnoscope					1 1		

	Discipline		IMN No.				
3d)	Other equipment Protective canvas/tarpa	aulins			YES	NO	]
3e)	Technical equipment Radio communication v Visible and audible sign Equipment to remove s	vith Race Control and CMO nals	/Medical Director				
	Type of vehicle		Quad Ambi other	ulance	Bike Car		
4a)	Vehicles Type B1		Number	day OO 0	1	2 3	4
4b)	Do positions conform to Doctor as per Medical ( Personnel as per Medic Vehicles Type B2	Code	Number	day OO 0	YES	2 3	4
	Do positions conform to Doctor as per Medical ( Personnel as per Medic	Code			YES	NO	
4c)	Medical equipment Portable oxygen supply Manual and automatic v Intubation equipment Suction equipment Intravenous infusion eq Equipment to immobilis	ventilator Juipment se limbs and spine					
	Tracheostomy /surgical Sphygmomanometer an Stretcher Scoop stretcher ECG monitor and defib	pment/ chest decompressio I airway equipment nd stethoscope	n equipment				
	Pulse oximeter Drugs for resuscitation	and analgesia/ IV fluids					

	Discipline		IMN No.				
4d)	Visible and audible sigr Equipment to remove s	vith Race Control and CMO nals			YES	NO	
	Type of vehicle				1112	121	1
5a)	Vehicles Type C		Numbe	day   OO   0  r	1 2	3	4
	Do positions conform to Personnel as per Medic				YES	NO	
5b)	Medical equipment Stretcher Oxygen supply Equipment to immobilis First Aid medicaments	-					
5c)	<b>Technical equipment</b> Radio communication v Visible and audible sign	vith Race Control and CMO nals					
	Type of vehicle			day OO 0	1 2	3	1
6)	Medical ground posts	3	Numbe				4
	Do positions conform to	o map of circuit/ posts?			YES	NO	
7a)	<b>GP1 personnel</b> Doctor experienced in r First aiders or stretcher	resuscitation and the pre-horbearers	spital manageme	ent of trauma			
7b)	GP2 personnel Paramedic or equivaler management of trauma Two first aiders or stret		on and pre-hosp	ital	YES	NO	
7c)	Initial airway managem Ventilatory support Haemorrhage control & Cervical collar						

	Discipline IMN No.	
7d)	Technical equipment Radio communication with Race Control and CMO Adequate shelter for staff and equipment and ground post staff	YES NO
7e)	Other equipment Protective canvas / tarpaulins  day OO	0 1 2 3 4
8a)	Pit lane ground posts  Number	
	Do positions conform to map of circuit/ posts?	YES NO
8b)	Personnel  Doctor, Paramedic or equivalent experienced in emergency care  Stretcher bearer	
8c)	Medical equipment Airway management and intubation equipment Drugs for resuscitation and analgesia/ IV fluids Cervical collars Manual respiration system Intravenous infusion equipment First Aid equipment Stretcher	
8d)	Technical equipment Radio communication with Race Control and CMO	
9a)	Medical centre Is it less than 10 mins from any part of the circuit?	
9b)	Secure environment from which media and public can be excluded Area easily accessible by First Aid vehicles Helicopter landing area nearby One or two rooms large enough to allow resuscitation of at least two severely injured riders simultaneously (resuscitation area) X-ray room or portable X-ray DIGITAL machine A room large enough to treat more than one rider with minor injuries simultaneously Temporary separation in this area, e.g. curtains or screens Reception and waiting area Doctor's room	

	Discipline	IMN	No.			
				Y	ES	NO
9b)	Toilet and shower room			L		
	• •	vith male and female toilets		L		
	Medical staff room for 1	•		L		
		rith Race Control, the CMO, ambula	ınces	<u></u>		
	and ground posts			Ĺ		
	If the Medical Centre is	fed by normal power electric supply	/, it must			
	also be permanently co	nnected to its own U.P.S. (Uninterru	uptible			
	Power Supply)					
	Water supply, heating,	air-conditioning and sanitation appro	opriate to	_		
	the country		•	Γ		
	Closed Circuit TV					
	Office facilities					
	Dirty utility room					
	Equipment storage				$\neg$	
	Security fence					
	Telephones					
	Security Guard			<u> </u>	_	
	Parking for ambulances			F	$\dashv$	
	Tarking for ambulances			_		
9c)	=			_		
	1 resuscitation room			L		
	or			_		
	2 resuscitation rooms			L		
	•	ntrance for general public		L		
	Minor treatment room					
	X-ray room					
	Medical staff room			Ĺ		
	Ample width of corridors	s and doors to move patients		_		
	on trolleys					
9d)	Equipment for resusc	itation areas				
	Equipment for endotrac	heal intubation, tracheostomy and v	entilation			
		n, oxygen and anaesthetic agents		Γ	$\neg$	
		ous access including cut down and o	central	<u>_</u>		
	• •	fluids including colloid plasma expa				
	and crystalloid solutions	•		Γ	$\neg$	
	•	uipment / sufficient surgical instrum	ents		$\neg$	
		nonitoring and resuscitation, includi		<u>L</u>		
		llation and blood pressure measure	-	Γ	$\neg$	
	_	sing the spine at all levels		F	$\dashv$	
	Equipment for the splin	•		-	$\dashv$	$\vdash$
		g analgesia, sedating agents, antic	onvuleanta	L		
	_			<b>—</b>		
		etic agents, cardiac resuscitation dr	ugs/ IV IIU	lus	$\dashv$	$\vdash\vdash\vdash$
	Tetanus toxoid and broa	สน รресแนกา สกแมเงเงแตร			1	1

	Discipline			_ II	MN N	0.						
	Equipment for diagnost DIGITAL X-Ray	tic ultrasound							YES	<b>S</b>	NO	
9e)	Equipment for minor	injuries area										
	The area must have be to treat up to three ride Sufficient stocks to replavailable and sufficient in treating tauma must	lenish the area during the doctors, paramedics or	nult	aneou vent m	sly. nust b	e	d		YES	]	NO	
9f)	Personnel					(plea	se fill	I in the	numb	er)		
			OC	) Mon	.Tues	.Wed	day	00 (	) 1	2	3	4
	Doctor		0	Thurs	sday							
	Nurse		1	Frida	•							
	Paramedic or equivaler		2	Satur	•		number					
	Other medical	physio, radio assistant		Sund			핕				$\longmapsto$	
	driver strecher bearer	ambulance	4	Mona	ay an	er race	Ξ		-		$\longmapsto$	
	pilot	HELICO							+		$\vdash$	
	Total										Ш	
	Specialists at medical o	centre (mentioning spec	ialty	/) yes r	no	Othe	r Spe	ecialists	<b>S</b>			
	1. Surgeon experience	d in trauma				3.						
	2. Trauma resuscitation	າ specialist				4.						
10)	Doping facilities						day	00 (	<b>YES</b> 1	2	<b>NO</b>	4
11)	Ambulances for trans	sport to hospital			Nι	ımber						
12a	Helicopter  Helicopter with medical	l equipment			Νι	ımber	day	00 (	) 1	2	3	4
12b	Medical equipment Fluids and drugs Respirator Oxygen ECG/defibrillator								YES		NO	

	Discipline		IMI	N No.			
12c	Personnel (specify) Doctor Paramedic or equivale Pilot Total	nt	OO Mon.Tues 0 Thursday 1 Friday 2 Saturday 3 Sunday 4 Monday aft		day OO	0 1 2	3 4
13)	Clothing of medical p Doctor Paramedics or equivalent	-	ledical Code			YES	NO
14)	Closed circuit TV						
15)	Radio operator (Medi	cal service)					
16)	Hospitals						
	Type of hospital	Name of	Hospital		Time to H Road min	ospital Air <b>min</b>	Distance km
	a) Local hospital						
	b) General Surgery			]			
	c) Orthopaedic/Traum	4					
	d) Neurosurgery						
	e) Spinal Injuries						
	f) Cardio/Thoracic Surgery						
	g) Burns/Plastic Surgery						
	h) Vascular Surgery			]			
	i) Micro Surgery			7			

	Discipline					IMN	l No.							
17)	CT scan										, [	YES	N	0
17,	OT Scall													
18)	MRI										[			
19)	A route map to the h	hospitals is encl	osed											
20)	Trackside positions	of Doctors												
	ase enter for every doo one x in each column	•												
	Doctor (number)		СМС	1	2	3	4	5	6	7	8	9	10	
	Race Control													
	other place													
	Type A1*													
	Type B1*													
	Pit lane ground post													
	Medical Centre/ Art. 7	7d)												
	Wiodiodi Contro, 7 tr. 7	, u <sub>j</sub>					1		<u> </u>					
	Doctor (number)		11	12	13	14	15	16	17	18	19	20		
	Race Control													
	other place													
	Type A1*													
	Type B1*													
	Pit lane ground post													
	Medical Centre/ Art. 7													
	ividaidai Goria o, 7 a c. 7	, u <sub>j</sub>									<u> </u>			
21)	The CIRCUIT CMO	QUESTIONNAIR	E has be	en	com	plet	ed b	v the	CM(	0		1	YES	NO
								,				Į		
Ken	narks:													
015	O				<b>D</b> . 1			1 : 41						
CIM	O signature:				Date	e ot	com	pleti	on :					

# APPENDIX F2 MX / Supermoto



Fédération Internationale de Motocyclisme 11, route Suisse - CH-1295 Mies (Suisse) E-mail: cmi@fim.ch

# CIRCUIT CMO QUESTIONNAIRE MOTOCROSS / SUPERMOTO

(Form only to be used by CMO)

This questionnaire has to be completed by the CMO (in accordance with Art. 09.4.1 of the Medical Code) and returned to the FIM by e-mail 2 months prior to the event

- **a)** A map of the circuit including medical groundposts, medical centre, ambulances, helicopter landing area etc.
- b) A map of the circuit indicating the routes for urgent evacuation
- c) Confirmation from all involved hospitals

OL A C C

d) Written confirmation about availablility of medical staff during practice and racing

A copy of this form has to be handed over before the first track inspection to the FIM Medical Director , if present

CLASS			IIVIN NO.	
CIRCUIT			DATE	
COUNTRY				
CHIEF MEDICAL OFF	ICER			
		LICNo.		

	CLASS				IMN No.					
								YES	<b>3</b>	NO
1)	Are all medical servic	oo undor the contr	۸I						1	
1)	of the Chief Medical C		OI .							
2)	Total personnel (Med	ical Centre, track, s	spec	ctator	s)					
					(p	lease <u>f</u>	ill in th	ne nun	nber	·)
							day (	) 1	2	3
	Doctor (CMO included)		0	Thur	sday	Г				
	Nurse		1	Frida						
	Paramedic or equivaler	nt	2	Satu	rday		_			
	Medical Personnel		3	Sund	day					
	Stretcher bearer						number			
	Driver						<u>- L</u>			
	Other									
	Med. Personnel (in total	ıl)								
3a)	Vehicles Type A = Me	dical Intervention \	/ehi	icle	Numb	۵r			1	
ouj	venicies Type A - Inc	alcai intervention v	, C	icic	Hallio	O.	<u> </u>		1	
								YES	6	NO
	Do positions conform to	o map of circuit/ post	ts?						1	
	Doctor as per Medical (									
	Second doctor, nurses,		aler	nt as p	er Medical			<u> </u>	j	
	Code	,		[-					1	
	Driver as per Medical C	Code								
									_	
3b)	Medical equipment							_	1	
	Portable oxygen supply	1								
	Manual ventilator									
	Intubation equipment									
	Suction equipment									
	Intravenous infusion ed								]	
	Equipment to immobilis	=							1	
	(including cervical spine	e)								
	Sterile dressings ECG monitor and defib	rillator								
	Drugs for resuscitation		ide						-	
	Sphygmomanometer a	•	ius							
	opriyginomanometer a	nd stethoscope							j	
3c)	Technical equipment								_	
	Radio communication									
	Visible and audible sign	nals								
	Equipment to remove s	uits and helmets								
	Type of vobiols		1							
	Type of vehicle		j					YES	3	NO

	CLASS			IMN No.			
3d)	Other equipment						
	Protective canvas/Tarp	aulins					
4a)	Vehicles Type B			Numbe	r $\Box$		
<b>ч</b> а)	vernoies Type B			Numbe	' <u> </u>		
						YES	NO
	Do positions conform to	o map of circuit/ pos	sts?				
	Doctor as per Medical	Code					
	Staff as per Medical Co	ode					
4b)	Medical equipment					YES	NO
40)	Portable oxygen supply	1					
	Manual and automatic					H	
	Intubation equipment	vortilator					
	Suction equipment						
	Intravenous infusion ed	<sub>l</sub> uipment					
	Equipment to immobilis	se limbs and spine	(including	cervical spine)			
	Sterile dressings						
	Thoracic drainage equi	•	•	equipment			
	Tracheostomy equipme	•	quipment				
	Sphygmomanometer a	nd stethoscope				$\vdash$	
	Stretcher Scoop stretcher					$\vdash$	
	ECG monitor and defib	rillator					
	Pulse oximeter	Tillatoi				H	
	Drugs for resuscitation	and analgesia/ IV f	luids				
	ŭ	J					
4c)	Technical equipment						
	Radio communication v		ion and CN	ЛО		Ш	
	Visible and audible sign					$\vdash$	
	Equipment to remove s	suits and neimets					
	Type of vehicle						
5)	Medical ground post	S	Number				
	Do positions conform to	o map of circuit/ pos	sts?				
	Doctor	, ,,					
	First aiders or stretche	bearers					
	Paramedic or equivaler	-	esuscitation	and pre-hospit	al		<b></b>
	management of trauma					$\square$	
	Two first aiders or stret	cher bearers				l I	l l

	CLASS		IMN No.			
5a)	Medical equipment				YES	NO
	Initial airway Ventilatory support Haemorrhage control Cervical collar Extrication device - Thi a spinal board or equi Devices such as "NATO	resuscitation and emergens should be a Scoop stretchivalent O" or other canvas stretcher are no longer acceptable.	ner or if not availa	ble		
5b)	Medical equipment Equipment for initiating Cervical collar	resuscitation and emergen	cy treatment			
	Scoop stretcher or spir	nal board or equivalent				
5c)	Technical equipment Radio communication v	with CMO				
5d)	Other equipment Protective canvas/Tarp	paulins				
6a)	Medical centre					
	Is it a permanent struct	ture?				
6b)	<b>Number</b> of rooms Area in <b>sq.m</b> .					
					YES	NO
	Area easily accessible Helicopter landing area	nearby air-conditioning and sanitat				
6c)	Minimum room dimer	nsions and requirements				
	1 resuscitation room or 2 resuscitation rooms					

	CLASS		IMN	No.								
6d)	Equipment for resusc	itation areas				YES	<b>;</b>	NO				
	support including suction Equipment for intravent venous cannulation and and crystalloid solution Intercostal drainage equipment for cardiact ECG monitoring, defibror Equipment for immobility Equipment for the splint Drugs/ IV fluids including	uipment monitoring and resuscitation, illation and blood pressure m sing the spine at all levels	gents on and ce on expan including easurem s, anticon	ntral ders I ent								
6e)	Staff are appropriatel	y trained & skilled										
6f)	Is there another facili	ty for treatment of injured r	iders-									
	Room, container or tent (please describe/specify) - only to be filled in if there is no Medical Centre											
6g)	Personnel of Medical	Centre		(ple	ase <u>fill in the</u>	num	ıber	)				
					day 0	1	2	3				
	Doctor Nurse Paramedic First Aider Stretcher Bearer Driver Other Med. Personnel (in total	1 2 3	Thursday Friday Saturday Sunday		number							
	Specialists at medical centre (mentioning specialty)											
	Surgeon experience     Trauma resuscitation		yes no	3. 4.	er Specialist	S						

	CLASS			IMN No.					
7)	Vehicles for transport	t to hospital		Numbe	er				
8)	Ways to cross the tra	ck during racing			Tuni Brid		YES		NO
9a)	Helicopter								
	Helicopter with medical	l equipment		Numbe	er				
	Fluids and drugs Respirator Oxygen ECG/defibrillator								
9b)	Personnel (specify)  Doctor  Paramedic or equivaler  Pilot	nt	0 1 2 3	Thursday Friday Saturday Sunday	_	day 0	1	2	3
10)	Clothing of medical p	ersonnel as per Medica	al C	ode			YES		NO
	Doctor Nurses, paramedics or	equivalent							
11)	Is there separate med	lical personnel for Spe	ctat	ors?					
	Personnel (specify)  Doctor  Nurse  Paramedic  First Aider  Stretcher Bearer  Driver  Other  Med. Personnel (in total	<u>l</u>		(ple Thursday Friday Saturday Sunday	(	day 0		ber 2	3
12)	Facilities for doping of	controls					YES		NO

	CLASS		IMN No.				
13)	Hospitals						
	Type of hospital	Name of Hospital	GPS coordinate	ne to I Road	Hospi Air	Dist	ance
		_		min	min	k	m
	a) Local hospital						
	b) General Surgery						
	c) Orthopaedic/Trauma						
	d) Neurosurgery						
	e) Spinal Injuries						
	f) Cardio/Thoracic Surgery						
	g) Burns/Plastic Surgery						
	h) Vascular Surgery						
	i) Micro Surgery						
14) 15)		JESTIONNAIRE has been			YE		NO NO
	completed by the CM6 Remarks:	5				_	
Date	:						
Sign	ature of the CMO:						



Fédération Internationale de Motocyclisme 11, route Suisse - CH-1295 Mies (Suisse) E-mail: cmi@fim.ch

## CIRCUIT CMO QUESTIONNAIRE TRIAL

(Form only to be used by the CMO (Chief Medical Officer)

This questionnaire must be completed by the Medical Doctor (in accordance with art. 09.4.1 of the FIM Medical code) and returned to the FIM by e-mail, **TWO months prior** to the event with the following attachments:

- **a)** A map of the sections including medical overview of medical personal, ambulances and fire service
- **b)** A map of the sections indicating the routes for urgent evacuation
- c) Written confirmation from all involved hospitals
- d) Written confirmation of CMO/doctor about availability of medical staff during the event
- e) Road map to hospital(s)

A copy of this form has to be handed over before the first inspection of the sections to the FIM Medical Representative (FIM Medical Code art. 09.4.1)

Discipline	IMN No	o
Circuit	Date	
Country		
СМО		

	N° Lic. (if existing)			
1)	Are all medical services under the control of the CMO	YE	S N	<u>o</u>
2)	Total personnel during event	da	ay 1 :	2
	Doctor(s)  Nurses  Paramedic or equivalent  Other Medical personnel  Driver  Total	Nimber		
	NOTE: If there is a considerable distance betwee there should be additional doctors with adequate eme			
3a)	Vehicles Type A (Medical Rapid Intervention Vehicle) Type of vehicle  Doctor(s) as per Medical Code art. 09.5 Nurse, paramedics as per Medical Code Driver as per Medical Code	Number	YES	NO
3b)	Medical equipment Portable oxygen supply Manual ventilator Intubation equipment Suction equipment Intravenous infusion equipment Equipment to immobilise limbs and spine (including cervical spine) Sterile dressings ECG monitor and defibrillator Drugs for resuscitation and analgesia/IV fluids Sphygmomanometer and stethoscope			
3c)	Equipment technical Radio communication Visible and audible signals Equipment to remove clothing and helmets			
	Type de véhicule			

4a)	Vehicles Type B Type of vehicle	Number	
	Do positions conform to map of circuit/ posts? Doctor as per Medical Code Staff as per Medical Code		YES NO
4b)	<b>Medical &amp; technical Equipment</b> as per Medical Code, Art. 09.5.1.4		
5a)	Medical ground posts (if necessary)	Number	
	Do positions conform to map of section?		YES NO
5b)	<b>Personnel</b> Doctor/ paramedic or equivalent experienced in emergency care Stretcher bearer		
5c)	Equipment medical Equipment for initiating resuscitation and emergency treatment Cervical collar Scoop stretcher		
5d)	Equipment technical Radio communication with Medical Doctor in charge		
6)	Is a facility available for treatment of injured competitors?		YES NO
	Room, container or tent (please describe/specify) if there is no Medical Centre		

7)	Vehicles for transport to h	ospital	Number		
8)	Clothing of medical person	nnel as per Medical C	Code	YES NO	
	Paramedics or equivalent				
9)	Hospitals				
	Type of hospital	Name of hospital	GPS Coordinates	Time fro Distance	
				Road Air km min min	
	a) Local hospital				
	b) General surgery				
	c) Orthopeadic/ Trauma				
				YES NO	
10)	The CIRCUIT CMO QUEST completed by the CMO	IONNAIRE has been			
11)	Medical service is in accordance with the Medical Code.				
	Remarks:				
Date:					

Signature of the CMO:



Fédération Internationale de Motocyclisme 11, route Suisse - CH-1295 Mies (Suisse) E-mail: cmi@fim.ch

## CIRCUIT CMO QUESTIONNAIRE ENDURO (Form to be used by CMO)

# The following questionnaire is to be completed prior to the event with

- a) A map of the circuit/ posts indicating the medical services
- b) Written confirmation that the hospitals are aware of the time of practice and racing and returned to the FIM 2 months and that injured riders will be treated with minimum delay

This form must also be given to the FIM Medical Inspector at the time of the inspection

Discipline			IMN No.	
Circuit			Date	
Country				
CHIEF MEDICAL OFFIC	ER			
		Lic Nº		

Vers. 01/23

	Discipline				IMI	N No	<b>)</b> .					
1)	Are all medical services of the Chief Medical Offi								YES	; 	NO	
2)	Total personnel		(ple	ease	ease fill in the number)							
						day	0	1	2	3	3	4
	Doctor (including CMO) Nurse Paramedic or equivalent Other Medical personne		0 1 2 3	Fric Sat	ırsday lay urday nday	ber						
	Stretcher bearer Driver Other (e.g.Pilot)		4	Моі	nday	number						
	Total											
3a)	Vehicles Type A1 = Me  Do positions conform to  Doctor as per Medical C	map of circuit/ pos		hicl	e Nu	mbe	er		,	YES	•	NO
	Second doctor, paramed Driver as per Medical Co	dic or equivalent as	pe	· Me	dical Co	ode						
3b)	Vehicles Type A2 = Me	dical Intervention	Ve	hicle	e Nu	mbe	er					
	Do positions conform to Doctor as per Medical C Nurse, paramedic or equ Driver as per Medical Co	ode uivalent as per Med		Cod	de							
3c)	Medical equipment Portable oxygen supply Manual ventilator Intubation equipment Suction equipment Intravenous infusion equipment to immobilise (including cervical spine) Sterile dressings ECG monitor and defibri Drugs for resuscitation as Sphygmomanometer and	limbs and spine  llator  Ind analgesia/IV flu	iids									

	Discipline		IMN No.			
3d)	Technical equipment Radio communication wi Visible and audible signa Equipment to remove su				YES	NO
3e)	Type of vehicle		Quad Ambulance other	Bike Car		
3f)	Other equipment Protective canvas / Tarp	aulins			YES	NO
4a)	Vehicles Type B1		Number			
	Do positions conform to Doctor as per Medical Conference of the Personnel as per Medical	ode			YES	NO
4b)	Vehicles Type B2		Number			
	Do positions conform to Doctor as per Medical Con Personnel as per Medical	ode				
4c)	Medical equipment Portable oxygen supply Manual and automatic ve Intubation equipment Suction equipment Intravenous infusion equipment to immobilise (including cervical spine) Sterile dressings Thoracic drainage equip Tracheostomy equipment Sphygmomanometer and Stretcher Scoop stretcher ECG monitor and defibri Pulse oximeter Drugs for resuscitation as	nipment e limbs and spine ) ment nt d stethoscope				

	Discipline		IMN No.		
4d)	Technical equipment Radio communication wi Visible and audible signa Equipment to remove su Air conditioning and refri	ıls its and helmets		YES	NO
	Type of vehicle				
5a)	Vehicles Type C		Number		
	Do positions conform to Personnel as per Medica	•	s?	YES	NO
5b)	Medical equipment Stretcher Oxygen supply Equipment to immobilise First Aid medicaments an	•			
5c)	<b>Technical equipment</b> Radio communication Visible and audible signa	ıls			
5d)	Type of vehicle	[			
5e)	Personnel Doctor, nurse, paramedic Stretcher bearer	c or equivalent exp	erienced in emergend	yey care	NO
5f)	Medical Equipment Equipment for initiating re Cervical collar Scoop stretcher	esuscitation and en	nergency treatment		
5g)	<b>Technical equipment</b> Radio communication wi	th Race Control and	d CMO		
6)	Vehicles for transport t	o hospital	Number		
7)	Clothing of medical per Doctor Paramedics or equivalen	·	dical Code	П	

	Discipline				IMN	l No	).					
3)	Hospitals :											
	Type of beenited	Name of Hoo	a <b>i</b> tal				Time	to Ho	spital		Dista	ance
	Type of hospital	Name of Hos	ona				Road	d	Air		km	
							min		min			
	a) Local hospital											
	b) General Surgery											
	c) Orthopaedic/Trauma									]		
	d) Neurosurgery											
	e) Spinal Injuries									]		
	f) Cardio/Thoracic Surgery											
	g) Burns/Plastic Surgery									]		
	h) Vascular Surgery									]		
	i) Micro Surgery											
9)	A route map to the hos	pitals is enclosed								YES		NO
LO)	Trackside positions of Please enter for every door to enter only one x in each and B1), please enter the	tor (CMO,2,3,) where to column (except where to							Reme	embe	er	
	Doctor (number)	СМС	1	2	3	4	5	6	7	8	9	10
	Race Control											
	other place											
	Type A1*											
	Type B1*											

	Discipline		IMN No.		
			•		YES NO
11)	The CIRCUIT CMO QUES	TIONNAIRE has been comp	oleted by the CI	ИО	
			-		
	Remarks:				
	Date of completion :				
	CMO signature:				



Fédération Internationale de Motocyclisme 11, route Suisse - CH-1295 Mies (Suisse) E-mail: cmi@fim.ch

### CIRCUIT CMO QUESTIONNAIRE International Six Days of Enduro / ISDE

(Form to be used by CMO)

The following questionnaire is to be completed and returned to the FIM 2 months prior to the event with

- a) A map of the circuit/ posts indicating the medical services
- **b)** Written confirmation that the hospitals are aware of the time of practice and racing and that injured riders will be treated with minimum delay

This form must also be given to the FIM Medical Inspector at the time of the inspection

Discipline			IMN No.	
Circuit			Date	
Country				
CHIEF MEDICAL OFF	FICER			
		LIC. N°.		

	Discipline		IM	N No	. [						
1)	Are all medical services under the control of the Chief Medical Officer						<u> </u>	/ES			NO
2)	Total personnel (medical centre, track)										
							numbe		- 1		
	Doctor (including CMO) Nurse Paramedic or equivalent Other Medical personnel Stretcher bearer Driver Other (e.g.Pilot)	1 Tuesda 2 Wedne 3 Thursd 4 Friday 5 Saturd 6 Sunday	eday lay ay	day	1	2	3	4	5	6	
	Total										
3a)	Vehicles Type A1 = Medical Intervention Vel	hicle	Nu	mber							
	Do positions conform to map of circuit/ posts?  Doctor as per Medical Code  Second doctor, nurse, paramedic or equivalent  Driver as per Medical Code	as per Medio	cal Co	de				/ES			NO
3b)	Vehicles Type A2 = Medical Intervention Vel	hicle	Nu	mber							
	Do positions conform to map of circuit/ posts?  Doctor as per Medical Code  Nurse, paramedic or equivalent as per Medical  Driver as per Medical Code	Code						/ES		- - -	NO
3c)	Medical Equipment Portable oxygen supply Manual ventilator Intubation equipment Suction equipment Intravenous infusion equipment Equipment to immobilise limbs and spine (including cervical spine) Sterile dressings ECG monitor and defibrillator Drugs for resuscitation and analgesia/IV fluids Sphygmomanometer and stethoscope										
3d)	Technical Equipment Radio communication with Race Director and C Visible and audible signals Equipment to remove suits and helmets	eMO									
	Type of vehicle	Quad Ambulance other		Bik Car	_						
3e)	Other equipment Protective canvas / tarpaulins						F			Γ	

	Discipline	IMI	N No.		
4a)	Vehicles Type B1	Number		YES	NO
	Do positions conform to map of circuit/ posts? Doctor as per Medical Code Personnel as per Medical Code				
4b)	Vehicles Type B2	Number			
	Do positions conform to map of circuit/ posts? Doctor as per Medical Code Personnel as per Medical Code				
	Medical Equipment Portable oxygen supply Manual and automatic ventilator Intubation equipment Suction equipment Intravenous infusion equipment Equipment to immobilise limbs and spine (including cervical spine) Sterile dressings Thoracic drainage equipment/Chest decompres Tracheostomy equipment/Surgical airway equip Sphygmomanometer and stethoscope Stretcher Scoop stretcher ECG monitor and defibrillator Pulse oximeter Drugs for resuscitation and analgesia/ IV fluids				
4d)	Technical Equipment Radio communication with Race Director and Control Visible and audible signals Equipment to remove suits and helmets Air conditioning and refrigerator (recommended)				
	Type of vehicle		<u>-</u>		
5)	Vehicles Type C	Number			
	Do positions conform to map of circuit/ posts? Personnel as per Medical Code				
5a)	Equipment (Medical) Stretcher Oxygen supply Equipment to immobilise limbs and spine First Aid medicaments and materials				
5b)	<b>Equipment (Technical)</b> Radio communication Visible and audible signals				
	Type of vehicle				

	Discipline		IMN No.		
5c)	Personnel Doctor/ paramedic or equi Stretcher bearer	valent experienced in emergen	cy care	YES	NO
5d)	Medical Equipment Equipment for initiating res Cervical collar Scoop stretcher	suscitation and emergency treat	ment		
5e)	Technical Equipment Radio communication with	Race Control and CMO			
6)	Medical Centre	( Mandatory in 6 days Enduro )			
	Area easily accessible by the Helicopter landing area near A room large enough to treat Temporary separation in the Radio communication with If the Medical Centre is fewer permanently connected to Water supply, heating, airthe country Office facilities Dirty utility container Equipment storage Parking for ambulances	which media and public can be First Aid vehicles	or injurie simultane s es & ground posts y, it must also be Power Supply )	ously	
	Medical Equipment				
6a)	support including suction, Equipment for intravenous venous cannulation Fluids including colloid pla Intercostal drainage equip Equipment for cardiac mode ECG monitoring, defibrillat Equipment for immobilising Equipment for the splinting Drugs/ IV fluids including a	al intubation, tracheostomy and oxygen and anaesthetic agents access including cut down and sma epanders and crystalloid soment nitoring and resuscitation, including and blood pressure measuring the spine at all levels	central clutions ling ement convulsants,		
6b)	to treat up to three riders v Sufficient stocks to repleni	uries dressings, suture equipment are with minor injuries simultaneouslesh the area during the event muctors, nurses and paramedics or	y. ist be		
	in treating trauma must be	•	ечимают ехрепе		

	Discipline				IM	N No	ο.						
6c)	Personnel						_	in the				_	1
	Γ=			_	_	day	1	2	3	4	5	6	
	Doctor		1	Tues	-								
	Nurses		2		nesday								
	Paramedic or equivalent		3	Thurs	-	Je.							
	Stretcher bearer		4	Frida	-	number							
	Driver		5	Satur	-	2							
	Other		6	Sund	ay								
	Total												
	Specialists at medical cer	ntre (mentioning special	lty)	Г	voc   no	٦	Oth	er Sp	ocia	liete			
	1 Curacan experienced i	n trauma		<del>,                                    </del>	yes no	-		ei op	ecia	แอเอ			
	1. Surgeon experienced i			+		-	3.						
	2. Trauma resuscitation s	pecialist				_	4.						
7)	Anti-Doping facilities									YES			NO
8)	Vehicles for transport to	o hospital		Num	ber			]					
9)	Helicopter												
9a)	Helicopter with medical e	quipment		Num	ber								
	Fluids and drugs Respirator Oxygen ECG/defibrillator												
9b)	Personnel (specify)				Tuesda <sub>:</sub> Wednes		day	1	2	3	4	5	6
	Doctor				Thursda		_						
	Nurse, paramedic or equi	valent			riday	•	Number						
	Pilot				Saturda	V	=						
	Total				Sunday		ĮŽ						
12c)	Clothing of medical per	sonnel as per Medical	l Co		Junuay			•	<u>I</u>	YES			NO
	Doctor												
	Paramedics or equivalent	t											
13)	Hospitals :												
	Tyme of heavited	Name of Hearthal			GPS		1	Time	to ho	spital		Dista	ance
	Type of hospital	Name of Hospital		Co	ordinat	es		Route		Air			
	<u> </u>								1	min		le:	m
								min	J	IIII		K	111
	a) Local bossital	<u> </u>					1		1				
	a) Local hospital								J				
	h) Conoral Surgary						- 1		1				
	b) General Surgery							<u></u>	J				

Discipline						l No	).					
Type of hospital	Name of Hospital		С	GF oord		s		Time Route	to ho	spital Air		Dista
								min		min		km
c) Orthopaedic/Trauma									]			
d) Neurosurgery		]							]		]	
e) Spinal Injuries		]							]		]	
f) Cardio/Thoracic Surgery		]							]		]	
g) Burns/Plastic Surgery		]							]		]	
h) Vascular Surgery									]			
i) Micro Surgery									]			
A route map to the hosp	oitals is enclosed									YES		
Trackside positions of D	Ooctors											
Please enter for every doo												-
one x in each column (exc	cept where there is an	aster	ix (T	ype /	A1 ar	nd B	1), pl	ease	ente	er the	pos	st n°)
Doctor (number)		СМО	1	2	3	4	5	6	7	8	9	10
Race Control												
other place												
Type A1*												

Medical Centre/ Art. 7d)

	Discipline		IMN No.	YES	NO
16)	The CIRCUIT CMO QUE	STIONNAIRE has been complete	ed by the CMO	123	
	Remarks:				
Date	e of completion :				
СМО	O signature:				



Fédération Internationale de Motocyclisme 11, route Suisse - CH-1295 Mies (Suisse) E-mail: cmi@fim.ch

## CIRCUIT CMO QUESTIONNAIRE SPEEDWAY

(Form only to be used by CMO)

This questionnaire has to be completed by the CMO (in accordance with art. 09.4.1 of the FIM Medical code) and returned to the FIM by e-mail, <a href="Two months">TWO months</a> prior to the event with the following attachments:

- 1) A map of the track including medical overview of medical personal, ambulances and fire service
- 2) A map of the track indicating the routes for urgent evacuation
- 3) Written confirmation of CMO about availability of medical staff during the event
- 4) Written confirmation of all hospitals involved
- 5) Road map to hospital(s)

A copy of this form has to be handed over before the first inspection to the FIM Medical Representative

Discipline		IMN No	).
Circuit		Date	
Country			
CHIEF MEDICAL OFFICE	R _		
	L	ICNo.	

6)	Are all medical services under the control of the Chief Medical Officer	YES	NO
7)	Total personnel during event	day	1 2
	Doctor (including CMO)  Nurses  Paramedic or equivalent  Other Medical personnel  Driver  Total	number	
8)	Vehicles Type B1 Vehicles Type B2	Number Number	
	Do positions conform to map of sections?  Doctor as per Medical Code  Peronnel as per Medical Code	YES	NO
8a)	Medical Equipment Stretcher Oxygen supply Equipment to immobilise limbs and spine First Aid medicaments and materials		
8b)	<b>Technical Equipment</b> Radio communication with the Race Director and CMO (if applica Visible and audible signals	ble)	
8c)	Medical Ground Post Number		
	Do positions conform to map of section?		
8d)	<b>Personnel</b> Doctor, nurse, paramedic or equivalent experienced in emergence Stretcher bearer	cy care	
8e)	Medical Equipment Equipment for initiating resuscitation and emergency treatment Cervical collar Scoop stretcher		
8f)	<b>Technical Equipment</b> Radio communication with Race Director (if applicable) and CMO		

9)	Is a facility available for treatment of injured competitors  Room, container or tent (please describe/specify) -  to complete if there ir no Medical Centre					
10)	Vehicles for transport to	hospital	Type C	N	umber	
11)	Clothing of medical pers	sonnel as per Medica	I Code			
	Doctor Paramedics or equivalent				YES	NOI
12)	Anti-doping facilities					
13)	Hospitals					
	Type of hospital	Name of Hospital	Time to	hospital Air min	Distance km	
	a) Local hospital					
	b) General Surgery					
	c) Orthopaedic/Trauma					
14)	The CIRCUIT CMO QUE medical service is in accorde.				MO, YES	NO
	Remarks:					
Date	e: O Signature:					



# HIGHLY CONFIDENTIAL LIST OF MEDICALLY UNFIT RIDERS FOR DOCTORS ONLY To be completed by the Chief Medical Officer

To: FIM Medical Directors/FIM Medical Officer/FIM Medical Delegate: MotoGP, WSBK, Endurance, MXGP, Speedway GP ONLY

To th	e Chief Medical Officer	at	Circuit for event	MN N°	(the next event in the series)
The f	following riders were re	ndered medically <b>ι</b>	<b>ınfit</b> to ride at		
Even	Event IMN N°				
Date	Date of event:				
	NAME	RIDING N°		DATE OF INJURY	NATURE OF INJURY / ILLNESS



#### **APPENDIX G**

## HIGHLY CONFIDENTIAL LIST OF MEDICALLY UNFIT RIDERS FOR DOCTORS ONLY To be completed by the Chief Medical Officer

To: FIM Medical Directors/FIM Medical Officer/FIM Medical Delegate: MotoGP, WSBK, Endurance, MXGP, Speedway GP ONLY

The following riders were included on a previous "List of Medically Unfit Riders" and have not yet been passed as "medically fit to ride".

NAME	RIDING N°	CLASS	DATE OF INJURY	NATURE OF INJURY / ILLNESS

Date Signature of Chief Medical Officer



# HIGHLY CONFIDENTIAL LIST OF MEDICALLY UNFIT RIDERS FOR DOCTORS ONLY To be completed by the Chief Medical Officer

To: FIM Medical Directors/FIM Medical Officer/FIM Medical Delegate: MotoGP, WSBK, Endurance, MXGP, Speedway GP ONLY

Any rider on these lists wishing to compete must have a Medical Examination to determine their medical fitness to ride in accordance the FIM Medical Code before they next compete at an event. The list must also include any rider who has been treated by a doctor other than the official doctors of the event. At the end of an event this form must be completed by the CMO to include any rider who has been injured. The form must then be given directly to the relevant FIM Medical Director/Officer/Delegate as above, for delivery to the CMO of the next event in an envelope marked "Highly Confidential". The information contained in this form must be treated in the strictest confidence and is for the FIM Medical Director/Officer/Delegate and CMO only.

#### **Data Privacy**

The CMO, FIM Medical Officer, FIM Medical Director, FIM WSBK Medical Director, FIM Endurance, MXGP Medical Directors, FIM Speedway GP Medical Delegate shall not disclose this Rider's Personal Data or Sensitive Personal Data except where such disclosures are strictly necessary in order to fulfil their obligations under the FIM Medical Code. They shall ensure that this Personal Data and Sensitive Personal Data is only retained when it remains relevant to fulfilling their obligations under the FIM Medical Code. Once it no longer serves the above-mentioned purposes, it shall be deleted, destroyed or permanently anonymised. As a general rule, retaining Sensitive Personal Data requires stronger or more compelling reasons than for Personal Data.



## HIGHLY CONFIDENTIAL LIST OF MEDICALLY UNFIT RIDERS FOR DOCTORS ONLY To be completed by the Chief Medical Officer

To: FIM Medical Directors/FIM Medical Officer/FIM Medical Delegate: MotoGP, WSBK, Endurance, MXGP, Speedway GP ONLY

Any rider going through Medical Examination and therefore submitting this information including Personal Data and Personal Sensitive Data to be able to compete, shall be deemed to have agreed pursuant to applicable data protection laws and otherwise that such information be collected, processed, disclosed and used for the purposes of the implementation of the FIM Medical Code by the CMO, FIM Medical Officer, FIM Medical Director, FIM WSBK Medical Director, FIM Endurance Medical Director, FIM MXGP Medical Director and FIM Speedway GP Medical Delegate.

A rider or his authorised representative shall be entitled to request to erase, rectify or obtain any Personal Data or Sensitive Personal Data the FIM holds about him in accordance with the FIM Medical Code by sending a written request to gdpr-medical@fim.ch.



### PROCEDURE FOR A MEDICAL ASSESSMENT AND HOMOLOGATION FOR CIRCUIT RACING GP, WSBK, ENDURANCE, MXGP, MXoN, SGP CIRCUITS

#### Medical Assessment

A medical assessment is a visit by an FIM Medical Assessor (FIM Medical Officer/Director/Delegate/Representative) during an event following receipt of the CMO questionnaire of the relevant circuit in order to:

establish the level of the medical facilities and the medical centre of the circuit in order to ensure the highest standard of services for the safety of the riders and to establish their conformity with the FIM Medical Code and make recommendations as necessary with a view to a medical homologation based on the CMO questionnaire previously received and reviewed by the FIM Medical Assessor.

and

verify all medical facilities and the medical centre together with the services required to provide appropriate and necessary medical interventions.

and

issue a medical assessment and homologation report for the circuit.

An initial medical assessment before the event (Medical Pre-assessment) may be compulsory:

- To determine the minimum medical requirements and facilities for any new circuit to be used for the first time. Such an assessment may be followed by a further medical pre-assessment if necessary but will be followed by a compulsory medical review during the event to confirm the provision and appropriateness of these medical services.

## APPENDIX H1 CIRCUIT RACING GP, WSBK, ENDURANCE, MXGP, MxoN, SGP CIRCUITS

An intermediate medical assessment before the event may be required for:

- a) existing circuits that have already been used and received a grade A but have undergone significant changes in the layout of the circuit or the medical centre.
- b) existing circuits which have received a grade B or C in the previous assessment.

A medical assessment during the event is compulsory for:

- a) any new circuit to be used for the first time.
- b) existing circuits which have received a grade B or C in the previous assessment.
- c) existing circuits that have already been used and received a grade A but have undergone significant changes in the layout of the circuit or the medical centre.
- d) the circuits for which the previous medical homologation has expired.

#### Assessment requests

The FMN can request a medical assessment, but the FIM reserves the right to review a medical homologation and require a medical assessment at any time.

In the event of inadequate medical facilities or work to be carried out to the medical centre, the medical assessor may decide to carry out one or more further intermediate medical reviews, if necessary.

The medical homologation becomes effective only after a FINAL medical assessment resulting in a grade A or B as defined below.

The CMI will appoint the FIM Medical Assessor.

Documents to be submitted for a medical assessment to be returned to the FIM <u>at least</u> 2 months prior to the medical assessment.

The FIM Circuit CMO Questionnaire to be completed by the Chief Medical Officer (CMO) (see Appendix F of the FIM Medical Code).

Two (2) copies of a map of the circuit medical services, one in hard copy and the other in electronic format to a minimum scale of 1:2000 indicating the positions.

## APPENDIX H1 CIRCUIT RACING GP, WSBK, ENDURANCE, MXGP, MxoN, SGP CIRCUITS

- vehicle type A	in red with	A
- vehicle type B	in blue with	В
- vehicle type C	in green with	С
- medical centre	in green with	MC
- ground post	in yellow with	GP
- pit lane ground post	in yellow with	PGP
- helicopter landing area	in orange with	Н
and routes for urgent evac	cuation	

Plan of the circuit medical centre.

#### APPENDIX H1 CIRCUIT RACING GP, WSBK, ENDURANCE, MXGP, MxoN, SGP CIRCUITS

#### Medical assessment procedure

At all medical assessments, it shall be the duty of the FIM Medical Assessor to examine all the medical facilities at the circuit and make recommendations when required to ensure that these conform to the FIM Medical Code.

During the medical assessment, the presence of the Chief Medical Officer (CMO), the Clerk of the Course and/or a responsible representative of the circuit is required.

Grading of circuit medical assessment and homologations

The medical assessment and homologation will be graded as follows:

A: 1 year

A medical assessment and medical homologation report will be issued.

- B: Further improvements to the medical service are required and a further medical assessment is compulsory the following year.
  - In the event of two successive assessments resulting in grade B, the circuit will automatically be downgraded to grade C as defined below.
- The medical service provision does not comply with the requirements of the FIM Medical Code and a further detailed medical review is compulsory prior to any FIM event taking place.

Further medical assessment is required before any FIM event can take place until the circuit obtains at least a grade B.

#### **Expenses for medical assessments/homologations**

#### Costs for medical assessments /homologations

The costs of transport and accommodation of the Medical Assessor for medical assessment of track or circuits taking place during the event are borne by the FIM. When the medical assessment requiring further assessment and takes place before the date of the event, these costs are invoiced to the FMNR, by way of the quarterly invoice

of amounts payable by the FMNR. When a track or circuit is assessed without a race being included in the calendar of the current or the coming year, the costs are also later invoiced to the FMNR.



# PROCEDURE FOR A CIRCUIT MEDICAL ASSESSMENT AND HOMOLOGATION FOR ALL DISCIPLINES EXCEPT FOR CIRCUIT RACING GP, WSBK, ENDURANCE, MXGP, MXoN, SGP CIRCUITS

#### **Medical Assessment**

A medical assessment is a visit by an FIM Medical Assessor (FIM Medical Representative) during an event in order to:

 establish the level of the medical facilities and the medical centre of the circuit in order to ensure the highest standard of services for the safety of the riders and to establish their conformity with the FIM Medical Code and make recommendations as necessary with a view to a medical homologation based on the CMO questionnaire previously received and reviewed by the FIM Medical Assessor.

#### and

 verify all medical facilities and the medical centre together with the services required to provide appropriate and necessary medical interventions

#### and

issue a medical assessment and homologation report for the circuit.

In the case of no FIM Medical Representative being appointed to the event and no assessment being carried out during the event, the FIM Medical Assessor will review the CMO questionnaire received at least 60 days prior to the event and will forward their advice and recommendations in writing to the CMO and FMNR.

An initial medical assessment before the event (Medical Pre-assessment) may be required:

To determine the minimum medical requirements and facilities for any new circuit
to be used for an FIM Championship or Prize event for the first time. Such an
assessment may be followed by a further Medical Pre-assessment if necessary
and may be followed by a Medical review during the event to confirm the provision
and appropriateness of these medical services.

#### An intermediate medical assessment before the event may be required for:

- a) existing circuits that have already been used for an FIM Championship and Prize event and received a grade A but have undergone significant changes in the layout of the circuit or the medical centre.
- b) existing circuits which have received a grade B or C in the previous assessment.
  - A medical assessment during the event may be compulsory for:
- a) any new circuit to be used for an FIM Championship or Prize event for the first time.
- b) existing circuits which have received a grade B or C in the previous assessment.
- c) existing circuits that have already been used for an FIM Championship and Prize event and received a grade A but have undergone significant changes in the layout of the circuit or the medical centre.
- d) the circuits for which the previous medical homologation has expired.

#### **Assessment requests**

- The FMN can request a medical assessment, but the FIM reserves the right to review a medical homologation and require a medical assessment at any time.
- In the event of inadequate medical facilities or work to be carried out to the medical centre, the FIM Medical Assessor may decide to carry out one or more further intermediate medical reviews, if necessary.
- The medical homologation becomes effective only after a FINAL medical assessment resulting in a grade A or B as defined below.
- The CMI will appoint the FIM Medical Assessor.

Documents to be submitted for a medical assessment to be returned to the FIM <u>at least</u> 2 months prior to the medical assessment.

- The FIM Circuit CMO Questionnaire to be completed by the Chief Medical Officer (CMO) (see Appendix F of the FIM Medical Code).
- Two (2) copies of a map of the circuit medical services, one in hard copy and the other in electronic format to a minimum scale of 1:2000 indicating the positions.

✓ vehicle type A	in red with	A
✓ vehicle type B	in blue with	В
✓ vehicle type C	in green with	С
✓ medical centre	in green with	MC
✓ ground post	in yellow with	GP
✓ pit lane ground post	in yellow with	PGP
<ul><li>✓ helicopter landing area</li><li>o and routes for urgent evacu</li></ul>	in orange with	Н

✓ Plan of the circuit medical centre.

#### Medical assessment procedure

At all medical assessments, it shall be the duty of the FIM Medical Assessor to examine all the medical facilities at the circuit and make recommendations when required to ensure that these conform to the FIM Medical Code.

During the medical assessment, the presence of the Chief Medical Officer (CMO), the Clerk of the Course and/or a responsible representative of the circuit is required.

Grading of circuit medical assessments and homologations

The medical assessment and homologation will be graded as follows:

A: 3 years.

A medical assessment and homologation report will be issued.

B: Further improvements to the medical service are required and a further medical assessment may be carried out at the following year.

Medical assessment may be carried out before the next event.

In the event of two successive assessments resulting in grade B, the circuit will automatically be downgraded to grade C as defined below.

C: The medical service provision does not comply with the requirements of the FIM Medical Code and a further detailed medical review is compulsory prior to FIM events taking place.

Further medical assessment is required before any FIM event can take until the circuit obtains at least a grade B.

## Expenses for medical assessments/homologations Costs for medical assessments /homologations

The costs of transport and accommodation of the Medical Assessor for medical assessment of track or circuits taking place during the event are borne by the FIM.

When the medical assessment requiring further assessment and takes place before the date of the event, these costs are invoiced to the FMNR, by way of the quarterly invoice of amounts payable by the FMNR. When a track or circuit is assessed without a race being included in the calendar of the current or

the coming year, the costs are also later invoiced to the FMNR.

#### APPENDIX L



#### **HIGHLY CONFIDENTIAL**

Fédération Internationale de Motocyclisme 11, route Suisse - CH-1295 Mies (Suisse) to return to: cmi@fim.ch only

**Confidentiality note**: The data and information contained in this questionnaire are strictly confidential

This information is intended only for use of the FIM

#### QUESTIONNAIRE FATAL ACCIDENT

1)	FMNR			
2)	DISCIPLINE			
3)	EVENT	National	International	FIM
4)	CIRCUIT		VENUE	
	PRACTICE	RACE	Lap N°	
		Track	Paddock	Outside
		Ground post N°	Turn N°	
5)	СМО			
6)	DIAGNOSES	1		
		2		
		3		
		4		
7)	DATE of ACCID	ENT		
8)	TIME of ACCIDI	ENT		

9)	PROTECTIVE DEVICE	S WORN BY THE R	IDER:	
	Neckbrace:	YES	NO	
	Type:			
	Brand:			
	Other protective device (Please specify)	es:		
10)	TIME of DEATH			
11)	DEATH	immediate	evacuation	hospital
12)	TIME of ARRIVAL of the	ne FIRST AIDERS		
13)	TIME of START RESU	SCITATION		
14)	THERAPY			
15)	AUTOPSY	YES	NO	
16)	RESULT of the AUTOR	PSY		

17) REMARKS
oil dry track wet track

collision fall

other

18) DOCUMENTS
videos
pictures
magazines
other

#### 19) **COMMENTS**

#### **Data Privacy**

Any rider going through Medical Examination and therefore submitting this information including Personal Data and Personal Sensitive Data to be able to compete, shall be deemed to have agreed pursuant to applicable data protection laws and otherwise that such information be collected, processed, disclosed and used for the purposes of the implementation of the FIM Medical Code by the CMO. The CMO shall not disclose this Rider's Personal Data or Sensitive Personal Data except where such disclosures are strictly necessary in order to fulfil his obligations under the FIM Medical Code. He shall ensure that this Personal Data and Sensitive Personal Data is only retained when it remains relevant to fulfilling his obligations under the FIM Medical Code. Once it no longer serves the abovementioned purposes, it shall be deleted, destroyed and permanently anonymised. As a general rule, retaining Sensitive Personal Data requires stronger or more compelling reasons than for Personal Data.

Any rider going through Medical Examination and therefore submitting this information including Personal Data and Personal Sensitive Data to be able to compete, shall be deemed to have agreed pursuant to applicable data protection laws and otherwise that such information be collected, processed, disclosed and used for the purposes of the implementation of the FIM Medical Code by the CMO.

A rider or his authorised representative shall be entitled to request to erase, rectify or obtain any Personal Data or Sensitive Personal Data the FIM holds about him in accordance with the FIM Medical Code by sending a written request to gdpr-medical@fim.ch.

20)	SIGNATURE of CMO of the EVENT:
	NAME of the CMO:
	DATE:

# SCAT6<sup>TM</sup>



# Sport Concussion Assessment Tool For Adolescents (13 years +) & Adults

#### What is the SCAT6?

The SCAT6 is a standardised tool for evaluating concussions designed for use by Health Care Professionals (HCPs). The SCAT6 cannot be performed correctly in less than 10-15 minutes. Except for the symptoms scale, the SCAT6 is intended to be used in the acute phase, ideally within 72 hours (3 days), and up to 7 days, following injury. If greater than 7 days post-injury, consider using the SCOAT6/Child SCOAT6.

The SCAT6 is used for evaluating athletes aged 13 years and older. For children aged 12 years or younger, please use the Child SCAT6.

If you are not an HCP, please use the Concussion Recognition Tool 6 (CRT6).

Preseason baseline testing with the SCAT6 can be helpful for interpreting post-injury test scores but is not required for that purpose. Detailed instructions for use of the SCAT6 are provided as a supplement. Please read through these instructions carefully before testing the athlete. Brief verbal instructions for each test are given in *blue italics*. The only equipment required for the examiner is athletic tape and a watch or timer.

This tool may be freely copied in its current form for distribution to individuals, teams, groups, and organizations. Any alteration (including translations and digital reformatting), re-branding, or sale for commercial gain is not permissible without the expressed written consent of BMJ.

#### **Recognise and Remove**

A head impact by either a direct blow or indirect transmission of force to the head can be associated with serious and potentially fatal consequences. If there are significant concerns, which may include any of the Red Flags listed in Box 1, the athlete requires urgent medical attention, and if a qualified medical practitioner is not available for immediate assessment, then activation of emergency procedures and urgent transport to the nearest hospital or medical facility should be arranged.

#### **Completion Guide**

Orange: Optional part of assessment

#### **Key Points**

- Any athlete with suspected concussion should be REMOVED FROM PLAY, medically assessed, and monitored for injuryrelated signs and symptoms, including deterioration of their clinical condition.
- No athlete diagnosed with concussion should return to play on the day of injury.
- If an athlete is suspected of having a concussion and medical personnel are not immediately available, the athlete should be referred (or transported if needed) to a medical facility for assessment
- Athletes with suspected or diagnosed concussion should not take medications such as aspirin or other anti-inflammatories, sedatives or opiates, drink alcohol or use recreational drugs and should not drive a motor vehicle until cleared to do so by a medical professional.
- Concussion signs and symptoms may evolve over time; it is important to monitor the athlete for ongoing, worsening, or the development of additional concussion-related symptoms.
- The diagnosis of concussion is a clinical determination made by an HCP.
- The SCAT6 should NOT be used by itself to make, or exclude, the diagnosis of concussion. It is important to note that an athlete may have a concussion even if their SCAT6 assessment is within normal limits.

#### Remember

- The basic principles of first aid should be followed: assess danger at the scene, athlete responsiveness, airway, breathing, and circulation.
- Do not attempt to move an unconscious/unresponsive athlete (other than what is required for airway management) unless trained to do so.
- Assessment for a spinal and/or spinal cord injury is a critical part of the initial on-field evaluation. Do not attempt to assess the spine unless trained to do so.
- Do not remove a helmet or any other equipment unless trained to do so safely.

For use by Health Care Professionals Only

SCAT6™

Developed by: The Concussion in Sport Group (CISG)

Supported by:

















## SCAT6™

#### **Sport Concussion Assessment Tool**

For Adolescents (13 years +) & Adults



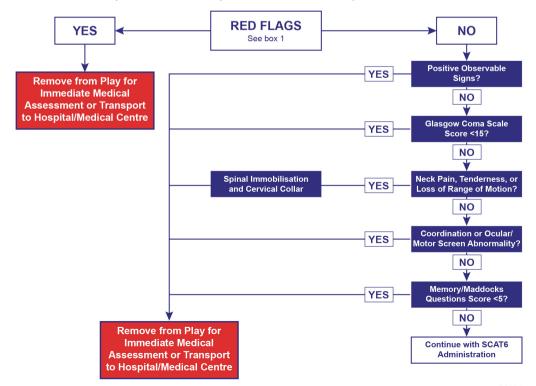
Athlete Name:		ID Number:	
Date of Birth:	Date of Examination:	Date of Injury:	
Time of Injury:	Sex: Male Female Prefer N	ot To Say Other	
Dominant Hand: Left Right	Ambidextrous Sport/Team/Sch	ool:	
Current Year in School (if applicable)	: Years of Educat	ion Completed (Total):	
First Language:	Preferred Langu	uage:	
Examiner:			
Concussion History			
How many diagnosed concussions h	as the athlete had in the past?:		
When was the most recent concussion	on?:		
Primary Symptoms:			
How long was the recovery (time to b	eing cleared to play) from the most recent	concussion?: (Day	rs)

#### Immediate Assessment/Neuro Screen (Not Required at Baseline)

The following elements should be used in the evaluation of all athletes who are suspected of having a concussion prior to proceeding to the cognitive assessment, and ideally should be completed "on-field" after the first aid/emergency care priorities are completed.

If any of the observable signs of concussion are noted after a direct or indirect blow to the head, the athlete should be immediately and safely removed from participation and evaluated by an HCP.

The Glasgow Coma Scale is important as a standard measure for all patients and can be repeated over time to monitor deterioration of consciousness. The Maddocks questions and cervical spine exam are also critical steps of the immediate assessment.



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#### Step 1: Observable Signs Observed on Video Witnessed Lying motionless on playing surface Falling unprotected to the surface Balance/gait difficulties, motor incoordination, ataxia: stumbling, slow/ laboured movements Disorientation or confusion, staring or limited responsiveness, or an inability N to respond appropriately to questions Blank or vacant look Facial injury after head trauma Impact seizure High-risk mechanism of injury (sportdependent)

Step 2: Glasgow Coma Sca	le		
Typically, GCS is assessed once. Additi are provided for monitoring over time, if		0	column
Time of Assessment:			
Date of Assessment:			
Best Eye Response (E)			
No eye opening	1	1	1
Eye opening to pain	2	2	2
Eye opening to speech	3	3	3
Eyes opening spontaneously	4	4	4
Best Verbal Response (V)			
No verbal response	1	1	1
Incomprehensible sounds	2	2	2
Inappropriate words	3	3	3
Confused	4	4	4
Oriented	5	5	5
Best Motor Response (V)			
No motor response	1	1	1
Extension to pain	2	2	2
Abnormal flexion to pain	3	3	3
Flexion/withdrawal to pain	4	4	4
Localized to pain	5	5	5
Obeys commands	6	6	6
Glasgow Coma Score (E + V + M)			
Glasgow Collia Score (E + V + IVI)			

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#### **Box 1: Red Flags**

- Neck pain or tenderness
- Seizure or convulsion
- Double vision
- · Loss of consciousness
- Weakness or tingling/burning in more than 1 arm or in the legs
- Deteriorating conscious state
- Vomiting
- · Severe or increasing headache
- · Increasingly restless, agitated or combative
- GCS <15
- · Visible deformity of the skull

#### **Step 3: Cervical Spine Assessment**

In a patient who is not lucid or fully conscious, a cervical spine injury should be assumed and spinal precautions taken.

Does the athlete report neck pain at rest?	Υ	N
Is there tenderness to palpation?	Υ	N
If NO neck pain and NO tenderness, does the athlete have a full range of ACTIVE pain free movement?	Υ	N
Are limb strength and sensation normal?	Υ	N

#### Step 4: Coordination & Ocular/Motor Screen

Coordination: Is finger-to-nose normal for both hands with eyes open and closed?	Υ	N
Ocular/Motor: Without moving their head or neck, can the patient look side-to-side and up-and-down without double vision?	Υ	N
Are observed extraocular eye movements normal? If not, describe:	Υ	N

#### Step 5: Memory Assessment Maddocks Questions<sup>1</sup>

Say "I am going to ask you a few questions, please listen carefully and give your best effort. First, tell me what happened?"

Modified Maddocks questions (Modified appropriately for each sport; 1 point for each correct answer)

What venue are we at today?	0	1
Which half is it now?	0	1
Who scored last in this match?	0	1
What team did you play last week/game?	0	1
Did your team win the last game?	0	1
Maddocks Score		/5

Note: Appropriate sport-specific questions may be substituted

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**Step 2: Symptom Evaluation** 



#### **Off-Field Assessment**

Please note that the cognitive assessment should be done in a distraction-free environment with the athlete in a resting state **after** completion of the Immediate Assessment/Neuro Screen.

Step 1: Athlete Background									
Has the athlete ever been:									
Hospitalised for head injury? (If yes, describe below)	Υ	N	Diagnosed with attention deficit hyperactivity disorder (ADHD)?	Υ	N				
Diagnosed/treated for headache disorder or migraine?	Υ	N	Diagnosed with depression, anxiety, or other psychological disorder?	Υ	N				
Diagnosed with a learning disability/dyslexia?	Υ	N							
Notes:		Current medications? If yes, please list:							

Baseline: Suspected/Post-i	nju	y:				Т	ime	elapsed since suspected injury: mins/ho	ours/days			
The athlete will complete the symptor baseline versus suspected/post-injury			•		/) a	fter	you	provide instructions. Please note that the instructions are dif	ferent for			
Baseline: Say "Please rate your sy tom and "6" representing a severe					w L	oas	ed (	on how you <u>typically</u> feel with "1" representing a very mi	ld symp-			
Suspected/Post-injury: Say "Pleas mild symptom and "6" representing			-		-	•		below based on how you feel now with "1" representing	g a very			
PLEASE HAND THE FORM TO THE ATHLETE												
Symptom			R	atir	na							
Headaches	0	1		3	_	5	6	Paramanana and an analysis about all all all all all all all all all al	V N			
Pressure in head	0	1	2	3	4	5	6	Do your symptoms get worse with physical activity?	YN			
Neck pain	0	1	2	3	4	5	6	Do your symptoms get worse with mental activity?	Y N			
Nausea or vomiting	0	1	2	3	4	5	6	If 100% is feeling perfectly normal, what percent o	f normal			
Dizziness	0	1	2	3	4	5	6	do you feel?	·······			
Blurred vision	0	1	2	3	4	5	6					
Balance problems	0	1	2	3	4	5	6					
Sensitivity to light	0	1	2	3	4	5	6	If not 100%, why?				
Sensitivity to noise	0	1	2	3	4	5	6					
Feeling slowed down	0	1	2	3	4	5	6					
Feeling like "in a fog"	0	1	2	3	4	5	6					
"Don't feel right"	0	1	2	3	4	5	6					
Difficulty concentrating	0	1	2	3	4	5	6					
Difficulty remembering	0	1	2	3	4	5	6					
Fatigue or low energy	0	1	2	3	4	5	6					
Confusion	0	1	2	3	4	5	6					
Drowsiness	0	1	2	3	4	5	6					
More emotional	0	1	2	3	4	5	6					
Irritability	0	1	2	3	4	5	6					
Sadness	0	1	2	3	4	5	6					
Nervous or anxious	0	1	2	3	4	5	6					
Trouble falling asleep (if applicable)	0	1	2	3	4	5	6					
PLEASE HAND THE FORM BACK TO THE EXAMINER												
Once the athlete has completed answering more detail about each symptom.	g all	sym	npto	m ite	ems	, it r	nay	be useful for the clinician to revisit items that were endorsed positively	y to gather			
Total number of symptoms:					0	f 22	2	Symptom severity score: of	132			

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Step 3: Cognitive Screening	g (Ba	ased	on S	tand	ardiz	ed A	ssessment of Conc	ussion; S	AC) <sup>2</sup>
Orientation									
What month is it?								0	1
What is the date today?								0	1
What is the day of the week?								0	1
What year is it?								0	1
What time is it right now? (within 1	hour)							0	1
Orientation Score									of 5
Immediate Memory  All 3 trials must be administered irrespective of the number correct on Trial 1. Administer at the rate of one word per second.  Trial 1: Say "I am going to test your memory. I will read you a list of words and when I am done, repeat back as many words as you can remember, in any order."  Trials 2 and 3: Say "I am going to repeat the same list. Repeat back as many words as you can remember in any order, ever if you said the word before in a previous trial."									
Word list used: A B			_						
Word list used. A B		С					Alternate	Lists	
List A	Tri	C	Tri	al 2	Tria	al 3	Alternate	Lists List	С
	Tri 0		Tri 0	al 2	Tri:	al 3			_
List A		al 1					List B	List	ру
List A  Jacket	0	al 1	0	1	0	1	List B Finger	List Bab	кеу
List A  Jacket  Arrow	0	al 1 1	0	1	0	1	List B Finger Penny	List Bab Monk	key me
List A  Jacket  Arrow  Pepper	0 0	al 1 1 1	0 0	1 1 1	0 0	1 1 1	List B Finger Penny Blanket	List Bab Mont Perfu	ey me
List A  Jacket  Arrow  Pepper  Cotton	0 0 0	al 1 1 1	0 0	1 1 1	0 0	1 1 1	List B Finger Penny Blanket Lemon	List Bab Mont Perfu Suns	eey me set
List A  Jacket  Arrow  Pepper  Cotton  Movie	0 0 0 0	al 1  1  1  1  1	0 0 0 0	1 1 1 1	0 0 0 0	1 1 1 1	List B Finger Penny Blanket Lemon Insect	List  Bab  Monk  Perfu  Suns	eey me set
List A  Jacket  Arrow  Pepper  Cotton  Movie  Dollar	0 0 0 0	al 1  1  1  1  1  1	0 0 0 0 0	1 1 1 1	0 0 0 0 0	1 1 1 1 1	List B Finger Penny Blanket Lemon Insect Candle	List  Bab  Mont  Perfu  Suns  Iron	ey me set n
List A  Jacket  Arrow  Pepper  Cotton  Movie  Dollar  Honey	0 0 0 0 0 0	al 1  1  1  1  1  1  1	0 0 0 0 0	1 1 1 1 1	0 0 0 0 0	1 1 1 1 1	List B Finger Penny Blanket Lemon Insect Candle Paper	List  Bab  Mont  Perfu  Suns  Iron  Elbo	eey  me  set  n  ow
List A  Jacket  Arrow  Pepper  Cotton  Movie  Dollar  Honey  Mirror	0 0 0 0 0 0	al 1  1  1  1  1  1  1  1	0 0 0 0 0	1 1 1 1 1 1	0 0 0 0 0	1 1 1 1 1 1 1	List B Finger Penny Blanket Lemon Insect Candle Paper Sugar	List  Bab  Mont  Perfu  Suns  Irol  Elbo  App	ey  me  set  n  ow  de

of 30

Time Last Trial Completed:

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**Immediate Memory Score** 

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#### **Step 3: Cognitive Screening (Continued)**

#### Concentration

#### Digits Backward:

Digit list used:

Administer at the rate of one digit per second reading DOWN the selected column. If a string is completed correctly, move on to the string with next higher number of digits; if the string is completed incorrectly, use the alternate string with the same number of digits; if this is failed again, end the test.

Say "I'm going to read a string of numbers and when I am done, you repeat them back to me in reverse order of how I read them to you. For example, if I say 7-1-9, you would say 9-1-7. So, if I said 9-6-8 you would say? (8-6-9)"

С

8-3-1-9-6-4

7-2-4-8-5-6

List C List A List B 4-9-3 5-2-6 1-4-2 0 6-2-9 6-5-8 4-1-5 1-7-9-5 3-8-1-4 6-8-3-1 3-2-7-9 4-9-6-8 3-4-8-1 6-2-9-7-1 4-8-5-2-7 4-9-1-5-3 1-5-2-8-6 6-1-8-4-3 6-8-2-5-1

Digits Score of 4

Ν

n

#### Months in Reverse Order:

7-1-8-4-6-2

5-3-9-1-4-8

Say "Now tell me the months of the year in reverse order as QUICKLY and as accurately as possible. Start with the last month and go backward. So, you'll say December, November... go ahead"

3-7-6-5-1-9

9-2-6-5-1-4

Start stopwatch and CIRCLE each correct response:

December November October September August July June May April March February January

**Number of Errors:** 

1 point if no errors and completion under 30 seconds

Months Score: of

Time Taken to Complete (secs):

Concentration Score (Digits + Months) of 5

#### **Step 4: Coordination and Balance Examination**

#### Modified Balance Error Scoring System (mBESS)<sup>3</sup> testing

(see detailed administration instructions)

Foot Tested: Left Right (i.e. test the non-dominant foot)

Testing Surface (hard floor, field, etc.):

Footwear (shoes, barefoot, braces, tape etc.):

**OPTIONAL** (depending on clinical presentation and setting resources): For further assessment, the same 3 stances can be performed on a surface of medium density foam (e.g., approximately 50cm x 40cm x 6cm) with the same instructions and scoring.

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BMJ.

#### Step 4: Coordination and Balance Examination (Continued)

Modified BESS	(20 seconds each)	On Foam (Option	al)
Double Leg Stance:	of 10	Double Leg Stance:	of 10
Tandem Stance:	of 10	Tandem Stance:	of 10
Single Leg Stance:	of 10	Single Leg Stance:	of 10
Total Errors:	of 30	Total Errors:	of 30

Note: If the mBESS yields normal findings then proceed to the Tandem Gait/Dual Task Tandem Gait.

If the mBESS reveals abnormal findings or clinically significant difficulties, Tandem Gait is not necessary at this time.

Both the Tandem Gait and optional Dual Task component may be administered later in the office setting as needed (see SCOAT6).

#### **Timed Tandem Gait**

Place a 3-metre-long line on the floor/firm surface with athletic tape. The task should be timed. Please complete all 3 trials.

Say "Please walk heel-to-toe quickly to the end of the tape, turn around and come back as fast as you can without separating your feet or stepping off the line."

#### Single Task:

Time to Complete Tandem Gait Walking (seconds)								
Trial 1	Trial 2 Trial 3 Average 3 Trials Fastest Trial							

#### **Dual Task Gait (Optional. Timed Tandem Gait must be completed first)**

Place a 3-metre-long line on the floor/firm surface with athletic tape. The task should be timed.

Say "Now, while you are walking heel-to-toe, I will ask you to count backwards out loud by 7s. For example, if we started at 100, you would say 100, 93, 86, 79. Let's practise counting. Starting with 93, count backward by sevens until I say "stop"." Note that this practice only involves counting backwards.

Dual Task Practice: Circle correct responses; record number of subtraction counting errors.

Task									Errors	Time
Practice	93	86	79	72	65	58	51	44		

Say "Good. Now I will ask you to walk heel-to-toe and count backwards out loud at the same time. Are you ready? The number to start with is 88. Go!"

Dual Task Cognitive Performance: Circle correct responses; record number of subtraction counting errors.

Task														Errors	Time (circle fastest)
Trial 1	88	81	74	67	60	53	46	39	32	25	18	11	4		
Trial 2	90	83	76	69	62	55	48	41	34	27	20	13	6		
Trial 3	98	91	84	77	70	63	56	49	42	35	28	21	14		

Alternate double number starting integers may be used and recorded below.

Starting Integer: Errors: Time:

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ort Concussion Assessment	Tool 6 - SCAT	6 <sup>TM</sup>			$\leftarrow$	
Step 4: Coordination	n and Bala	nce Exa	minat	tion (Continued)		
Vere any single- or dual-ta	sk, timed tan	dem gait tri	als not	completed due to walking errors	or other reasons?	
es No						
yes, please explain why:						
Step 5: Delayed Rec	all					
he Delayed Recall should becore 1 point for each corr			t 5 min	nutes have elapsed since the end of	of the Immediate Memory section:	
•	•		few ti	mes earlier? Tell me as many w	rords from the list as you can	
Word list used: A	В	с		Alterna	te Lists	
List A		Scor	е	List B	List C	
Jacket		0	1	Finger	Baby	
Arrow		0	1	Penny	Monkey	
Pepper		0	1	Blanket	Perfume	
Cotton		0	1	Lemon	Sunset	
Movie		0	1	Insect	Iron	
Dollar		0	1	Candle	Elbow	
Honey		0	1	Paper	Apple	
Mirror		0	1	Sugar	Carpet	
Saddle		0	1	Sandwich	Saddle	
Anchor		0	1	Wagon	Bubble	
Delayed Recall Score			of 10			
otal Cognitive Scor	e					
entation:	of 5					
nediate Memory:	of 30					
ncentration: of 5						
ayed Recall:	of 10					
al:	of 50					
e athlete was known to y	ou prior to the	eir injury, aı	re they	different from their usual self?		
No No N	ot annlicable	(If d	lifferent	describe why In the clinical notes	section)	

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ī	₹	7	7

Step 6: Decision			
Domain	Date:	Date:	Date:
Neurological Exam (Acute Injury evaluation only)	Normal/Abnormal	Normal/Abnormal	Normal/Abnormal
Symptom number (of 22)			
Symptom Severity (of 132)			
Orientation (of 5)			
Immediate Memory (of 30)			
Concentration (of 5)			
Delayed Recall (of 10)			
Cognitive Total Score (of 50)			
mBESS Total Errors (of 30)			
Tandem Gait fastest time			
Dual Task fastest time			
Disposition			
Concussion diagnosed?			
Yes No Deferred			
Health Care Professional Atte	station		
I am an HCP and I have personally adm	inistered or supervised the	administration of this SCA	Т6.
Name:			
Signature:	Ti	tle/Speciality:	
Registration/License number (if applica	ble):		Date:
Additional Clinical Notes			

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#### **FIM Alcohol Testing Procedure**

Riders participating in any FIM World Championships, FIM Prizes, **World Records and International Championships** will be subject to alcohol breath and/or blood testing at any time incompetition\* in accordance with the following procedure:

\*In-competition: for the purpose of the alcohol testing procedure, the in-competition period is defined as the period commencing 12 hours before the rider rides his bike for the first time during the event\*\*, ending thirty (30) minutes after the end of the last race\*\*\* in his/her class and category. This is the minimum period of time that riders should abstain from consuming alcohol prior to competition for safety reasons.

\*\*Event: an event is defined as a single sporting event (composed, depending on the discipline, of free practice sessions, qualifying practice sessions and race(s), rounds, legs, heats or stages).

\*\*\* or round, leg, heat or stage.

- 1. Such testing will be undertaken by an FIM Official or any person appointed by the FIM for this purpose at the event using an FIM approved testing device. At certain events, for example, those involving the use of public roads, the police may undertake such testing.
- 2. Testing will be undertaken at the event by an FIM Official or any person appointed by the FIM for this purpose who is trained in the use of the alcohol testing device.
- 3. Testing will be performed with no prior notice.
- 4. Riders will be selected by any person appointed by the FIM for this purpose, either randomly by lot or at the discretion of the FIM Chief Steward, FIM Jury President, FIM Delegate or the FIM Medical Representative.
- 5. At least three riders will be tested at each event.
- 6. At any time in-competition\* alcohol testing may be included as part of a special medical examination conducted at the request of the CMO, Race Director, Clerk of the Course, Medical Director, Jury President, Chief Steward or the FIM Medical Representative in accordance with the FIM Medical Code.
- 7. Following notification of selection for alcohol testing, the rider must immediately attend the designated location for testing.
- 8. A refusal to undergo alcohol testing will be regarded for the purpose of the application of sanctions as identical to a test reading above the permitted threshold.
- 9. Any rider who refuses to submit himself to alcohol testing will be automatically and immediately excluded from further participation in, and disqualified from the event by the disciplinary body responsible for applying disciplinary sanctions at the event.



Such decision is final and may not be appealed against. Such automatic and immediate decision may not under any circumstances give rise to any claim from the rider or any other affected party. The details of the case will be notified immediately to the FIM Legal Department (legal@fim.ch) by the disciplinary body responsible for applying disciplinary sanctions at the event.

The rider will also be automatically provisionally barred by the FIM (Provisional Suspension) from participating in any competition sanctioned by the FIM, its CONUs and its FMNs until further notice and without any further notification. Such automatic Provisional Suspension may not under any circumstances give rise to any claim from the rider or any other affected party.

- 10. Alcohol testing will in principle take place in a location that maintains rider confidentiality, is secure with restricted access, and is in a suitable location with adequate facilities such as light and ventilation.
- 11. Each rider will be tested individually and in private.
- 12. The alcohol testing device will be determined and provided by the FIM.
- 13. The device will be calibrated in accordance with the manufacturer's instructions.
- 14. The alcohol test procedure will take place where possible in the presence of a witness.
- 15. The testing procedure and use of the device will be explained to the rider.
- 16. The rider will be allowed to select an individual mouthpiece from a selection of individually sealed single use mouthpieces and attach it to the device.
- 17. The rider will blow steadily into the mouthpiece until the device indicates that an adequate sample of breath has been obtained.
- 18. The test result displayed on the device will be shown to the rider and recorded on the test record documentation.
- 19. The exact time of each test will also be recorded on the documentation.
- 20. The documentation will then be signed by the rider, officials and any person appointed by the FIM for this purpose, present at the test. Any refusal by a rider to sign the documentation will be duly noted and recorded on the documentation but will not invalidate the result of the test.
- 21. The results and associated documentation will be forwarded to the FIM Administration.
- 22. If the test reading is greater than the permitted threshold of 0.10g/L, a confirmatory test will be performed following a waiting period of at least a fifteen minutes starting after the first result of the first test has been recorded. If the first test reading is below or equal to 0.00g/L, no further test will be conducted.
- 23. As part of this confirmatory test the rider will again be asked to select a further mouthpiece from a selection of sealed mouthpieces. (The purpose of conducting a confirmatory test after a period of fifteen minutes in the event of a positive test is to ensure that any residual alcohol in the rider's mouth from food, mouth wash etc. is no longer present in order to limit false positive results).
- 24. If the result of the confirmatory test is above the permitted threshold the rider will be automatically and immediately excluded from further participation in, and disqualified from the event by the disciplinary body responsible for applying disciplinary sanctions at the event.



Such decision is final and may not be appealed against. Such automatic and immediate decision may not under any circumstances give rise to any claim from the rider or any other affected party. The details of the case will be notified immediately to the FIM Legal Department (<a href="legal@fim.ch">legal@fim.ch</a>) by the disciplinary body responsible for applying disciplinary sanctions at the event.

The rider will also be automatically provisionally barred by the FIM (Provisional Suspension) from participating in any competition sanctioned by the FIM, its CONUs and its FMNs until further notice and without any further notification. Such automatic Provisional Suspension may not under any circumstances give rise to any claim from the rider or any other affected party.

- 25. Following notification of the case to the FIM Legal Department (legal@fim.ch), first-instance proceedings will be opened ex officio before the International Court of Appeal (CAI) for consideration of the handing down of a suspension which shall range from a minimum of 9 (nine) months to a maximum of 18 (eighteen). The duration of the suspension shall be decided on the riders' degree of fault and on any aggravating (e.g. recidivism) and/or mitigating factors. Riders and other persons shall receive credit for a Provisional Suspension against any period of Ineligibility which is ultimately imposed. In addition, further sanction(s) in accordance with the FIM Disciplinary Code and/or the relevant Sporting Regulations may be imposed on the rider. If the rider establishes that he bears no fault (i.e. no negligent or intentional failure), no suspension or other sanctions may be imposed on him.
- 26. If the result of the confirmatory test is below the permitted threshold, no further action will be taken.
- 27. A rider provisionally suspended as per Article 9 or Article 24 above may petition the **CAI** to have his provisional suspension lifted. The request, submitted in writing and with reasons, must be received within 15 days of the date of the beginning of the provisional suspension of the rider.

The proceedings before the **CAI** on a request for lifting of the provisional suspension will be conducted exclusively on the basis of written submissions. Any oral or ungrounded request will be found inadmissible. The **CAI** shall consider only whether the Provisional Suspension shall be maintained until the full consideration of the case on the merits by the **CAI** in the framework of a final hearing.

The Provisional Suspension shall not be lifted unless the rider establishes that: (a) the assertion of an alcohol rule violation has no reasonable prospect of being upheld (e.g., because of a patent flaw in the case against the rider); or (b) the rider has a strong arguable case that he/she bears no fault (i.e. no negligent or intentional failure) for the alcohol rule violation(s) asserted, so that any period of suspension that might otherwise be imposed for such a violation is likely to be completely eliminated by application of Article 25 above; or (c) some other facts exist that make it clearly unfair, in all of the circumstances, to maintain a Provisional Suspension prior to a final hearing before the **CAI**.

NB: This last ground is to be construed narrowly, and applied only in very exceptional circumstances. For example, the fact that the Provisional Suspension would prevent the rider participating in a particular event shall not qualify as exceptional circumstances.



Neither a Provisional Suspension imposed by the FIM nor any decision taken by the **CAI** in connection with a Provisional Decision will prejudge the question as to whether an alcohol rule violation has actually been committed (the existence of an alcohol rule violation and of a disciplinary responsibility of the rider is to be addressed by the CAI when the latter adjudicates on the merits of the case in the framework of a final hearing; nor will any such Provisional Suspension or decision give rise under any circumstances to any claim (from the rider or any other affected party), should such violation not be upheld at a later stage in the procedure.



# HIGHLY CONFIDENTIAL BREATH ALCOHOL TEST FORM

Rider's name, fir	rst name:			Rider number:				
Title of the even	t:	Country:		Date:				
Venue:		FMNR:		IMN N°:				
•	or Race Direction me ourpose: (name, first	mber or FIM Official or an name):	y person appoi	nted by Position:				
Witness 1: (if ap	oplicable)			Position:				
Witness 2: (if ap	oplicable)			Position:				
Other person pr	resent:			Position:				
Other person pr	resent:			Position:	Position:			
alcohol control of the undersigne	In accordance with the FIM Medical Code, the following rider must take part of the control (Breath Alcohol Test). The alcohol control can take place anytime during the event.  The undersigned certifies to have tested the above-mentioned rider with the following results (N.B. Positive Test means >0.10g/L):							
Test 1:	Positive	Negative	Result:	.g/L Time:				
Test 2:	Positive	Negative	Result:	.g/L Time:				

#### **Data Privacy**

The FIM Jury President, members of the Race Direction/International Jury, appointed FIM Officials\_and any person appointed by the FIM for this purpose shall not disclose this personal data or sensitive personal data of the riders except where such disclosures are strictly necessary in order to fulfil their obligations under the FIM Medical Code.



They shall ensure that this personal data and sensitive personal data is only retained when it remains relevant to fulfilling their obligations under the FIM Medical Code. Once it no longer serves the above-mentioned purposes, it shall be deleted, destroyed and permanently anonymised.

As a general rule, retaining sensitive personal data requires stronger or more compelling reasons than for personal data.

To be able to compete, any rider going through breath alcohol tests and therefore submitting this information including personal data and personal sensitive data shall be deemed to have agreed, pursuant to applicable data protection laws and otherwise, that such information be collected, processed, disclosed and used for the purposes of the implementation of the FIM Medical Code by the FIM Jury President, members of the Race Direction, appointed FIM Officials and any person appointed by the FIM for this purpose.

Riders or their authorised representative shall be entitled to request to erase, rectify or obtain any personal data or sensitive personal data the FIM holds about them in accordance with the FIM Medical Code by sending a written request to gdpr-medical@fim.ch.

Rider's signature:		
Date :	Time :	
FIM Jury Pres. or Race Direction member or App purpose (name, first name):	pointed FIM Official or any pers	on appointed by the FIM for this Signature:
Witness 1: (if applicable)		Signature:
Witness 2: (if applicable)		Signature:
Other person present:		Signature:
Other person present:		Signature:

\*\*\* Original of this document must be sent to the FIM Medical Department: cmi@fim.ch \*\*\*

\*\*\*Copy of this document must be given to the rider \*\*\*



## SPECIAL MEDICAL EXAMINATION FORM

### **HIGHLY CONFIDENTIAL**

# To be completed by the CMO To be strictly shared only with: FIM Medical Director/Officer/Delegate/Representative

Personal data								
i cisonai data								
Name:		First name:						
Class:		Number:						
This rider sustained the following injuries: as a result of which he was medically UNFIT to compete.								
Before competing again he must be examined to ensure he complies with the requirements of the FIM Medical Code and is medically FIT to control a motorcycle at racing speeds.								
I, the undersigned, Dr the above named rider and t		, certify that I have examined						
FIT UNF	TIT to compete							
in the		Championship, at the						
	circuit, on	(date)						
Signature of the CMO		Date						

If there is any doubt about medical FITNESS TO COMPETE, the FIM Medical Director/Officer/Delegate/Representative must be consulted.

The CMO, FIM Medical Director, FIM Medical Officer/Delegate/Representative are bound to ensure that the personal data and sensitive personal data they process is protected as required by the data protection and privacy laws in force by applying all necessary security safeguards.

This information shall not be disclosed except when strictly necessary in order to fulfil the obligations provided for under the FIM Medical Code, in accordance with its Art. 09.12.